Mnemonic Devices

A mnemonic device is more than just a hard-to-pronounce word. It’s actually the name for a style of memorization that works well with information that needs to be recalled, but not necessarily understood. Mnemonic devices can be particularly useful for remembering steps in a process, historical dates or lists of information.

Mnemonic devices are most helpful for remembering items in a list or in a sequence. However, they do not help you to understand the material; it will only help you to recall the information and its order. These memory tactics also work best when they are as dramatic and off-the-wall as possible – the more unique a mnemonic device you create, the easier it is to remember!