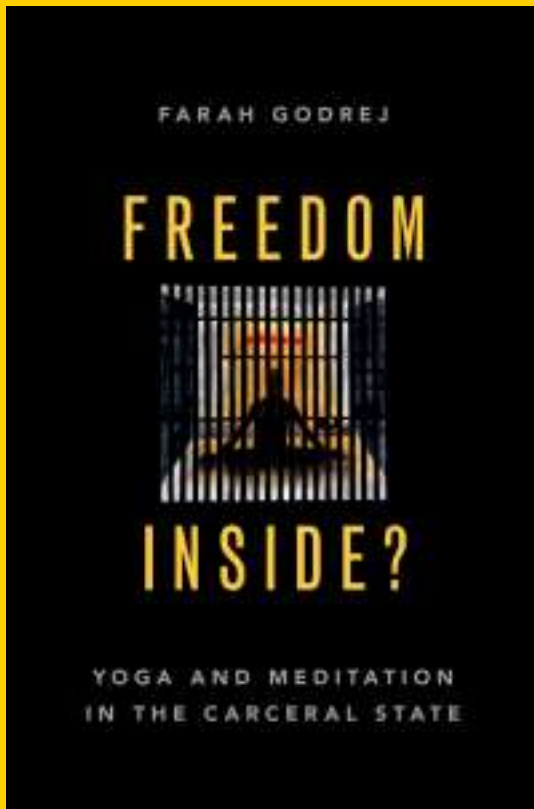


Department of Philosophy
The M.K. Gandhi Center & Jain and Hindu Dharma Initiatives
Present:

Freedom Inside?

Monday March 6, 2023

3 to 4 PM on ZOOM



FARAH GODREJ



Farah Godrej is Associate Professor of Political Science at the University of California, Riverside. Her areas of research and teaching include Indian political thought, Gandhi's political thought, and comparative political theory.

Yoga and meditation programs in prisons no doubt offer crucial respite and healing, but what sorts of political effects do they have? Farah Godrej argues that while these practices could unwittingly exacerbate systemic forms of inequity and injustice, they also serve as resources for challenging such injustice. In fact, activists such as M.K. Gandhi traced their ethical and political commitments to their grounding in yogic or meditative traditions. Drawing on interviews and collaborations with incarcerated practitioners (particularly women) and fieldwork inside prisons, Godrej examines both the promises and pitfalls of yoga and meditation when taught inside prisons.

Register here:
bit.ly/submit-event2

Contact Event Coordinator

Dr. Veena Howard, vehoward@csufresno.edu

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