# California State University, Fresno Department of Kinesiology 

## Master of Arts Degree in Kinesiology <br> Exercise Science Option



For students whose degree is other than Kinesiology or Physical Therapy, they may elect KINES 138, 139, or 148.

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## Prerequisites for Students with Undergraduate Degrees in Disciplines other than Physical Education or Kinesiology or a non-Exercise Science Undergraduate Degree

With advisement, the student may be required to complete selected coursework in the following areas:
Previous coursework and experiences are taken into consideration when establishing the required foundational coursework.

| KINES | 35 or Biol 33 or (64 and 65) *Human Anatomy and Physiology | $\mathbf{3 - 8}$ units |  |
| :--- | :--- | :--- | :--- |
| Nutr | 147 | Nutrition and the Athlete OR | $\mathbf{3}$ units |
| KINES | 121 | Body Composition: Theory, Principles \& Management | $\mathbf{3}$ units |
| KINES | $137^{*}$ | Structural Biomechanics OR | $\mathbf{3}$ units |
| KINES | $116^{*}$ | Applied Biomechanics | $\mathbf{3}$ units |
| KINES | $118^{*}$ | Applied Exercise Physiology | $\mathbf{3}$ units |
| KINES | 163 | Fitness and Wellness OR | $\mathbf{3}$ units |
| KINES | 165 | Performance Related Fitness | $\mathbf{3}$ units |
| CHEM | 155 | Fundamentals of Biochemistry | $\mathbf{3}$ units |

*These courses must be completed before enrolling in graduate exercise science courses; however, graduate core coursework (KINES 230, and 231) may be taken before completion of these prerequisites. Success in this program requires a sound background in biological and physical sciences; students who are unsure of their preparation in these areas should seek advising regarding remedial work.

