Chiropractic and Acupuncture Services

If you have a Medical <u>HMO</u> plan please contact American Specialty Health Plans of California, Inc. to obtain a list of providers that are compatible with your HMO medical plan.

<u>HMO</u>

- American Specialty Health Plans of California, Inc. (800) 678-9133
 - Anthem Blue Cross Traditional and Anthem Blue Cross Select
 - Blue Shield Access +
 - Health Net SmartCare
 - Kaiser
- OptumHealth Physical Health of California (800) 428-6337
 <u>www.myoptumhealthphysicalhealthofca.com</u>
 - UnitedHealth Care

If you have a Medical <u>PPO</u> plan please contact your Anthem Blue Cross Network to obtain a list of providers.

<u> PPO</u>

- Anthem Blue Cross Network <u>www.anthem.com/ca/calpers</u> (877) 737-7776
 - PERSelect
 - PERSChoice
 - PERSCare
 - PORAC (Unit 8 Police SUPA members)