

Cathy Latona Pluta

CSUF 1971



I was the first daughter born to Mary and Horace Latona. My mother was/ is an RN who graduated from a diploma school of nursing in South Dakota. She had several jobs before joining the Army and moving to California. After WWII she moved to Fresno, met my father and married.

I graduated from San Joaquin Memorial HS in 1967. At an early age I new I wanted to be a nurse. When it came to apply to schools my mother said. "You will go to Fresno State and you will get your bachelors in Nursing." In 1967 she was the future of nursing and knew the importance of a BSN.

After graduation (Summer school grad 1971) I worked OB at Valley Medical Center for a very short time. I took state boards in Long Beach in September (I took them on my 22nd birthday). I had my AF physical about the same time. In February I was on my way to Loring AFB Maine. The beginning of my 20 year career in the AF. Years of memories, travels, experiences, education and friends. In 1977 I attended the AF OB/GYN nurse practitioner school. And worked as an NP until retirement in 1992 as a Lt Colonel.



While on AD I completed a masters in Health Science from Chapman college. In 1990 I adopted a baby while stationed at Edwards AFB. Then married a former B 52 pilot I met in 1972.

We now live in Walnut Creek. I have been working as an NP for Kaiser Permanente in Antioch since Sept 1992, and I work harder now than I ever did while in the Air Force. Thank God I only work 3 days a week.



You asked about memorable experiences in school. I think we all remember our first patients. And I remember that mine was a former army nurse that did not want a bed bath or a back rub. And of course those were the first things we were taught to do. And a few weeks later I saw here

Jerry Baker

CSUF 1973

My name is Jerry Baker; I was born in Reedley, CA, April 15, 1943. I was the second of 3 children born to Mary and Carl Baker of Reedley. I attended elementary and middle schools in Reedley and graduated from Reedley High School in 1961 and Reedley Junior College in 1969. I completed the two-year nursing program at Fresno City College in 1971 and immediately began work as a staff nurse at the Veteran's Hospital in Fresno. While working nights there, I completed courses at Fresno State and received my BSN in February, 1973. Prior to commissioning and active duty with the U.S. Air Force in August, 1973, I worked for a short time at Tulare View Psychiatric Hospital at Tulare, CA. My Air Force career spanned a period of 23 years, with tours of duty in both North and South Dakota, Texas, California, and Guam. I retired in the rank of Lt Colonel in 1996.

My first assignment in the Air Force was staff nurse at USAF Hospital Ellsworth located just east of Rapid City, South Dakota. While attending Nurse Flight School at the School of Aerospace Medicine at Brooks AFB in San Antonio, TX, I learned about and applied to enter their Environmental Health Nursing Program, a one-year residency that I was selected for and completed in 1976. Most of my career in the Air Force was spent serving as the Environmental Health Officer at base level. In these jobs I headed the base's public health activities including communicable disease control, occupational health and education. I did post-graduate work at the University of North Carolina at Chapel Hill in Occupational Health Nursing in 1979-80. My Air Force job became more diverse and interesting when the Air Force Veterinary Corps was disbanded and we gained food inspection and more broad sanitation responsibilities. I finished my Air Force Career at the Armstrong Laboratory at Brooks AFB as the Assistant Chief, Division of Environmental and Occupational Health, from 1992 to 1996. This was a group composed mostly of professional consultants that assisted military personnel throughout the world with problems in public health, environmental, and industrial hygiene.

Janet and I were married in 1968 and have two daughters, Carol age 39, and Shelly, age 34. Carol is a county property assessor in Ephrata, WA, and Shelly teaches high school English in San Angelo, TX. We are fully retired and have lived here in Ephrata, WA, since 2004.

Steven E. Walls

CSUF 1981

Written History

1) Family Background

My name is Steven Walls, born Whittier, Ca. Youngest of three siblings (oldest deceased prior to my birth). I followed my siblings attending community college before transferring to CSULB for a BS in Health Education. In my final term, changed to CSUF Nursing program with the goal of becoming a Nurse Practitioner or Nurse Anesthetist. The idea came from an anatomy classmate (Greg Bosley) in community college that I befriended in 1978. Greg graduated CSUF nursing program winter of 1980 then entered USAF. I also followed him in to USAF. My MS degree is from the University of Arizona, Tucson, June 1992. I married Lisa J. Crowley; we have three children, Jennifer (24), Daniel (22), and Caroline (19). Jennifer works as an interior designer with an architect firm in Phoenix and will attend Grad school in a year. Daniel has a degree in Political Science and is currently in an internship program in Chicago. Caroline is studying mathematical methods and environmental sciences at Northwestern University. She competes on their women's swim team, following Daniel who also competed at Big 10 swim championships while attending Northwestern

Short Nursing Bio: After Graduation I worked x 6 weeks at the Community Hospital in Fresno, Took my boards in California, married July 11, and entered the U.S. Air Force at the end of July. 12 year career in USAF. Acute Care Staff nurse (med/surg, ICU, Peds), Nursing Education x 2 yrs. Obtained MS degree in nursing May 1992 @ University of Arizona, (Adult Nursing with an emphasis on education). Honorable Discharge from USAF June 1993. Completed Post Masters Certificate for Family Nurse Practitioner Aug. 1994 from Oregon Health Sciences University rural campus @ Eastern Oregon State College in La Grande, Or. Remained to work in the Student Health Center and the Rural Health Clinic operated by the OHSU Nursing program. Since March 1994 lived at same address in Tucson. 13 Full time years as FNP for Carondelet Medical Group, part time since Jan 08. Full time FNP now with Take Care Health Systems, a convenient care clinic inside Walgreens.

I worked in the USAF from 1981 to 1993 as a staff nurse in Med-Surg x 6 yrs, Pediatrics x1+ yr, ICU 1+ yr. I was an assistant charge nurse 2+ yrs. I worked as staff development for 1+ yrs twice. I acquired my MS in Nursing while in the USAF. After my military career ended I enrolled in a Post Masters Certificate Family Nurse Practitioner program at Oregon Health Sciences University. In 1994 I worked in the student health center and a rural health clinic for 9 months. Since 1995 I have worked in a large family practice at Carondelet Medical Group.

Carolyn Tanaka

FSC 1965

My name is Carolyn Hisako Tanaka. I am 72 years old and was born in Santa Maria, California. I lived on a ranch in Guadalupe, California until WWII broke out and all Japanese Americans on the west coast were herded up and sent to internment camps across the United States. Our family was sent to Poston, Arizona for three years. Even at that young age I could not understand why we American citizens were put in these camps.

This was one of the biggest mistakes our government made in history. It took our country over forty years to admit it had made a mistake and try to compensate us for the internment. It was NOT the money we wanted, but an apology from our government and an admission that it had made a terrible mistake. We loved our country and the men and some women went off to war to prove we are truly American citizens.

My hero in Guadalupe was cousin, Abraham Abe Ohama, who went from camp to join the 442nd Regimental combat Team. He used to baby sit me, and my aunt told me that I followed Abe everywhere he went. I remember him putting me on his broad shoulders and romping with me on Pismo Beach. He was sent to Europe from camp when he joined the famous 442nd Regimental Combat Team, going from Italy to France. Near Bruyes, France, he took a bullet from a German soldier that took his life when he went under heavy fire to rescue a comrade who was trapped behind enemy lines. He was awarded the Silver Star for his heroism. This unit was the most decorated unit in military history.



After WWII, our family moved to Fresno to start life anew. This is where my mother, Helen Iwata, was born and raised...Our home in Guadalupe had been burned to the ground by Japanese haters while we were in camp, so we had no home to return to. I finished grammar school at Lincoln Elementary School. Because we lived on a farm, I had to go to Fresno Colony Elementary School in the seventh and eighth grades, while my church friends went to Edison High. I joined them in the ninth grade and graduated from Edison in

1953. I started college at Fresno State for two years as a PE major, but mother told me there was no future for a female athlete and I should consider going to nursing school where cousin, Miya was graduating.

Therefore in September of 1958, I applied for a scholarship and was awarded a full three years scholarship to the Fresno General Hospital School of Nursing. This was given to me by the Ladies Auxiliary to the Fresno/Madera County Medical Society. We all went to Sacramento to take our RN boards and we all passed. Therefore, I became a nurse instead of a PE teacher. I have never been married, but have had a few flings which shall remain a secret. During my three years in training, I lived in Huntington

Jaclyn Jones Bareither

CSUF 1973, 2004



My name is Jackie and I was born in Fresno, CA. I am married with 4 children, two boys, 18 and 25 and twin girls, 20. I graduated from CSUF in 1973 with a BSN.

There, I was a member of Kappa Alpha Theta.

I went back to CSUF in 2001, and obtained by

MSN/PNP. I started my career at Valley Medical Center in the NICU in 1973 and

transferred to Valley Children's in 1975 where I



am still employed. There I worked in the NICU, House

Supervisor, Special Clinics and settled into the

Emergency Department full time since 1983. I

spent 10 years from 1974-1984, in the US Army Reserve Nurse Corp while still employed at



Children's. I resigned, a Captain in

1984, shortly after I had my first

child. I have worked as a charge

nurse, clinical educator and

currently, I am a Clinical Nurse IV

in the ED at Children's Hospital Central



California. I mentor, precept, care for the pediatric patient and

love it! That is my life in a nut-shell! By the way, my twins want

to someday become nurses too.

Marie Hoemke

FSC 1962

1. Briefly tell about your family background:

My name is Marie Hoemke. I was born in Fresno, CA as my father worked at the Southern California Edison Company Powerhouses on the San Joaquin River. Auberry, CA was our post office. I was the oldest of 3 children born to Joe and Margaret Yela. I followed in my parents footsteps—both were college graduates. I am the only nurse in my family. Living away from home was an economic challenge for my family so in my junior year I applied to the Army Nurse Corps as a student. Upon graduation, I received orders to Ft. Sam Houston in San Antonio, TX and



was commissioned as an officer. My new orders were to Letterman General Hospital, Presidio of San Francisco. I received my BSN at FSC/CSUF in 1962 and obtained 2 masters: one at the University of San Francisco in Public Administration (MPA) in 1987 and the other at San Francisco State University in Educational Administration (MA) in 1991. I am an RN certified in public health and school audiometric and have a General School Services Credential with the CA Department of Education. In marriage to Rajendra Madahar, I had 3 children: Palminder (Paula) Hernandez, age 44, is a CA county Deputy Chief of Probation; Jasminder (Jesse) Madahar, age 41, is a contract worker in Mississippi; Rabinder (Rob) Madahar, age 39, is a sales manager for exotic natural stone. In marriage to Dale Hoemke, I have a step-daughter, Beth Corso, age 55, a graphic designer in Connecticut.



I worked at:

- Fresno Community Hospital as a student nurse, 1960-1962
- U.S. Army Nurse Corps., as staff nurse RN, 1961 to present
- University of California, San Francisco, Moffett Hospital, as staff nurse RN, 1964-1965
- St. Joseph's Hospital, San Francisco, as staff nurse RN, 1965
- San Francisco Department of Public Health, as a Public Health Nurse, 1965-74
- Fortis Corporation, as Medical Care Coordinator RN, 1991
- San Francisco Unified School District, school nurse RN and program administrator, 1974-2001.

2. List any student nurse experience you may remember and any faculty: As a student nurse, I



remember studying and having to put much effort into courses that other nurses seemed to find easier. Memorizing, going to class, drilling & memorizing so many subjects—that was all there was time to do. During the summers, I worked at Fresno Community Hospital as a nurse's aide to reinforce my skills. I remember Miss Maxson being very encouraging. Alton Boghosian is my most fond faculty memory—being encouraging and available when I needed appointments to inquire about curriculum & other questions. She also facilitated my being presented a certificate at graduation as most “outstanding student” in my nursing class.

Liz Doehring

CSUF 1975



1. My name is Liz Doehring; I was born in Memphis Tennessee in 1953, the 1st of four children born to Robert and Mary Doehring. I was the 1st to go to college in my family and the first nurse in my family. I graduated from CSU, Fresno with a BSN in 1975. I obtained certificates in OR Nsg while on active duty in the United States Army, Mobile Intensive Care Nurse Certificate in 1982. I obtained an MSN and Certificate as a Family Nurse Practitioner in 1987 from CSU, Fresno and my Geriatric Nurse Practitioner Certification in 1991.



I was commissioned a 2nd Lt in the United States Army upon graduation from CSUF in June 1975 and upon passing the state board exam and receiving my R.N. License went on active duty in the Army.

Upon completing my 2 yr obligatory tour, I returned to Fresno and went to work at Kings View Psychiatric Hospital in Reedley CA from 1977-1980. From there, I went to work

as a surgical nurse on the Open Heart Team at Valley Children's Hospital, Fresno CA to fulfill a childhood dream of doing open hearts. I was then persuaded to go work at Valley Medical Center's Emergency Room where I was a Mobile Intensive Care Nurse/Shift supervisor and Trauma Nurse Coordinator from 1982-1987. During this period of time I also went back to CSUF where I completed my MSN/FNP and in 1987 went to work with Dr. Ronald D. Smith in private practice in Fresno. In addition to private practice, we managed



Sunnyside Nsg Home with 100 + patients from 1990-1995 and provided volunteer medical services to the needy poor at Poverello House in Central Fresno. In 1995, Dr. Smith and I joined as joint partners with 17 other physicians to create Northwest Medical Group on West Herndon in Fresno from 1995-2007. During this 20 year partnership, I precepted well over 10 NP graduate students, taught classes in both the undergraduate and graduate Nsg programs.



In 1993 I was selected as CA Region 9's Nurse of the year for Fresno, Kings and Tulare Counties. From 1977-2005 I remained active in the United States Army Reserves achieving the rank of Full Colonel and retired with 30 collective years of service. Principle duties and titles included:

Hospital Officer in Charge, clinical and unit Training Officer, Asst Chief Nurse, Regional 91C Coordinator (LVN) for the 63rd Regional Command of the Army Reserve (CA, AZ, NV), Hospital Commander of a Combat Surgical Hospital, and final Command of the 352nd Combat Support Hospital, Oakland CA, with overall command and responsibility of all 352nd CSH assets which included five 20 man surgical teams, the

Janet V. Graham

CSUF 1967

I graduated from FSC in 1967, and because I was in the Navy Nurse Corps Candidate Program, I immediately went to duty in South Carolina following taking boards in San Francisco. Through many years and events, I received my doctorate in nursing science from Indiana University School of Nursing in 1981, and retired from the U.S. Army with the rank of Colonel in 1992. I now live in Hot Springs, Arkansas. I retired from the faculty of a small BSN program here in Arkansas as an Associate Professor in 2000, and have been a member of the American Association for the History of Nursing since its inception.

Suzanne Babcock Kelley

CSUF 1968

Briefly tell about your family history:

My name is Suzanne Kelley I was born in Los Angeles, CA. I was the 1st of 5 children born to George Babcock & Jean Ann Ferguson. I was the 3rd to go to college in my family, and the 2nd nurse in my family. I graduated from FSC/CSUF in 1968. I obtained my BSN and MSN Degree at CSUF. I

married Edward Kelley, we have 1 child, Linda Ro- 52 in management. I worked PMD, FCH, FCHD and the US Army

Lab tech and office nurse 1955-1964

Fresno Community Hospital Nurse 1967-1968

Fresno Co. Health dept 1968-1975

Santa Cruz Health Department 1975-1978

US Army Corp Nurse 1978-1982

US army reserve Corp Nurse 1982-1984

Department of Education Migrant health 1983-2008

Short Nursing BIO: Tell us about your Nursing career since graduation and further education you may have received:

MSN in community nursing with CSUF in 1975. Nurse practitioner Training Santa Cruz and Stanford 1975 School Nursing certificate around 1988 from CSUF

List any student nurse experiences you may remember and any faculty:

Elaine Slitich demonstrated by her experience and professionalism how to care for a large, unresponsive woman with CA. I was completely overwhelmed and couldn't see how I could bathe her, make the bed and provide care. I was ready to quit the program and walk out. By modeling her care giving in a professional manner with respect and care I had a complete turn around

How do you feel about nursing then and now, and in the future?

I am proud and honored to have a profession that I can be happy with and minister health to those I work with. I feel that my work has made a difference in the world. My work is valued and important.

Any bits of wisdom you have learned over the years? (If you have changed profession, how has your nursing education helped?)

Sharon (Bolster) Klocksieben CSUF 1962

Briefly tell about your family history:

My name is Sharon (Bolster) Klocksieben I was born in Lewiston, MT. I was the oldest of 2 children born to Opal & Archie Bolster. I was the 1st to go to college in my family, and the 2nd nurse in my family. I graduated from FSC/CSUF in 1962. I obtained my BS Degree/certificate. I married Laurence Klocksieben in 1964: Larry died in 1975 following bone marrow transplant for treatment of acute myelomonocytic leukemia. We had two children, Kaprice (Klocksieben) Nicholson age 37, married mother of two and a high school math teacher and Thad Klocksieben age 33, who is also married with two children and is an elementary school teacher, but has been a stay-at-home dad for both daughters.



Short Nursing BIO: Tell us about your Nursing career since graduation and further education you may have received:

1962-64 U.S Navy Nurse Corps: remained in reserve corps till 1971
1965-69 Worked in a Doctor's office
1970-84 Salem hospital pediatrics department
1984-96 Occupational health Nurse at the Northwest regional Office of State farm insurance companies
1996 retired



I now cater some, cook for my church, help with child care for my grandchildren, volunteer one day a week at one of the high schools, read and scrap.

List any student nurse experiences you may remember and any faculty:

-Being scared to death the first day on the TB ward at Fresno County General Hospital
-Roughly 3 months of doing cath after cath after cath on the Gyn. Ward at Fresno Community to get the "experience". I hated it but it worked and became a viable ability, especially in Pediatrics

Kay Edna Heath (Zolezzi)

Fresno State College, Nursing, 1965

My name is Kay Heath Zolezzi; I was born in Long Beach, Ca. I was the third of four children born to Lloyd and Edna Heath. I was the first nurse in my family but not the first to go to college. I got my BSN at FSC in 1965. I obtained a MS in nursing administration at the Russell Sage College in Troy, NY in 1987. I worked at Santa Clara County Hospital in San Jose, Ca for six months before joining the US Air Force in 1966. I served in the Air Force Nurse Corp at Otis AFB on Cape Cod, Mass until 1968. I worked in Med-Surg and OB/Gyn. After completing my MS in nursing adm, I worked for 2 years as a Shared-Aide Coordinator and Instructor in Home Health Care. I team taught Nursing 1 as an Adjunct Professor at Russell Sage College in Albany, NY in 1990. I was a Clinical Research Coordinator in Cardiology at the Albany Medical College in Albany, NY from 1990-1996. I became a Certified Clinical Research Coordinator and team leader of the 6 nurse researchers in Cardiology. I retired when we relocated in 1996.

I married Tom Zolezzi, a lawyer from Long Island, NY, who was also in the Air Force at Otis AFB. We married in 1968 and moved to Albany, NY in 1969 after being discharged from the Air Force. In 1996, we moved to Syracuse, NY when Tom became a Federal Administrative Law Judge. We lived there for 3 years, returning to Albany in 1999 when he was transferred to the Albany Office. He retired 2007.

We have 2 children. Susan, our daughter, is a lawyer and is married to an Army Lt.Col. who lives with their 10 yr old daughter in Miami, FL. Tom, Jr, our son, lives in Jacksonville, FL and is a vice president of Citi-Group. Our daughter-in-law has her own human resources consultant business.



LeRoy A. Marklund MAJ, AN

CSUF 1993

1) Briefly tell about our family background

I was born and raised in Madera, California. I was the middle of five children born to Charles and Hazel Marklund. I was the third to go to college in my family and the second nurse. I received my BSN at CSUF in 1993. I obtained my masters at the University of Maryland at Baltimore in 2000. I married Happy Joe in 1995, we have two sons; Neil age 11 and Lee age 10. Neil is a 7th grader and plays piano and viola. Lee is a 6th grader and plays piano and violin. Nursing is my second career. I worked for over 15 years in agriculture and previously earned my BS (1977) & MS (1980) in agriculture from CSUF. I was enlisted in the U.S. Army Reserves during my undergraduate nursing studies, while serving as a Patient Administrator Specialist with the 359th Combat Support Hospital in Fresno, California. On 25 September 1993,



I was commissioned into the U.S. Army Nurse Corps with no regrets. I entered active duty on 5 March 2004 and served as a staff nurse at the 121nd General Hospital, Yongsan Garrison, South Korea, 1994 to 1995; staff nurse at the 5th Mobile Army



Surgical Hospital and Womack Army Medical Center, Fort Bragg, NC, 1995 to 1997; staff nurse at Walter Reed Army Medical Center, Washington, DC, 1997 to 2000; Officer in Charge of the Aeromedical Isolation Team, U.S. Army Medical Research Institute of Infectious Diseases, Fort Detrick, MD 2000 to 2002; Company Commander, A Company, 86th Combat Support Hospital, Fort Campbell, KY, 2002 to 2004; Brigade Nurse, 10th Support BDE, 10th Mountain Division, Fort Drum, New York, 2004 to 2005; Clinical Nurse Specialist, U.S. Army Trauma Training Center, Miami, Florida, 2005 to 2008; and currently serving as Staff Officer, U.S. Army Medical Research Institute of Chemical Defense, Aberdeen Proving Ground, MD.

2) List any student nurse experience you may remember and any faculty?

My most memorable experience as a nursing student at CSUF was combing my agriculture experience with nursing and working closely with one of my fellow classmates and life-long friend. Dr. Judith Allender approached me and Michael Martinez about building a garden for Fresno Community Hospital's Alzheimer Care Facility, which is located in North Fresno. With Mike's construction experience, we had no choice but to jump at this opportunity for our "Senior Project." The end result was a beautiful court yard garden complete with water fountains, shade trees, park benches, raised vegetable garden beds, and an abundance of colorful and aromatic vegetation that clients and staff members could enjoy. In addition, staff



Latricia Carol Robertson

California State University, Fresno 1975



Nursing education experience: I was accepted (after taking an entrance examination) into an Associate of Art (AA) Degree Registered Nurse (RN) Program at San Joaquin Delta College, located in Stockton, California (CA). The tuition at this Community College was \$5.00 per semester for the two years I attended September 1970 – May 1972. My clinical rotations were done at San Joaquin General Hospital (SJGH) and Lodi Memorial Hospital. My San Joaquin Delta College nursing class had a pinning and a graduation ceremony.

During this two years of full-time nursing study, I was subsidized by SJGH which meant that I worked a 20 hour per week work schedule as a nurse's aide and received a full-time x-ray technician's salary (as I had worked for the three previous years at SJGH as a x-ray technician), and owed SJGH two years of time after I graduated, passed my Board examinations and was a licensed RN. I had a contract with SJGH and if I had left the hospital before the two years of pay-back time had been completed, I would have been required to pay back the subsidy money for the amount of time I had fallen short.

Nursing experience as an AA Degree graduate. There were approximately 6-8 RN students who were subsidized by SJGH (included both first and second year students) at any one time. All new RNs who had been subsidized were required to spend our first year as a RN assigned to a 6-8 week 'rotation of services' (nurse internship) at SJGH. The 'rotation of services' included internal medicine, surgery, orthopedics, pediatrics, newborn nursery, post-partum, obstetrics and Emergency Room. I believe that my first RN salary was approximately \$700/month. The shifts available for all SJGH nurses were 7:00 AM – 3:30 PM, 3:00 – 11:30 PM (PMs) and 11:00 PM – 7:30 AM (nights) for the hospital wards and 8:00 AM – 4:30 PM in outpatient clinics. Only PMs or nights were available to us as new graduate RNs. Also, we rotated our days off which meant that we got a weekend off approximately every 8 weeks. At the end of this 'rotation of services' (which may have taken 14 months), I applied for and was given a position as a staff nurse in the Emergency Room on PMs.

During the two years that it took me to pay back the SJGH subsidy that I received, I went back to San Joaquin Delta College and took a couple more pre-requisite courses, physiology and organic chemistry, for CSUF. I also challenged some CSUF nursing clinicals by examination.

Nursing education experience. In summer 1974, I applied for and was granted a one year leave of absence from SJGH to attend CSUF. I moved to Fresno and entered the CSUF Bachelor of Science in nursing (BSN) program in September 1974 and attended for two semesters. I was enrolled for 18 credits with double nursing clinicals in Fall 1974 and 21 credits with double nursing clinicals in Spring 1975. Also, for the first 6 out of 9

Patricia Hutchison-Noble

CSUF 1985

My name is Patricia Hutchison-Noble. I was born in Chicago Illinois. I was the youngest of 5 children born to Joseph and JohnnieLee Hutchison. I was first to complete college in my family and the first nurse. I received my BSN/PHN at Fresno State in the summer of 1985. I worked for the Veterans Administration from 8/85-3/86. I then was commissioned as an officer in the United States Air force Nurse Corp from 3/1986-12/1990. I worked in the area of Med-Surg; telemetry; and pediatrics. During that time I was married and had my first child, Robert now age 20, attends UC Berkeley. After leaving the Air Force, I worked various jobs including Robert F. Kennedy, Kaiser, and Home health. In 1991, my daughter Ryane was born. Now 16 she hopes to follow her brother to Berkeley next fall. From 1990-1995 I worked for Health Care Partners Medical group as a staff nurse; Nursing supervisor: St. Clare's Home Health Agency; Nurse manager: Surgical Specialties. In 1997-present I am working as a School Nurse for Los Angeles Unified School District. Currently a district resource nurse. I received my School Nurse Health Service Credential in 2002 from Cal State University Northridge.

2. My most memorable experience is the weekly bouts of diarrhea the morning before pediatric practicum. I can't remember my instructors name but she told me to choose another career path. I hated peds however I work with kids everyday now and absolutely love it!

3. I think Nursing will always be about the care of the whole person regardless of the field. With this age of technology nurses must embrace all advancements as useful tools to create organization in their practice. My nursing career has transitioned from clinical nursing to the educational setting which means I constantly have to market school nursing as an important member of the school staff and as "Real Nurses".

4. I have learned that nursing is an honorable and noble career which most people respect. I am proud to say I am a Registered Nurse. It has taught me to be organized, research-minded and given me the ability to juggle multiple tasks at one time. Nurses can do it all!



Carolyn Krauch (Mihordin) Braudaway**CSUF 1976**

My name is Carolyn Braudaway but at the time I was enrolled at CSUF, my name was Carolyn Mihordin. I was born in Huntington, WV, the younger of 2 children born to Frances and Tony Krauch. I was the second to go to college and the first and only nurse in my family. I received a BS in nursing from the University of Virginia in 1966 and an MS in psychiatric nursing /nursing education from CSUF in 1976. When I moved to Fresno for graduate school, I joined the Army reserves and eventually retired as a Colonel, USAR, 20 years later. I taught nursing at Modesto Junior College from 1976-1979, Duke University from 1979-1982, Korea from 1982 - 1985, and Columbia Union College, Takoma Park, Maryland from 1986 to the present time. My teaching focus has been psychiatric/mental health nursing and community health but I have also taught pediatrics and fundamentals of nursing. I received an excellent foundation in nursing education and research at CSUF from an excellent professor, Dr. Rabago. Dr. Shirley Good was the Department Chair and she was a positive advocate for nursing education at CSUF. As a result, myself and others received a grant for nurses who majored in Mental Health nursing. My graduate education prepared me well for a lifelong career in nursing education and for that, I am grateful.

Pam Loewen

FSC 1966



1) My name is Pamela A. Loewen and I was born in Reedley, California to Lenort H. Loewen and Jessie Loewen. I was the first of two children, the first to go to college and the first to become a nurse in my immediate family. I had a couple cousins on both sides of the family that were nurses, and my Mom was named after a nurse who was an aunt, and my maternal grandmother was a lay nurse midwife, who reportedly delivered one of Jessie James' babies. I have her nurse midwifery book. I am single. I went to Reedley College and transferred to Fresno State to get my BSN in 1966. My first staff nurse job was with Fresno Co. Hospital Maternity. I worked p.m. on labor and delivery, postpartum, and nursery from 1966-1968. I then transferred to Fresno Co. Health Department as a staff PHN and later their first Senior PHN from 1968 to 1975.

I then entered the USAF Nurse Corps as a Capt. My first duty station was



Holloman AFB New Mexico from 1975-1977. I was Charge Nurse for their Peds Clinic and consultant for their Public Health Clinic, and later their Charge Nurse for the OB-GYN clinic and at time had to help on inpatient staffing and ambulance calls. I requested Flight Nurse training in San Antonio, Texas, which was a 6 week

training course with land, winter, and water survival. I then accepted an assignment to be a Flight Nurse at Scott AFB Illinois to fly patients State side. I later became a Flight Nurse Instructor from 1977 - 1980. I received the AF Commendation medal and the Meritorious Service medal. I was promoted to Major while in inactive reserve.

I then was accepted in the masters program at the University of Hawaii from 1980 - 1982 and received two master's degrees in MCH as a Clinical Nurse Specialist, and an MPH in MCH Community Health. I also worked as a school nurse in Hawaii at a private boarding school p.m's and on call the last year of school 1981-1982. In 1982 -

1984 I worked as a Clinic Manager for Madera Family Health Center, a Farm Workers clinic. In 1984 - 2004 I worked for Monterey County Health Department as their first Senior PHN and later a Supervising PHN. I



coordinated their High Risk Infant follow-up program for 16 years and then became the supervisor of the Tuberculosis Unit. I received several outstanding employee and team awards, as well as a proclamation from the Monterey County Board of Supervisors for 20 years of service. I am now retired and volunteering as the CSU Fresno Department of Nursing's Historian and Alumni Liaison on the Nursing Legacy Project at the Central California Center for Excellence in Nursing Education and Leadership.

2) I remember vivid surgery clinic memories of almost passing out because I stayed up late to study for a quiz, and the surgeon punching me in the ribs periodically to keep me awake, because he said they could not stop to pick me up if I fainted! And many Public Health memories of visits to an unwed teen mom whose wish was to have meat once a week and curtains on the windows, and a diabetic Grandmother raising her grandchildren in a rodent infested house and walking through sewage that had overflowed to find her. And our psych clinical at Kings View where the psychiatrist had decided student nurses should wear street clothes and no name tag and attend group therapy sessions with patients, and a psych patient kept saying, "I don't understand what a nice girl like you is doing in a place like this?" I remember my Public Health Instructor, Mrs. Eva Baily-Dixon who said, "You all have an 'A' unless you decide not to do the work!" I kept in touch with her by yearly Christmas cards until her death.



3) Nursing was a good career for me because of the variety of roles. The ratios were unrealistic in the beginning and the salary was initially low. My first job at FGH/VMC/UMC on maternity p.m.'s the ratio was 1:90 (40 mothers, 40 babies, and 10 prematures) with 1 LVN on PP and 3 in the nursery. In L&D it could be 10 in labor with 3 delivery rooms going and only 1 LVN or nurse's aide to help. In Public health the ratio was 1 PHN: 200 families which could be 1-10 members! I was one of 27 staff nurses of 31 at FGH/VMC scheduled to work on one of the first sick outs in the state of California. We left one staff nurse and the supervisors and aides and LVNs on the floor. We did finally get a raise, but the ratios were the same. In the

1980's I marched across the Golden gate with Jessie Jackson and 1,000 other nurses in protest of the nurse to patient ratios, they have finally begun to be more reasonable and safe for both nurse and patient health. Nursing has become more advanced with the implementation of the nurse practitioner and clinical nurse specialist roles. I think there will be more advances in the next 10 years.

4) I learned lots during this career:

- I learned life is about choices, you can learn to do anything you want to.

Not everything may be something you want to do.

- If you are upset, do not put it in writing, it will come back to haunt you.
- Be kind with your words, you will reap what you sow.
- Moderation is the best policy.
- I learned we are not healers, only the body can heal itself; we can either help or harm.
- Only healthy Moms can grow a health baby.
- Our caring and empathic listening go further to help patients hear and heed our teaching.
- If you are in a sticky situation, listen to you internal warning system.
- If a situation at work is difficult, realize the grass may not be greener on the other side of the fence. Each job has its own problems; some one told me once, "It just depends on how deep you want to stand in!"
- I do believe you only need a union if your employer is not responsive to the staff's needs.
- I also believe every nurse should be taught self defense to break a choke hold, disable an attacker, and how to negotiate in difficult situations.

I wrote out my full nursing career story at the suggestions of some of my friends, with many illustrations and photos especially of my military nursing career, if any one wants to read more.

Retirement: I love retirement; I keep busy with volunteer projects like the Nursing Legacy Project, hobbies like reading mystery and romance novels, travel, interesting short classes, and family.

