



Human Rights Coalition
Of The Central Valley

A Fast for Peace August 6-9, 2020 Commemorating the Atomic Bombing of Hiroshima and Nagasaki

We gather in solidarity to commemorate the 75th anniversary of those who died, who continue to suffer, and in the hope for peace and justice. We fast in solidarity.



You are invited to join us for a three day fast starting at 8:00 am on August 6 (The day when the first bomb was dropped) to 11:00 am on August 9 (the day when the second bomb was dropped). We fast to affirm our commitment to nonviolence, peace, justice and to move forward the elimination of nuclear weapons and war as a tool of foreign policy.

I regard the employment of the atom bomb for the wholesale destruction of men, women and children as the most diabolical use of science -M.K. Gandhi

Fasting is the abstinence of food for a certain amount of time. It is a purposeful act of liberation through discipline and inspiration toward centeredness. It has historical, political, religious, and spiritual significance. We welcome each participant to individually explore and define how they will fast – what they will abstain from - during this commemoration.

I undertook this fast because my heart was filled with grief and pain for the sufferings of farm workers. The fast was first for me and then for all of us in this union. It was a fast for non-violence and a call to sacrifice. -Cesar Chavez explaining 24 days of fasting in 1972

Supporting Community Partners

Peace and Conflict Studies Program, Fresno State
Cross Cultural & Gender Center, Fresno State
Women's International League for Peace and Freedom
Fresno County Office of Education
Central Valley Partnership
Central Labor Council, AFL-CIO
Fresno Betsuin Buddhist Temple

Roman Catholic Diocese of Fresno
Unitarian Universalist Church of Fresno
Fresno Center for Non-Violence
Pan Valley Institute
Martin Luther King Committee, City of Fresno
The Islamic Cultural Center of Fresno
United Japanese Christian Church

More Information: @HRCCV (Facebook);
Sudarshan Kapoor: skapoor334@gmail.com; Bernadette Vazquez: bvazz5@sbcglobal.net