



**NOTE: THE HEALTH CARE PROVIDER IS NOT TO DISCLOSE THE UNDERLYING DIAGNOSIS WITHOUT THE CONSENT OF THE PATIENT.**

Please refer to **Page 3** for the definition of "**serious health condition**" under both the federal Family and Medical Leave Act (FMLA) and the California Family Rights Act (CFRA).

**Does the patient's condition qualify under any of the categories described? If so, please check the appropriate category. (1)\_\_\_\_ (2)\_\_\_\_ (3)\_\_\_\_ (4)\_\_\_\_ (5)\_\_\_\_ (6)\_\_\_\_**

- 1) Date medical condition or need for treatment commenced: \_\_\_\_\_
- 2) **NEEDS OF PATIENT:** Does or will the patient require medical assistance for basic medical, hygiene, nutritional needs, safety or transportation?       Yes       No
- 3) **PARTICIPATION IN PROGRAM:** After reviewing the employee's signed statement, does the condition warrant the participation of the employee? If so, please explain the care needed by the patient. (This may include transporting to doctor appointments, treatments, physical therapy, psychological comfort and/or arranging for third-party care for the family member.)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- 4) Is it medically necessary for this employee to be off work to care for patient?  
 No or  Yes

- 5) **REQUIRED: PERIODS OF TIME CARE SHOULD BE PROVIDED:** Based on the patient's medical history and your knowledge of the medical condition, estimate the period of time care is needed or during which the employee's presence would be beneficial

**Off full-time for the period of** \_\_\_\_\_ to \_\_\_\_\_

Comments: \_\_\_\_\_

**Intermittently for the period of** \_\_\_\_\_ to \_\_\_\_\_

Estimate how often the patient's incapacity will require the employee to care for them (Frequency) and how long each episode of patient incapacity will last (Duration).

**(For example: Frequency = 1-2 times per 2 weeks, Duration = 2-3 hours)**

\* **Frequency:** \_\_\_\_\_ times per \_\_\_\_\_ week(s); per \_\_\_\_\_ month(s); or "Other": \_\_\_\_\_

\* **Duration:** \_\_\_\_\_ hours or \_\_\_\_\_ day(s)

Comments: \_\_\_\_\_

**Work on a reduce work schedule for the period of** \_\_\_\_\_ to \_\_\_\_\_

Reduce hours from \_\_\_\_\_ to \_\_\_\_\_ hours on: M T W TH F Sat Sun

Comments: \_\_\_\_\_

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**PHYSICIAN INFORMATION:**

Signature of Health Care Provider: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name of Health Care Provider \_\_\_\_\_ Phone Number: \_\_\_\_\_

Business address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Type of Practice/Medical Specialty \_\_\_\_\_ Fax Number: \_\_\_\_\_

## DEFINITION OF SERIOUS HEALTH CONDITION

A “*Serious Health Condition*” means an illness, injury, impairment, or physical or mental condition that involves one of the following:

### 1) Hospital Care

Inpatient care (i.e., an overnight stay) in a hospital, hospice, or residential medical care facility, including any period of incapacity or subsequent treatment in connection with or consequent to such inpatient care.

### 2) Absence Plus Treatment

(a) A period of incapacity of more than three consecutive calendar days (including any subsequent treatment or period of incapacity relating to the same condition), that also involves:

- (1) Treatment two or more times by a health care provider, by a nurse or physician's assistant under direct supervision of a health care provider, or by a provider of health care services (e.g., physical therapist) under orders of, or on referral by, a health care provider; or
- (2) Treatment by a health care provider on at least one occasion which results in a regimen of continuing treatment under the supervision of the health care provider.

**3) Pregnancy** [NOTE: An employee's own incapacity due to pregnancy is covered as a serious health condition under FMLA but not under CFRA.] Any period of incapacity due to pregnancy, or for prenatal care.

### 4) Chronic Conditions Requiring Treatment

A chronic condition which:

- (1) Requires periodic visits for treatment by a health care provider, or by a nurse or physician's assistant under direct supervision of a health care provider;
- (2) Continues over an extended period of time (including recurring episodes of a single underlying condition); and
- (3) May cause episodic rather than a continuing period of incapacity (e.g., asthma, diabetes, epilepsy, etc.).

### 5) Permanent/Long-term Conditions Requiring Supervision

A period of incapacity which is permanent or long-term due to a condition for which treatment may not be effective. The employee or family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider. Examples include Alzheimer's, a severe stroke, or the terminal stages of a disease.

### 6) Multiple Treatments (Non-Chronic Conditions)

Any period of absence to receive multiple treatments (including any period of recovery there from) by a health care provider or by a provider of health care services under orders of, or on referral by, a health care provider, either for restorative surgery after an accident or other injury, or for a condition that would likely result in a period of incapacity of more than three consecutive calendar days in the absence of medical intervention or treatment, such as cancer (chemotherapy, radiation, etc.) severe arthritis (physical therapy), kidney disease (dialysis).