Dietetics and Food Administration

The Department of Food Science and Nutrition
Join the leader in science, technology, and management. Students majoring within the Department of Food Science and Nutrition are prepared for a wide range of professions in the food industry the largest single industry in the United States. California State University, Fresno is centered in the greatest food production and processing area in the world.

The department facilities include the Dairy Processing Plant, Food Processing Research Laboratory, the Food Preparation and Product Development Laboratories, Food Science Analytical Laboratory, Food Sensory Laboratory, and the Computer Laboratory. These facilities are used by students and faculty to provide a practical education founded on science and technology.

The faculty members continue to be recognized for quality hands-on education as well as scholarly contributions to their academic disciplines. Each student is assigned to a faculty adviser to maximize the student’s educational experience at California State University, Fresno. The faculty members are noted for cooperation and activity within each industry to prepare and place graduates in their chosen careers.

Dietetics Program
Eating right and living healthy have become priorities for many Americans. The field of dietetics promotes food first for the health and well-being of all Americans. The Dietetics and Food Administration option for the Bachelor of Science in Food and Nutritional Sciences focuses on meeting the individualized nutritional needs from cradle to death, both in health and disease. The integration of nutritional science and medical nutrition therapy with food service management and food science provides the student with a strong foundation suited for a dietetic internship, graduate school or professional career.

The Dietetics and Food Administration curriculum is accredited by The Academy of Nutrition and Dietetics (The Academy) - professional website for more information: (www.eatright.org) in order to meet the academic requirements for becoming a Registered Dietitian Nutritionist (RDN). Following successful completion of this program, students are eligible to apply for an accredited by The Academy of Nutrition and Dietetics dietetic internship, the practice requirement for becoming an RDN.

Career Opportunities
Registered Dietitians Nutritionists (RDNs) work in a wide variety of employment settings, including health care, business and industry, public health, education, research, and private practice.

Many work environments, particularly those in medical and health care settings, require that an individual be credentialed as RDNs.

RDNs work in the following settings:
- Hospitals, HMOs, or other health care facilities
- Sports nutrition and corporate wellness programs
- Food and nutrition-related businesses and industries
- Private practice
- Community and public health settings
- Universities and medical centers
- Research areas in food and pharmaceutical companies, universities, and hospitals

RDs may have the following job titles:
- Clinical Dietitian
- Community Dietitian or Nutritionist
- Nutrition Program Advocate
- Sports Dietitian Nutrition Consultant
- Nutrition Counselor
- Nutrition Educator
- Commercial/Institutional Food Service Director
- Food and Nutrition Media Specialist

California State University, Fresno
Department of Food Science and Nutrition
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B.S. in Food and Nutritional Sciences
Option:
Dietetics and Food Administration
M.S. in Food and Nutritional Sciences

Fresno State
Dietetics and Food Administration

College/University Professor
Food/Nutrition Researcher

**Required Food and Nutrition Courses**
- Introduction to Food and Nutrition Careers
- Elementary Nutrition
- Food & Culinary Science
- Introduction to Food Science
- Nutrition across the Life Cycle
- Techniques for Healthy Cooking
- Food Safety for Food Service Professionals
- Introduction to Food Systems Management
- Quantity Food Production
- Cost Analysis in Food Systems Management
- Community Nutrition
- Food and Culture
- Advanced Nutrition
- Senior Dietetics Seminar
- Nutrition Assessment
- Medical Nutrition Therapy
- Food and Nutrition Communication

**Additional Required Courses**
- Statistics
- Psychology
- Introduction to Counseling
- Introductory General Chemistry
- Elementary Organic Chemistry
- General Biochemistry
- Human Physiology
- Introductory Microbiology

**Educational and Professional Requirements**
Registered Dietitians (RDNs) are food and nutrition experts who have met the following criteria to earn the RDN credential:

- Complete a minimum of a bachelor’s degree at a U.S. regionally accredited university or accredited college and complete coursework accredited by the Accreditation Council for Education and Dietetics (ACEND) of the Academy of Nutrition and Dietetics (The Academy).

Admission Requirements to RDN Track at Fresno State:
- GPA: 3.0 or higher in all attempted college coursework
- Statement of professional goals
- Minimum of 240 hours of work or volunteer experience in dietetics
- Complete a supervised ACEND-accredited practice program
- Pass a national examination administered by the Commission on Dietetic Registration (CDR)
- Complete continuing professional educational requirements to maintain registration

Some RDNs hold additional certifications in specialized areas of practice, such as pediatric or renal nutrition, nutrition support, and diabetes education. These certifications are awarded through the CDR, the credentialing agency for other medical and nutrition organizations that are recognized by the profession.

In addition to RDN credentialing, many states have regulatory laws for dietitians and nutrition- al practitioners. Frequently these state requirements are met through the same education and training required to become an RDN.

For more information, contact
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