

## ... but I DID Study!

**So you studied and studied and still didn't get the outcome you wanted on your last exam? Use this check list to see *everything* you possibly could do to pass that test!**

- ✓ Start studying 5 – 10 days *before* the exam date and continue to study every day until the exam date
- ✓ Spend a portion of study time in a group of at least 3 people
- ✓ Study each chapter and coordinate textbook readings with the lectures
- ✓ Write possible test questions *and* be able to answer them without hesitation
- ✓ Verbally summarize each chapter within a few minutes *without* looking at notes
- ✓ Make a list of all terms, concepts and theories
- ✓ Restate all definitions, concepts, etc. *in your own words* both orally and in writing
- ✓ Link authors and their ideas/theories/concepts or people with dates of importance
- ✓ Complete all study guides
- ✓ Review past tests, quizzes, etc. and determine areas of weakness
- ✓ Discuss past “problem” quizzes with your instructor during office hours - not just during class
- ✓ *Actively read* all assigned readings and be able to restate the main points in your own words
- ✓ Use the textbook and/or supplemental material to clarify terms or ideas that are not clear
- ✓ Create flashcards and use them frontwards and backwards
- ✓ Look at the publisher's website of the textbook to find additional material that is available online
- ✓ Go to tutoring or supplemental instruction sessions
- ✓ Practice the 3 R's ... Read, Recite and Review
- ✓ Get a good night's sleep the night before the test
- ✓ Eat a healthy breakfast the day of the test
- ✓ Meet with your instructor during office hours regarding exam materials and helpful hints
- ✓ Dress in layers the day of the test so you can adjust to the room's temperature



*Adapted in part from Heidi Brown (1996) and  
"Foundations for Learning" (Hazard & Nadeau (2012)*