

Community Resources

for Students in Recovery*

Allies and Families

Al-Anon

Support group for friends and families of problem drinkers
al-anon.org
888.425.2665

Gam-Anon

12-Step for those affected by the gambling problem of another
gamanon.org

Nar-Anon

12-step recovery program for Families & Friends of Addicts.
nar-anon.org
800.477.6291

S-Anon

12-step recovery program to help those who have been affected by the sexual addiction of another.
sanoncentralca.org
559.800.8712

General Support

Counseling and Psychological Services (CAPS)

A safe place for Fresno State students to express their thoughts, feelings and concerns.
fresnostate.edu/health
559.278.2734

Eating

Food Addicts in Recovery Anonymous

Based on the 12-Step AA program
foodaddicts.org
559.264.0807

Overeaters Anonymous

Physical, emotional and spiritual recovery for those who suffer from compulsive eating.
oa.org
505.891.2664

Sex

Sexaholics Anonymous

12-Step recovery program for those who want to stop their sexually self-destructive thinking and behavior
safresno.org
559.221.4544

Sex Addicts Anonymous

12-step for sex addiction
saa-recovery.org

Other Addictions

Dual Recovery Anonymous

12-Step for dual diagnosis (Chemically dependent and affected by an emotional or psychiatric illness)
draonline.org

Gamblers Anonymous

12-Step recovery program to recover from gambling problem
gamblersanonymous.org

Drug and Alcohol

Narcotics Anonymous (Central California)

12 step program focusing on narcotics
centralcana.org

Central Valley Celebrate Recovery

A Christ-centered recovery program
celebraterecovery.com

LifeRing Secular Recovery

Sober, secular, and self-directed peer-to-peer support
lifering.org
559.213.0093

Young People in AA

Opportunity for young AA's to regularly come together and share
fcypaa.com

Wellbriety Recovery Circles

Sobriety, recovery, addictions prevention, and wellness/Wellbriety learning resources to the Native American/Alaska Native community
whitebison.org
877.871.1495

FRESNO STATE

Student Health and Counseling Center

A Department in the Division of Student Affairs and Enrollment Management

* Inclusion on this list does not constitute endorsement by Fresno State or the Student Health and Counseling Center.