

FOOD SAFETY

Cracking the Date Code

What do all those dates really mean?
Here are the most common phrases you'll find.

SELL BY

Tells the store how long to display the product for sale for inventory management.

It is not a safety date.

BEST BY

Indicates when a product will be of best TASTE, TEXTURE, and FLAVOR.

It is not a purchase or safety date.

USE BY

Indicates the last date recommended for use of the product while at PEAK quality.

Not a safety date unless used on baby food and formula.

The Student Cupboard does NOT distribute expired goods.



FRESNO STATE

Student Cupboard

For more information, visit: <http://www.fsis.usda.gov/>