

Behavioral Interview Questions Using STAR Worksheet

Use the worksheet to answer the following two questions below. Make sure to follow all parts of the STAR method. Be as specific as possible. Recall situations that show favorable behaviors or actions, especially those involving coursework, work or volunteer experience, leadership, teamwork and initiative.

Communication Effectiveness:

Describe an instance when you had to use communication skills to get an important point across.

TIP: Mention how you follow up with questions to ensure your message is understood.

Time Management:

Tell me about a time when you had to put in long hours or work weekends to meet a deadline.

TIP: Working long hours could mean you are truly dedicated to helping a team/company meet a deadline.

Situation

Situation

Task

Task

Action

Action

Result

Result
