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**For Immediate Release  
February 20, 2013**

Who: Bas Rutten, Ultimate Fighting Champion (UFC) and Mixed Martial Arts (MMA) Street Fighting Champion

What: Bas Rutten will be holding self-defense workshops to empower students to take their safety into their own hands.

Where: Fresno State Student Recreation Center  
5010 N. Woodrow Ave., Fresno, CA 93740

When: Wednesday, Feb. 20, 2013  
2:00, 4:00, 6:00 p.m.

Why: Empower students and encourage them to take control of their safety

How: UFC and MMA Champion Bas Rutten will be presenting students with real life scenarios and how to get out of them using their own strength and smarts.

Photo Op: Fresno State students learning self-defense techniques

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ASI is a body of elected student representatives that encourages student involvement in campus-wide decisions and funds student programs. As the student government, we ensure that students' rights are protected and their voices are heard.