

**Fresno State
Spring 2011 NCHA II Data
Alcohol, Tobacco and Other Drugs
Frequency/Percentage Data**

2011 Fresno State Survey = 1,082 respondents (28.7% response rate)
2011 National Reference Survey= 105,781 respondents (28.5% response rate)
2009 Fresno State Survey = 1,028 (27.1% response rate)

Summary:

- Not seeing much change from 2009 to 2011 Fresno State data
- Overall, Fresno State’s data is more favorable than national reference data
- Percentage of Fresno State students who reported using pain killers and antidepressants that were not prescribed to them is higher than the national reference data

Alcohol

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Never Used	29.5	21.3	30
Used, but not in the last 30 days	19.6	12.8	21.1
Used 1-9 days	42.5	50	40.5
Used 10-29 days	8.1	14.9	7.9
Used all 30 days	.4	1.0	.5
<i>Any use within the last 30 days</i>	51.0	65.9	48.9

Cigarettes

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Never Used	75.4	66.7	73.8
Used, but not in the last 30 days	15.7	18.1	17.0
Used 1-9 days	4.8	8.2	5.5
Used 10-29 days	1.3	2.6	1.2
Used all 30 days	2.9	4.5	2.5
<i>Any use within the last 30 days</i>	8.9	15.2	9.2

Marijuana

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Never Used	76.7	63.4	77.7
Used, but not in the last 30 days	14.4	20.8	15.4
Used 1-9 days	4.9	10.5	3.5
Used 10-29 days	2.1	3.5	2.4
Used all 30 days	1.9	2.0	1.0
<i>Any use within the last 30 days</i>	8.9	15.9	6.9

Tobacco from a water pipe (hookah)

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Never Used	76.4	68.1	78.3
Used, but not in the last 30 days	18.8	24.4	16.7
Used 1-9 days	4.4	6.8	4.2
Used 10-29 days	.5	.6	.4
Used all 30 days	0.0	.2	.3
<i>Any use within the last 30 days</i>	4.9	7.6	4.9

All other drugs combined*

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Never Used	74.3	65.2	71.3
Used, but not in the last 30 days	16.7	21.9	19.6
Used 1-9 days	6.2	9.3	6.5
Used 10-29 days	1.2	1.9	1.6
Used all 30 days	1.5	1.7	1.0
<i>Any use within the last 30 days</i>	8.9	12.9	9.1

*Includes cigars, smokeless tobacco, cocaine, methamphetamine, other amphetamines, sedatives, hallucinogens, anabolic steroids, opiates, inhalants, MDMA, other club drugs, other illegal drugs. (Excludes alcohol, cigarettes, tobacco from a water pipe, and marijuana).

Number of drinks consumed the last time students “partied” or socialized. Only students reporting one or more drinks were included.

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
4 or fewer	46.3	42.4	42.7
5	4.7	8.2	5.6
6	5.2	6.3	4.3
7 or more	7.5	15.4	9.1
Mean	3.67	4.76	3.89
Median	3.0	4.0	3.0
Std Dev	3.13	3.88	3.05

Reported number of times college students **consumed 5 or more drinks** in a sitting within the last two weeks:

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
N/A don't drink	29.9	22.6	31.3
None	50.2	43.3	49.6
1-2 times	15.2	22.7	14.3
3-5 times	4.2	9.3	3.8
6 or more times	.5	2.1	1.0

Percent of college students who reported **using prescription drugs that were not prescribed to them** within the last 12 months:

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Antidepressants	3.3	3.2	2.9
Erectile dysfunction drugs	1.0	1.0	1.3
Pain killers	8.7	7.5	10.5
Sedatives	2.2	4.3	3.1
Stimulants	1.7	7.8	2.1
Used 1 or more of the above	11.1	14.6	12.9

College students reported doing the following **most of the time** or **always** when they “partied” or socialized during the last 12 months.

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Alternate non-alcoholic with alcoholic beverages	35.0	29.6	30.7
Avoid drinking games	48.3	39.9	52.6
Choose not to drink alcohol	36.1	23.2	36.9
Determine in advance not to exceed a set number of drinks	55.2	38.2	52.0
Eat before and/or during drinking	81.1	78.0	81.3
Have a friend let you know when you have had enough	45.8	34.5	44.0
Keep track of how many drinks being consumed	74.3	66.3	74
Pace drinks to one or fewer an hour	42.8	30.6	44.0
Stay with the same group of friends the entire time drinking	89.6	84.9	90.8
Stick with only one kind of alcohol when drinking	58.6	50.8	59.6
Use a designated driver	86.3	82.9	86.2
Reported one or more of the above	98.1	97.5	97.7

College students who drank alcohol reported the following **consequences** occurring in the last 12 months as a result of their own drinking.

	Total Percentage	Reference Group Total Percentage	Fresno State 2009 Total Percentage
Did something you later regretted	23.4	34.6	23.7
Forgot where you were or what you did	18.1	30.4	18.4
Got in trouble with the police	1.1	3.6	1.3
Had sex with someone without giving your consent	1.0	2.1	1.3
Had sex with someone without getting their consent	.6	.5	.1
Had unprotected sex	13.4	16.5	11.1
Physically injured yourself	7.9	14.9	8.6
Physically injured another person	.8	2.3	1.0
Seriously considered suicide	.7	1.7	.7
Reported one or more of the above	35.9	50.1	36.6

Fresno State Custom Questions

Within the last 30 days, have you **purchased/acquired illegal and/or prescription drugs** in the following locations:

Residence hall	Fraternity/Sorority	Classroom Building	On Internet	Socializing in bars/clubs	Other sources
.5 (5/1058)	.8 (8/1057)	.6 (6/1056)	.4 (4/1057)	1.0 (11/1057)	5.4 (57/1052)

Since becoming a student at Fresno State, how many times have you **intentionally used prescription medications for recreational or "partying"** purposes?*

	Frequency	Percentage
Never used	982	92.6
Have used but not since coming to Fresno State	41	3.9
1-2 times	17	1.6
3-5 times	6	.6
6-9 times	6	.6
10 times or more	8	.8

*Valid responses = 1060

Since becoming a student at Fresno State, how many times have you **intentionally used prescription medications for studying/cramming/"all nighter"** purposes?*

	Frequency	Percentage
Never used	996	94.1
Have used but not since coming to Fresno State	22	2.1
1-2 times	20	1.9
3-5 times	9	.8
6-9 times	3	.3
10 times or more	9	.8

*Valid responses = 1059

Which one of the following **harmful consequences** are you most concerned about when you or someone you know drinks alcohol?*

	Frequency	Percentage
Drunk driving	700	66.2
Sexual assault	71	6.7
Getting sick	84	8.0
Alcohol poisoning	60	5.7
Getting arrested or problems with police	79	7.5
Getting in a fight/violence	23	2.2
Don't feel there are harmful consequences	40	3.8

*Valid responses = 1057

How many times in the last month have you been **concerned about a friend's alcohol** use?*

	Frequency	Percentage
All the time	51	4.8
A great deal	86	8.1
Somewhat	388	36.7
Not at all	533	50.4

*Valid responses = 1058