

Live Inspired!

News and Updates from the Fresno State OLLI

Hi from Jill!

This week has been really lovely because of the nice emails and calls we are getting from members.

We are so grateful to so many of you for donating your remaining spring fees to OLLI. The nice notes and comments are so great! Some of you have made me teary eyed - in the best possible way!

If you want to donate your fees in lieu of a refund, please email us by the end of the day April 20.

Being home for an extended time, I'll bet we are considering similar stuff: home improvement projects, expanded gardening and spiffing up our nest. I'm starting with the easiest stuff, and working my way up to the more costly items.

One early birthday gift I got myself was an All-Access annual pass to [Masterclass.com](https://www.masterclass.com), an online platform providing video classes on topics led by many interesting people. I immediately started a Storytelling and Humor class by author David Sedaris - I love it. I get no royalties for recommending it - just another possible resource for learning.

There are so many great ways to learn online and I hope you find some you love. We miss you and urge you to keep in touch!

Jill

Yoga from Your Home



OLLI member Jenny Rohan welcomes fellow OLLI members to join an online meditation and chair yoga class she teaches twice a week. She

uses the video conferencing platform Zoom and the free classes are on Wednesdays at noon and Fridays at 1 p.m. for one hour.

If you wish to join a class, please email Jenny at either email address below: sarayuyoga@gmail.com www.buddhamommy.com



When she hears from you, she will email you information on how to join the class via Zoom. Thank you, Jenny!

Zoom Video Conferencing

Zoom is video conferencing software that keeps people connected and is being used extensively at Fresno State for online instruction. It's likely OLLI will host Zoom courses in the future.

Click [HERE](#) for info on using Zoom on your desktop computer

Click [HERE](#) for info on using Zoom from phone or tablet



An Opportunity to Consider Media We Trust

by Lanny Larson

OLLI current events discussions always include, “Where can I get unbiased news?” In those sessions, I’ve learned that bias is in the eye of the beholder:

- Some of us dislike or avoid media that present facts at odds with our point of view.
- Some media have blurred once-sharp boundaries between news and opinion.
- Some media muddy facts by offering “balance” that may not be equivalent.

The 24/7 news environment emphasizes speed over accuracy, which can mean haste-caused mistakes are heard, believed and acted upon before a correction is issued.

I believe National Public Radio and the Public Broadcasting Service try to bring all sides into a story and so do major mainstream print and electronic journalists. Other folks, though, have unshakeable negative opinions about those and other specific media; even extending mistrust to all media.

Here are some sources for media information for your own investigation, since we’re not attending OLLI classes right now - click on any to visit their websites.

[Fresno State Institute for Media and Public Trust](#)

[The Poynter Institute](#)

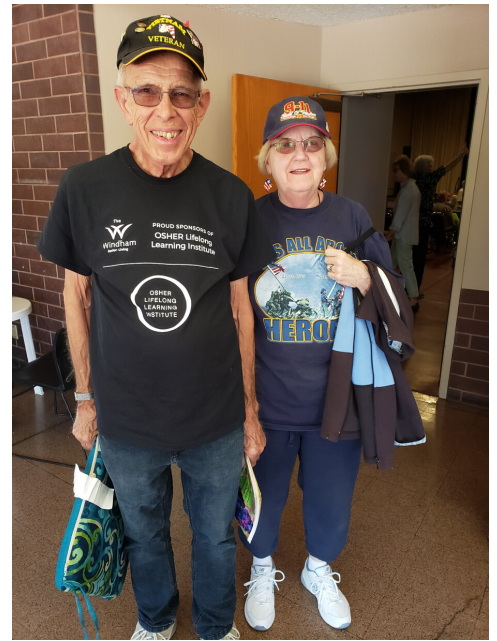
[Allsides News](#)

[The Factual](#)

[COVID-19 info](#)

We’ll have even more to talk about when we can meet again.

Lanny Larson is a retired reporter and editor, an OLLI member and instructor, and a member of the Fresno State OLLI Advisory Council.



OLLI memories: (top) The Jacksons; (middle) Armenian Cooking Class; (bottom) Dianne Callahan poses before her class begins.

Online Resources

Fresno During the 1918 Spanish Flu Pandemic

Fresno State professor and OLLI instructor and keynote lecturer Dr. Ethan Kytle wrote a newspaper column about the 1918 Pandemic in Fresno and also created a date-by-date timeline of the same pandemic.

Click [HERE](#) to see the article
Click [HERE](#) to see the "real time" coverage

Learn More About Yosemite

Road Scholar created a free site where you can learn more about Yosemite through video and talks. Click [HERE](#)

View milestones in space exploration through Project Mercury Click [HERE](#) for the video

Five National Parks are featured in a video tour Click [HERE](#)

Trees Communicate With Each Other Forest Ecologist Suzanne Simard has researched forests for 30 years and found that trees communicate with and support each other under the forest floor. Click [HERE](#) to view



OLLI memories: (top) Dr. Andy Fiala teaching a course; (bottom) members at a keynote session

Member Input Welcome!

We want to hear from you! Are you crafting, cooking, collecting or learning online? Share what you have been doing, or send a photo. You may see it in an upcoming issue.

Send your info/photos to:
jiwagner@csufresno.edu