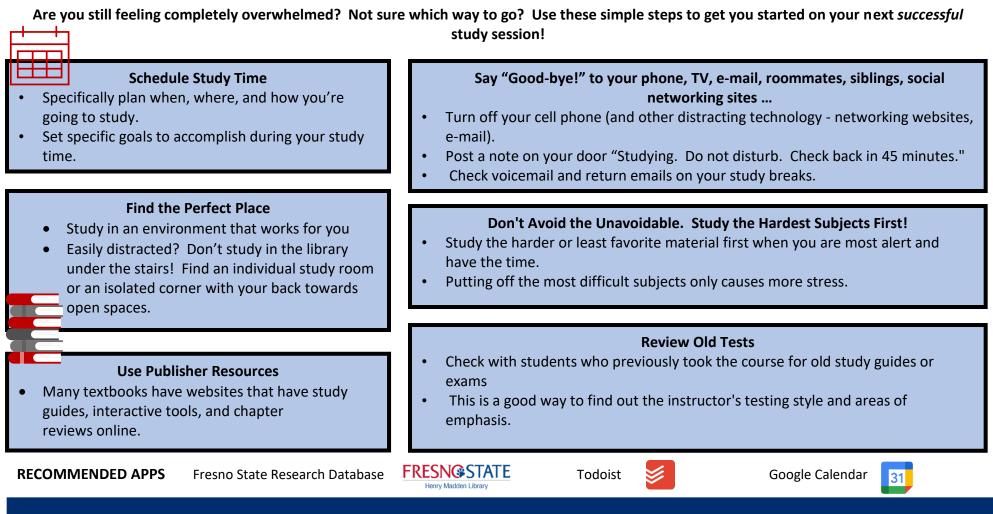


**READY, SET, STUDY** 

Figuring out how to study outside of class can be difficult. At Fresno State, we recommend students to study 2 hours outside of class for every hour spent in class each week. So, if you are taking 12 units, prepare to study 24 hours each week outside the classroom. Of course, planning this can be overwhelming so remember to CHUNK YOUR TIME. Studying an hour every day for 5 days will help you learn better than studying 5 hours the day before an exam. Remember to take a 10–15-minute break after about 45-50 minutes of studying.



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