

**Social Wellness** refers to our staff's ability to interact with people around them. It involves using good communications skills, having positive and meaningful relationships, respecting themselves and others, and creating a support system that includes family members and friends.

- I plan time to be with my family and friends
- I enjoy the time I spend with others
- My relationships with others positive and rewarding
- I explore diversity by interacting with people of other cultures, backgrounds, and beliefs



Programs in this Dimension

	<i>LEAD</i>	Workshops (Customer Service, Essentials for Managers)
	<i>REAL</i>	Workshops, Collaborative Project, Collaborative Networking
	<i>STAR</i>	Workshops, Luncheon, Recognition Ceremony, Information Exchange
	<i>EAW</i>	Workshops, Activities
	<i>DOSA</i>	Professional Development Conference