

Peach Cobbler SMOOTHIE

INGREDIENTS

- 1/2 cup old-fashioned oats
- 1 1/2 cups frozen peaches
- 1 cup vanilla yogurt
- 1/2 cup milk

- 1 tablespoon honey
- 1/4 teaspoon vanilla extract
- 1/4 teaspoon ground cinnamon

INSTRUCTIONS

- Measure oats into blender.
- Blend until ground into a fine powder.
- Add frozen fruit, vanilla yogurt, milk, honey, vanilla, and cinnamon.
- Blend until completely smooth.
- Serve immediately.

FRESN@STATE.

Student Cupboard