



Note: There is a 2.75 Overall GPA requirement for being admitted into the Community Health option.

This roadmap is a **recommended** semester-by-semester plan of study for this major.

Course Subject and Title	Credit Hours	Upper Division	Min. Grade	Important Notes
Semester One: [15 Credit Hours]				
PH 90 – Contemporary Health Issues	3		C	Counts as GE E
GE A1 – Oral Communication (COMM 3, 7, or 8)	3		C	
GE A2 – Written Communication (ENGL 5B or 10)	3		C	
GE B4 - Quantitative Reasoning (MATH 45 or DS 71)	3		C	Alternate courses exist for this GE
GE C1 – Arts (ENGL 41, 43, or 44)	3		D	Alternate courses exist for this GE
Semester Two: [16-17 Credit Hours]				
PH 91 – Human Sexuality	3		C	Counts as GE E
PH 92 - Statistics	3		C	
PH 100 – Community Health	3	■	C	
GE B1 – Physical Sciences (CHEM 3A+lab)	4		D	Prerequisite – GE B4
GE B3 – Laboratory Component	0		D	BIOL and CHEM have mandatory labs at CSUF
GE D1 – American History (HIST 11 or 12)	3		D	Prerequisite – GE A2
Semester Three: [15 Credit Hours]				
GE A3 – Critical Thinking (COMM 5 or SOC 3)	3		C	Alternate courses exist for this GE
GE C2 – Humanities (LING 10)	3		D	Prerequisite – GE A2; Alternate courses exist for this GE
GE B2 – Life Sciences (BIOL 10+lab)	3		D	Prerequisite – GE A2; Alternate courses exist for this GE
GE D2 – American Government (PLSI 2)	3		D	
GE D3 – Social Science (CFS 31)	3		D	Prerequisite – GE A2; Alternate courses exist for this GE
Semester Four: [15-16 Credit Hours]				
Requirement minimum: Cumulative 2.75 GPA by the end of the 4 th semester for admission into the Community Health Option				
PH 109 – Epidemiology	3	■	C	Prerequisite – PH 92 or equivalent math course
Major-related Elective	3		C	Choose from: PH Elective or CFS 39, NUTR 160, COMM 3, 4, or 8, COUN 174, ACCT 3, MKTG 100S, SOC 184
CHEM 3B – Introduction to Organic Chemistry	3		D	May substitute BIOL 20 – Introductory Microbiology (4 units)
PH Elective	3		C	Choose from: PH48, 104, 105, 111, 112, 115, 126, 128, 129, 130, 152T, 182, NUTR 53, NUTR 54
GE C1 or C2 (elective course)	3		D	Prerequisite – GE A2
Semester Five: [15 Credit Hours]				
Upper Division Writing Exam (ENGL 100W)	0-1		CR	<i>Note: Course with 'W' designation such as GE MI – ANTH 105W (recommended below) satisfies this req.</i>
BIOL 33 – Human Anatomy and Physiology	5		D	BIOL 64 (3 units) & 65 (5 units) may be taken separately instead of BIOL 33. One Major-related Elective will be removed if this option is taken.
GE IB – Physical Universe (PSYCH 126) <i>Note: PH 161 will not satisfy this requirement</i>	3	■	D	Prerequisite – GE A1, A2, A3, B1, B2, B3, B4 Alternate courses exist for this GE
GE IC – Arts and Humanities (LING 115, 130)	3	■	D	Prerequisite – GE A1, A2, A3, C1, C2 Alternate courses exist for this GE
GE MI – Multicultural/International (ANTH 105W, CDDS 139) <i>Note: PH 104 or 128 will not satisfy this requirement</i>	3	■	D	Prerequisite – GE A1, A2, A3, B4 Alternate courses exist for this GE



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Semester Six: [14 Credit Hours]				
PH 163 – Public Health Administration	3	■	C	
PH 161 – Environmental and Human Health	3	■	C	Will not double count as GE
PH 110 – Drugs, Society, and Health	3	■	C	
PH 131 – Principles of Health Education	3	■	C	
Major-related Elective	3		C	Choose from: PH Elective or CFS 39, NUTR 160, COMM 3, 4, or 8, COUN 174, ACCT 3, MKTG 100S, SOC 184
Semester Seven: [15 Credit Hours]				
PH Elective	3		C	Choose from: PH48, 104, 105, 111, 112, 115, 126, 128, 129, 130, 152T, 182, NUTR 53, NUTR 54
PH 135 – Intro to Human Disease	3	■	C	
PH 114 – Health Behavior	3	■	C	
Major-related Elective	3		C	Choose from: PH Elective or CFS 39, NUTR 160, COMM 3, 4, or 8, COUN 174, ACCT 3, MKTG 100S, SOC 184
GE ID – Social, Political and Economic (GERON 100)	3	■	D	Prerequisite – GE A1, A2, A3, D1, D2, D3 Alternate courses exist for this GE
Semester Eight: [15-18 Credit Hours]*				
*Final semester if student has accumulated 120 units, completed the writing requirement and has a GPA of at least 2.0				
PH 133 – Health Education Methods	3	■	C	
Major-related Elective	3		C	Choose from: PH Elective or CFS 39, NUTR 160, COMM 3, 4, or 8, COUN 174, ACCT 3, MKTG 100S, SOC 184
Major-related Elective	3		C	Choose from: PH Elective or CFS 39, NUTR 160, COMM 3, 4, or 8, COUN 174, ACCT 3, MKTG 100S, SOC 184
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Graduation Requirements Summary

Minimum Total Units	Minimum Upper-Division	Minimum Core Units	Writing Component	Minimum	
				Major GPA	Overall GPA
120	40	57	Exam or Course	2.75	2.00

Community Health Option Policies to Remember:

PH 114 and PH 131 must be taken before enrolling in PH 133.

It is your responsibility to monitor the total number of units you have accrued. In many cases, courses may count as fulfilling several requirements. They will not however be counted more than once in the overall total required to graduate. All classes for the core, major, and additional requirements must be taken for a letter grade.

Requirements for graduation: (to be checked when accomplished)

_____ Passed Upper Division Writing Exam (UDWE) or passed a 'w' course with a grade of 'C' or higher

_____ Residence unit requirement (30 Units total: 24 Upper Division, 12 in major, 9 in G.E.)

_____ Completion of the 40 upper division unit requirement

_____ Cumulative GPA of 2.0 in all coursework, all Major and Major-related course grades of C or higher