

WADE D. GILBERT

KEY PUBLICATIONS

Listed by topic and publication date starting with most recent

Defining Coaching Effectiveness and Expertise

- Ferrari, G., Bloom, G. A., Gilbert, W. D., & Caron, J. G. (2016). Experiences of competitive masters swimmers: Desired coaching characteristics and perceived benefits. *International Journal of Sport and Exercise Psychology*, DOI: 10.1080/1612197X.2015.1114504
- Siwik, M., Lambert, A., Saylor, D., Bertram, R., Cocchiarella, C., & Gilbert, W. (2015). Long term program development (LTPD): An interdisciplinary framework for developing athletes, coaches, and sport programs. *International Sport Coaching Journal*, 2(3), 305-316.
- Gilbert, W., & Baldis, M. (2014). Becoming an effective strength and conditioning coach. *Strength and Conditioning Journal*, 36(1), 28-34.
- Gilbert, W. (2014). Coach John Wooden's Pyramid of Success: Empirical evidence? Coach John Wooden's Pyramid of Success: A comparison to the sport psychology literature: A commentary. *International Journal of Sports Science & Coaching*, 9(1), 107-108.
- Trudel, P., & Gilbert, W. (2013). The role of deliberate practice in becoming an expert coach: Part 3 – Creating optimal settings. *Olympic Coach Magazine*, 24(2), 15-28.
- Gilbert, W., & Trudel, P. (2013). The role of deliberate practice in becoming an expert coach: Part 2 – Reflection. *Olympic Coach Magazine*, 24(1), 35-44.
 - Reprinted in *Soccer Journal* (2013, July/August), 44, 46, 48-49. [Official publication of the National Soccer Coaches Association of America]
- Gilbert, W., & Trudel, P. (2012). The role of deliberate practice in becoming an expert coach: Part 1 – Defining coaching expertise. *Olympic Coach Magazine*, 23(3), 19-24.
 - Reprinted in *Soccer Journal* (2013, May/June), 44, 46, 48. [Official publication of the National Soccer Coaches Association of America]
- Gilbert, W. D., & Côté, J. (2013). Defining coaching effectiveness: A focus on coaches' knowledge. In P. Potrac, W. Gilbert, & J. Denison (Eds.), *Routledge Handbook of Sports Coaching* (pp. 147-159). London: Routledge.
- Gilbert, W. (2011, May 13). Don't rush when passing on basic skills. *The Evening Echo: Cork Sports World – Ireland.*, p. 6.
- Gilbert, W. (2011, April 13). Becoming a 'why' coach: Using a growth mindset to reach your potential as a coach. *The Evening Echo – Ireland*, p. 43.

- Gilbert, W. (2011, March 10). Love is vital for coaching pyramid to work. *The Evening Echo – Ireland*, p. 59.
- Gilbert, W. (2011, February 10). Wooden's theories essential for a coach. *The Evening Echo - Ireland*, p. 41.
- Gilbert, W., Nater, S., Siwik, M., & Gallimore, R. (2010). The Pyramid of Teaching Success in Sport: Lessons learned from applied science and effective coaches. *Journal of Sport Psychology in Action*, 1, 86-94.
- Côté, J., & Gilbert, W. D. (2010). What is an effective coach? *On the Up: The Official Elite Coaches' Magazine*, 6, 30-33.
- Hamel, T., & Gilbert, W. (2010). Holism in sports coaching: Beyond humanistic psychology: A commentary. *International Journal of Sports Science & Coaching*, 5, 485-488.
- Gilbert, W. (2010). The passing of a legend: Coach John Wooden. *International Journal of Sports Science & Coaching*, 5, 339-342.
- Gilbert, W. (2010). Understanding the change process: Valuing what it is that coaches do: A commentary. *International Journal of Sports Science & Coaching*, 5, 173-176.
- Côté, J., & Gilbert, W. D. (2009). An integrative definition of coaching effectiveness and expertise. *International Journal of Sports Science & Coaching*, 4, 307-323.
- Gilbert, W. (2007). Modeling the complexity of the coaching process: A commentary. *International Journal of Sports Science & Coaching*, 2, 417-418.
- Gilbert, W. D. (2006). Commentary: An interview with USC Football coach Pete Carroll. *International Journal of Sports Science & Coaching*, 1, 343-345.
- Gilbert, W. D., with Jackson, C. (2004). In search of an effective coaching style. *USOC Olympic Coach*, 16(4), 16-17.
- Gilbert, W., & Trudel, P. (2000). Validation of the Coaching Model (CM) in a team sport context. *International Sports Journal*, 4(2), 120-128.

Coach Education

- Bertram, R., Culver, D., & Gilbert, W. D. (2016). Creating value in a sport coach community of practice: A collaborative inquiry. *International Sport Coaching Journal*, 3(1).
- Gallimore, R., Gilbert, W., & Nater, S. (2014). Reflective practice and ongoing learning: A coach's ten year journey. *Reflective Practice*, 15(2), 268-288.

- Falcão, W. R., Bloom, G. A., & Gilbert, W. D. (2012). Coaches' perceptions of a coach training program designed to promote youth developmental outcomes. *Journal of Applied Sport Psychology, 24*, 429-444.
- Bertram, R., & Gilbert, W. (2011). Learning communities as continuing professional development for sport coaches. *Journal of Coaching Education, 4*, 40-61.
- Trudel, P., Gilbert, W., & Werthner, P. (2010). Coach education effectiveness. In J. Lyle, & C. Cushion (Eds.), *Sport coaching: Professionalisation and practice* (pp. 135-152). London: Elsevier.
- Gilbert, W., Gallimore, R., & Trudel, P. (2009). A learning community approach to coach development in youth sport. *Journal of Coaching Education 2*(2), 1-21.
- Gilbert, W. D., Lichtenwaldt, L., Gilbert, J. N., Zelezny, L., & Côté, J. (2009). Developmental profiles of successful high school coaches. *International Journal of Sports Science & Coaching, 4*, 415-431.
- Gilbert, W. (2009). Formal vs. informal coach education: A commentary. *International Journal of Sports Science & Coaching, 4*, 335-337.
- Gilbert, W. (2008). Using stories in coach education: A commentary. *International Journal of Sports Science & Coaching, 3*, 51-53.
- Trudel, P., & Gilbert, W. D. (2006). Coaching and coach education. In D. Kirk, M. O'Sullivan, & D. McDonald (Eds.), *Handbook of Physical Education* (pp. 516-539). London: Sage.
- Gilbert, W., & Trudel, P. (2006). The coach as a reflective practitioner. In R.L. Jones (Eds.), *The Sports Coach as Educator: Re-conceptualising Sports Coaching* (pp. 113-127). London: Routledge.
- Gilbert, W. D., Côté, J., & Mallett, C. (2006). Developmental paths and activities of successful sport coaches. *International Journal of Sports Sciences & Coaching, 1*(1), 69-76.
- Gilbert, W. D., & Trudel, P. (2005). Learning to coach through experience: Conditions that influence reflection. *The Physical Educator, 62*(1), 32-43.
- Gilbert, W. D., & Trudel, P. (2004). Role of the coach: How model youth team sport coaches frame their roles. *The Sport Psychologist, 18*, 21-43.
- Trudel, P., & Gilbert, W. (2004). Communities of practice as an approach to foster ice hockey coach development. In D.J. Pearsall & A.B. Ashare (Eds.), *Safety in ice hockey: Fourth volume ASTM STP 1446* (pp. 167-179). West Conshohoken, PA: ASTM International.
- Gilbert, W., & Trudel, P. (2001). Learning to coach through experience: Reflection in model youth sport coaches. *Journal of Teaching in Physical Education, 21*, 16-34.

- Gilbert, W., & Trudel, P. (1999). An evaluation strategy for coach education programs. *Journal of Sport Behavior*, 22, 234-250.
- Gilbert, W., & Trudel, P. (1999). Framing the construction of coaching knowledge in experiential learning theory [18 paragraphs]. *Sociology of Sport On-line*, 2(1). Retrieved from <http://physed.otago.ac.nz/sosol/v2i1/v2i1.htm>

Coaching Strategies

- Gilbert, W. (in preparation). *Winning Every Season: A Timeless Blueprint for Coaching Success*. Champaign, IL: Human Kinetics.
- Vella, S., & Gilbert, W. (2014). Coaching young athletes to positive development: Implications for coach training. In R. Gomes, R. Resende, & A. Albuquerque (Eds.), *Positive human functioning from a multidimensional perspective: Promoting high performance (vol. 3)* (pp. 83-105). Hauppauge, NY: Nova.
- Erickson, K., & Gilbert, W. (2013). Coach-athlete interactions in children's sport. In J. Côté & R. Lidor (Eds.), *Conditions of Children's Talent Development in Sport* (pp. 139-156). Morgantown, WV: Fitness Information Technology.
- Vierimaa, M., Erickson, K., Côté, J., & Gilbert, W. (2012). Positive youth development: A measurement framework for sport. *International Journal of Sports Science & Coaching*, 7, 603-616.
- Gilbert, W., & Hamel, T. (2011). Enhancing coach-parent relationships in youth sports: Increasing harmony and minimizing hassle: A commentary. *International Journal of Sports Science & Coaching*, 6, 37-41.
- Boon, A., & Gilbert, W. (2010). Using the United Nation's Millennium Development Goals to teach citizenship in youth soccer. *Journal of Coaching Education*, 3(3), 37-55.
- Kulikov-Hagobian, N.A., & Gilbert, W.D. (2008). Influence of athlete gender on the coaching process of successful coaches of combined gender sports. *International Journal of Coaching Science*, 2(1), 3-23.
- Gilbert, J. N., Gilbert, W., & Morawski, C. (2007). Coaching strategies for helping adolescent athletes cope with stress. *Journal of Physical Education, Recreation, and Dance*, 78(2), 13-18, 24.
- Hansen, B., Gilbert, W., & Hamel, T. (2003). Successful coaches' views on motivation and motivational strategies. *Journal of Physical Education, Recreation, and Dance*, 74(8), 44-48, 53.
- Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). Coaching strategies for youth sports. Part 1: Athlete behavior and athlete performance. *Journal of Physical Education, Recreation and Dance*, 72(4), 29-33.
- Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). Coaching strategies for youth sports. Part 2: Personal characteristics, parental influence, and team organization. *Journal of Physical Education, Recreation and Dance*, 72(5), 41-46.
- Gaumont, S., Trudel, P., & Gilbert, W. (2000). Amateur youth ice hockey coaches' views on rule infractions, aggressive play and injuries during games. *Safety in Ice Hockey: Third Volume, ASTM STP 1341*, 261-273.

- Gilbert, W., & Trudel, P. (2000). A profile of rule infractions in bantam level ice hockey. *Safety in Ice Hockey: Third Volume, ASTM STP 1341*, 291-301.
- Gilbert, W. D., Trudel, P., & Haughian, L. (1999). Interactive decision making factors considered by coaches of youth ice hockey during games. *Journal of Teaching in Physical Education*, 18, 290-311.
- Seaborn, P., Trudel, P., & Gilbert, W. (1998). Instructional content provided to female ice hockey players during games. *Applied Research in Coaching and Athletics Annual*, 13, 119-141.

Overviews of Coaching Science

- Potrac, P., Gilbert, W., & Denison, J. (Eds.) (2013). *The Routledge Handbook of Sports Coaching*. London: Routledge.
- Rangeon, S., Gilbert, W., & Bruner, M. (2012). Mapping the world of coaching science: A citation network analysis. *Journal of Coaching Education*, 5(1), 83-108.
- Gilbert, W., & Rangeon, S. (2011). Current directions in coaching research. *Revista Iberoamericana de Psicología del Deporte (RIPED)*, 6(2), 217-235.
- Gilbert, W. D., & Trudel, P. (2004). Analysis of coaching science research published from 1970-2001. *Research Quarterly for Exercise and Sport*, 75, 388-399.
- Gilbert, W. D. (2002, June). An annotated bibliography and analysis of coaching science: 1970-2001. Washington, DC: American Alliance for Health, Physical Education, Recreation, and Dance. Available <<http://www.aahperd.org/rc/programs/Research-Consortium-Grantees-and-Grant-Summaries.cfm>>
- Trudel, P., & Gilbert, W. (1995). Research on coaches' behaviors: Looking beyond the refereed journals. *Avante*, 1(2), 94-106

Coaching Research Methods

- Gilbert, W., Trudel, P., & Culver, D. (2014). Navigating the research process. In L. Nelson, P. Potrac, & R. Groom (Eds.), *Research Methods in Sports Coaching* (pp. 55-65). London: Routledge.
- Trudel, P., Culver, D., & Gilbert, W. (2014). Publishing coaching research. In L. Nelson, P. Potrac, & R. Groom (Eds.), *Research Methods in Sports Coaching* (pp. 251-260). London: Routledge.
- Gilbert, W., Dubina, N., & Emmett, M. (2012). Exploring the potential of assessment efficacy in sports coaching: A commentary. *International Journal of Sports Science & Coaching*, 7, 211-214.

- Culver, D. M., Gilbert, W. D., & Sparkes, A. (2012). Qualitative research in sport psychology journals: The next decade and beyond. *The Sport Psychologist*, 26, 261-281.
- Trudel, P., Gilbert, W., & Tochon, F. (2001). The use of video in the construction of knowledge and meaning in sport pedagogy research. *International Journal of Applied Semiotics*, 2(1-2), 89-112.
- Culver, D. M., Gilbert, W. D., & Trudel, P. (2003). A decade of qualitative research in sport psychology journals: 1990-2000. *The Sport Psychologist*, 17, 1-15.
- Trudel, P., & Gilbert, W. (1999). From semiotic references to the computer lab: A qualitative entry into the academic joys of meaning making. *International Journal of Applied Semiotics*, 1(special issue), 115-126.
- Gilbert, W., Trudel, P., Gaumond, S., & Larocque, L. (1999). Development and application of an instrument to analyze coaches' pedagogical content interventions. [35 paragraphs]. *Sociology of Sport On-line*, 2(2). Retrieved from <http://physed.otago.ac.nz/sosol/v2i2/v2i2.htm>
- Trudel, P., Haughian, L., & Gilbert, W. (1996). L'utilisation de la technique du rappel stimulé pour mieux comprendre le processus d'intervention de l'entraîneur en sport [Use of the stimulated recall technique to better understand the intervention process in sport coaching]. *Revue des sciences de l'éducation*, 22, 503-522.