

Dr. Wade Gilbert is an award-winning professor in the Department of Kinesiology at California State University, Fresno. Dr. Gilbert's areas of expertise include coaching effectiveness, talent development, and sport psychology. He has co-authored over 100 coaching and sport science publications and is regularly invited to serve as a featured speaker at coaching events around the world. Dr. Gilbert is the Editor-in-Chief for the *International Sports Coaching Journal* and co-edited the *Routledge Handbook of Sports Coaching*. He is a coach education advisor for world-leading sport science publisher Human Kinetics, and provides practical guidance to thousands of coaches and athletic directors through his role as the 'Coach Doc' (<http://www.asep.com/>). As a result of his many contributions, Dr. Gilbert has served as a coaching consultant to dozens of organizations ranging from school districts, collegiate teams, the United States Olympic Committee, the Coaching Association of Canada, and the United Nations.