

WADE D. GILBERT

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## WORK EXPERIENCE

California State University,  
Fresno

**Professor – Sport Psychology / Pedagogy**  
**Director, Graduate Option in Sport Psychology / Coaching**  
Department of Kinesiology  
August 2012 - present

California State University,  
Fresno

**Associate Professor – Sport Psychology / Pedagogy**  
**Director, Graduate Option in Sport Psychology**  
Department of Kinesiology  
August 2006 - present

California State University,  
Fresno

**Assistant Professor – Sport Psychology / Pedagogy**  
**Director, Graduate Option in Sport Psychology**  
Department of Kinesiology  
August 2000 – May 2006

University of California,  
Los Angeles

**Postdoctoral Fellowship - International Center for Talent  
Development**  
September 1999 – July 2000  
Center director: Dr. Tara Scanlan  
Duties included assisting in research, teaching, outreach,  
administration, organization and fundraising.

## EDUCATION

University of Ottawa

**Doctorate in Education (Psychopedagogy)**  
Degree obtained: 1999  
Thesis title:  
Connected Cycles of Reflection: The Experiential Learning  
Process used by Youth Team Sport Coaches to Develop  
Coaching Strategies  
Committee members: Dr. Pierre Trudel (School of Human  
Kinetics), Dr. Bradley Cousins (Faculty of Education), Dr.  
Raymond Leblanc (Faculty of Education), Dr. John Salmela  
(School of Human Kinetics), Dr. Marielle Tousignant (Laval  
University)

University of Ottawa

**Master of Arts (Human Kinetics)**

Degree obtained: 1995

Thesis title:

An Inductive Analysis of Intramural Ice Hockey

Officiating: A Case Study

Committee members: Dr. Pierre Trudel (School of Human Kinetics), Dr. Terry Orlick (School of Human Kinetics), Dr. John Salmela (School of Human Kinetics)

University of Ottawa

**Bachelor of Physical Education (*Honours, Cum Laude*)**

Degree obtained: 1993

**TEACHING AND RESEARCH AREAS**

Coaching science

Measurement and evaluation

Physical activity behaviors

Physical education

Coach education

Sport psychology

Talent development

Youth sport

**TEACHING EXPERIENCE**

Graduate Courses

*Department of Kinesiology, California State University, Fresno*

KINES 231 – Research Methods in Kinesiology

KINES 250T – Psychopedagogy of Talent Development

KINES 263 – Psychology of Sport

KINES 264 – Psychology of Coaching: Talent Development

KINES 265 – Psychobiology of Sport and Exercise

*Continuing and Global Education (Online), California State University, Fresno*

KINES 250T – Citizenship through Physical Activity and Sport

*Faculty of Education, University of Ottawa*

APA 6100 – Qualitative Data Analysis in Sport Studies

EDU 5190 – Introduction to Research

*School of Human Kinetics, University of Ottawa*

APA 6100 - Qualitative Data Analysis in Sport Studies

Undergraduate Courses

*Department of Kinesiology, California State University, Fresno*

KINES 33 – Foundations of Sport & Exercise Psychology

KINES 109 – Motor Learning

KINES 120 – Planning Strategies in Physical Education

KINES 153 – Principles of Physical Education: Philosophical, Psychological, and Sociological

KINES 162 – Coaching Concepts

KINES 159 – Measurement and Evaluation

KINES 172S – Seminar in Coaching and Sport Leadership

*International Center for Talent Development (ICTD), University of California, Los Angeles*  
Psychology 194A – Research in Psychology  
SRP - Student Research Project

*School of Human Kinetics, University of Ottawa*  
APA 3162 - Coaching of Ice Hockey  
APA 4100 – Undergraduate Research Project  
Characteristics of Optimal Offensive Attacks in Ice Hockey (Rodney Gilks)  
Effectiveness of Point Allocation Strategy to reduce Violence in Ice Hockey (Dan Brice)

## ACADEMIC PUBLICATIONS

### *Refereed Journal Articles*

53. Allain, J., Bloom, G. A., & Gilbert, W. (in press). Successful high performance ice hockey coaches' intermission routines and situational factors that guide implementation. *The Sport Psychologist*.
52. Ferrar, P., Hosea, L., Henson, M., Dubina, N., Kreuger, G., Staff, J., & Gilbert, W. (2018). Building high performing coach-athlete relationships: The USOC's National Team Coach Leadership Education Program (NTCLEP). *International Sport Coaching Journal*, 5, 60-70.
51. Ferrari, G., Bloom, G. A., Gilbert, W. D., & Caron, J. G. (2017). Experiences of competitive masters swimmers: Desired coaching characteristics and perceived benefits. *International Journal of Sport and Exercise Psychology*, 15(4), 409-422. DOI: 10.1080/1612197X.2015.1114504
50. Bertram, R., Culver, D., & Gilbert, W. (2017). A university sport coach community of practice: Using a value creation framework to explore learning and social interactions. *International Journal of Sports Science & Coaching*. DOI: 10.1177/1747954117710503
49. Pennell, K., Cassidy, T., & Gilbert, W. (2017). The 'small town' effect on youth athletic development: Insights from New Zealand 'Touch'. *Qualitative Research in Sport, Exercise and Health*, 9(3), 339-353. DOI: 10.1080/2159676X.2017.1303789
48. Trudel, P., Rodrigue, F., & Gilbert, W. (2016). The journey from competent to innovator: Using appreciative inquiry to enhance high performance coaching. *AI Practitioner: International Journal of Appreciative Inquiry*, 18(2), 39-45.
47. Bertram, R., Culver, D., & Gilbert, W. (2016). Using appreciative inquiry to create high-impact coach learning: Insights from a decade of applied research. *AI Practitioner: International Journal of Appreciative Inquiry*, 18(2), 58-64.
46. Bertram, R., Culver, D., & Gilbert, W. D. (2016). Creating value in a sport coach community of practice: A collaborative inquiry. *International Sport Coaching Journal*, 3(1), 2-16.
45. Siwik, M., Lambert, A., Saylor, D., Bertram, R., Cocchiarella, C., & Gilbert, W. (2015). Long term program development (LTPD): An interdisciplinary framework for

- developing athletes, coaches, and sport programs. *International Sport Coaching Journal*, 2(3), 305-316.
44. Gallimore, R., Gilbert, W., & Nater, S. (2014). Reflective practice and ongoing learning: A coach's ten year journey. *Reflective Practice*, 15(2), 268-288.
  43. Gilbert, W., & Baldis, M. (2014). Becoming an effective strength and conditioning coach. *Strength and Conditioning Journal*, 36(1), 28-34.
  42. Vierimaa, M., Erickson, K., Côté, J., & Gilbert, W. (2012). Positive youth development: A measurement framework for sport. *International Journal of Sports Science & Coaching*, 7, 603-616.
  41. Falcão, W. R., Bloom, G. A., & Gilbert, W. D. (2012). Coaches' perceptions of a coach training program designed to promote youth developmental outcomes. *Journal of Applied Sport Psychology*, 24, 429-444.
  40. Culver, D. M., Gilbert, W. D., & Sparkes, A. (2012). Qualitative research in sport psychology journals: The next decade and beyond. *The Sport Psychologist*, 26, 261-281.
  39. Rangeon, S., Gilbert, W., & Bruner, M. (2012). Mapping the world of coaching science: A citation network analysis. *Journal of Coaching Education*, 5(1), 83-108.
  38. Horn, C. M., Gilbert, J. N., Gilbert, W. D., & Lewis, D. K. (2011). Psychological skills training with community college athletes: The UNIFORM approach. *The Sport Psychologist*, 25, 321-340.
  37. Bertram, R., & Gilbert, W. (2011). Learning communities as continuing professional development for sport coaches. *Journal of Coaching Education*, 4, 40-61.
  36. Boon, A., & Gilbert, W. (2010). Using the United Nation's Millennium Development Goals to teach citizenship in youth soccer. *Journal of Coaching Education*, 3(3), 37-55.
  35. Gilbert, W., Nater, S., Siwik, M., & Gallimore, R. (2010). The Pyramid of Teaching Success in Sport: Lessons learned from applied science and effective coaches. *Journal of Sport Psychology in Action*, 1, 86-94.
  34. Gilbert, W., Gallimore, R., & Trudel, P. (2009). A learning community approach to coach development in youth sport. *Journal of Coaching Education* 2(2), 1-21.
  33. Wilson, K. A., Gilbert, J. N., Gilbert, W. D., & Sailor, S. R. (2009). College athletic directors' perceptions of sport psychology consulting. *The Sport Psychologist*, 23, 405-424.
  32. Côté, J., & Gilbert, W. D. (2009). An integrative definition of coaching effectiveness and expertise. *International Journal of Sports Science & Coaching*, 4, 307-323.
  31. Gilbert, W. D., Lichktenwaldt, L., Gilbert, J. N., Zelezny, L., & Côté, J. (2009). Developmental profiles of successful high school coaches. *International Journal of Sports Science & Coaching*, 4, 415-431.

30. Kulikov-Hagobian, N.A., & Gilbert, W.D. (2008). Influence of athlete gender on the coaching process of successful coaches of combined gender sports. *International Journal of Coaching Science*, 2(1), 3-23.
29. Gilbert, W., Arenz, B., Coles, M., Gilbert, J. N., & Pettitt, R. (2007). SHAPE: School-based Healthy Activity Program for Exercise. *CAHPERD Journal*, 69(3), 18, 21-22.
28. Gilbert, J.N., Gilbert, W.D., Loney, B., Wahl, M.T., & Elizabeth, M. (2007). Sport Psychology in an Urban High School: Overview of a Two-Year Collaboration. *Journal of Education*, 187(1), 67-95.
27. Gilbert, J. N., Gilbert, W., & Morawski, C. (2007). Coaching strategies for helping adolescent athletes cope with stress. *Journal of Physical Education, Recreation, and Dance*, 78(2), 13-18, 24.
26. Gilbert, W. D., Côté, J., & Mallett, C. (2006). Developmental paths and activities of successful sport coaches. *International Journal of Sports Sciences & Coaching*, 1(1), 69-76.
25. Gilbert, W. D., & Trudel, P. (2005). Learning to coach through experience: Conditions that influence reflection. *The Physical Educator*, 62(1), 32-43.
24. Gilbert, W. D., & Trudel, P. (2004). Analysis of coaching science research published from 1970-2001. *Research Quarterly for Exercise and Sport*, 75, 388-399.
23. Gilbert, W. D., & Trudel, P. (2004). Role of the coach: How model youth team sport coaches frame their roles. *The Sport Psychologist*, 18, 21-43.
22. Culver, D. M., Gilbert, W. D., & Trudel, P. (2003). A decade of qualitative research in sport psychology journals: 1990-2000. *The Sport Psychologist*, 17, 1-15.
21. Hansen, B., Gilbert, W., & Hamel, T. (2003). Successful coaches' views on motivation and motivational strategies. *Journal of Physical Education, Recreation, and Dance*, 74(8), 44-48, 53.
20. Gilbert, W., & Graduate Class of 250T. (2001). Elements of talent across domains. *Journal of Excellence*, 5, 63-77. Retrieved from <http://www.zoneofexcellence.com/Journal/Issue5/index.html>
19. Gilbert, W., & Trudel, P. (2001). Learning to coach through experience: Reflection in model youth sport coaches. *Journal of Teaching in Physical Education*, 21, 16-34.
18. Trudel, P. Gilbert, W., & Tochon, F. (2001). The use of video in the construction of knowledge and meaning in sport pedagogy research. *International Journal of Applied Semiotics*, 2(1-2), 89-112.
17. Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). Coaching strategies for youth sports. Part 1: Athlete behavior and athlete performance. *Journal of Physical Education, Recreation and Dance*, 72(4), 29-33.

16. Gilbert, W. D., Gilbert, J. N., & Trudel, P. (2001). Coaching strategies for youth sports. Part 2: Personal characteristics, parental influence, and team organization. *Journal of Physical Education, Recreation and Dance*, 72(5), 41-46.
15. Gilbert, W., & Trudel, P. (2000). Validation of the Coaching Model (CM) in a team sport context. *International Sports Journal*, 4(2), 120-128.
14. Trudel, P., & Gilbert, W. (1999). Compléter la formation des chercheurs avec le logiciel NUD.IST [Using the NUD.IST qualitative data analysis program to prepare researchers]. *Recherches Qualitatives*, 20, 87-111. Retrieved from [http://www.recherche-qualitative.qc.ca/Membres/Textes\\_PDF/20TrudelGilbert.pdf](http://www.recherche-qualitative.qc.ca/Membres/Textes_PDF/20TrudelGilbert.pdf)
13. Chouinard, N., Gilbert, W., Draper, S., & Blann, W. (1999). Athletic scholarships for Canadian hockey players. *Canadian Association for Health, Physical Education, Recreation and Dance Journal*, 65(2), 34-36.
12. Gilbert, W., & Trudel, P. (1999). An evaluation strategy for coach education programs. *Journal of Sport Behavior*, 22, 234-250.
11. Gilbert, W. D., Trudel, P., & Haughian, L. (1999). Interactive decision making factors considered by coaches of youth ice hockey during games. *Journal of Teaching in Physical Education*, 18, 290-311.
10. Trudel, P., & Gilbert, W. (1999). From semiotic references to the computer lab: A qualitative entry into the academic joys of meaning making. *International Journal of Applied Semiotics*, 1(special issue), 115-126.
9. Gilbert, W., & Trudel, P. (1999). Framing the construction of coaching knowledge in experiential learning theory [18 paragraphs]. *Sociology of Sport On-line*, 2(1). Retrieved from <http://physed.otago.ac.nz/sosol/v2i1/v2i1.htm>
8. Gilbert, W., Trudel, P., Gaumond, S., & Larocque, L. (1999). Development and application of an instrument to analyze coaches' pedagogical content interventions. [35 paragraphs]. *Sociology of Sport On-line*, 2(2). Retrieved from <http://physed.otago.ac.nz/sosol/v2i2/v2i2.htm>
7. Seaborn, P., Trudel, P., & Gilbert, W. (1998). Instructional content provided to female ice hockey players during games. *Applied Research in Coaching and Athletics Annual*, 13, 119-141.
6. Trudel, P., Haughian, L., & Gilbert, W. (1996). L'utilisation de la technique du rappel stimulé pour mieux comprendre le processus d'intervention de l'entraîneur en sport [Use of the stimulated recall technique to better understand the intervention process in sport coaching]. *Revue des sciences de l'éducation*, 22, 503-522.
5. Gilbert, W., & Bonadie, J. (1996). Extending the coach's role during competitions: Moving beyond observation and team management. *Journal for the Ontario Physical and Health Education Association, Autumn*, 32-34.
4. Gilbert, J., & Gilbert, W. (1996). Skill analysis: A coach's most valued possession. *Journal for the Ontario Physical and Health Education Association, Autumn*, 36-38.

3. Gilbert, W. D., Trudel, P., & Bloom, G. (1995). Intramural ice hockey officiating: A case study. *Avante*, 1(1), 61-75.
2. Gilbert, W., Trudel, P., & Gingras, A. (1995). Current status of Canadian intramural ice hockey. *Journal of the National Intramural-Recreational Sports Association*, 19(3), 34-37.
1. Trudel, P., & Gilbert, W. (1995). Research on coaches' behaviors: Looking beyond the refereed journals. *Avante*, 1(2), 94-106.

#### *Manuscripts in Preparation*

1. Falcão, W. R., Bloom, G.A. Caron, J.G., Gilbert, W. D. (2018). Youth athletes' perceptions of humanistic coaching.
2. Milius, I., Gilbert, W., D., & Bloom, G. A. (2018). Enhancing coach-athlete relationships and athlete performance through tactile communication in collegiate women's basketball.

#### *Books and Book Sections*

19. United States Olympic Committee. (2017). *USOC quality coaching framework* [Gilbert, W. – lead author]. Champaign, IL: Human Kinetics. Retrieved from <https://www.teamusa.org/About-the-USOC/Athlete-Development/Coaching-Education/Quality-Coaching-Framework>
18. Gilbert, W. (in press). Introduction. In D. Gould, & C. Mallett (Eds.), *Sport Coaching Handbook*. Champaign, IL: Human Kinetics.
17. Gilbert, W. (in press). Standards for coaching effectiveness. In M. Thompson & K. Dieffenbach (Eds.), *Coach Education Essentials*. Champaign, IL: Human Kinetics.
16. Gilbert, W. (2017). *Coaching better every season: A year-round process for athlete development and program success*. Champaign, IL: Human Kinetics.
15. Resende, R., & Gilbert, W. (2015). Desporto juvenil: Formação e competências so treinador [Youth sports: Coach training and skills]. In R. Resende, A. Albuquerque & A. R. Gomes (Eds.), *Formação e saberes em desporto, educação física e lazer [Training and knowledge in sports, physical education and recreation]* (pp. 17-38). Lisboa: Visão & Contextos.
14. Gilbert, W., Camiré, M. & Culver, D. (2014). Navigating the research process. In L. Nelson, P. Potrac, & R. Groom (Eds.), *Research Methods in Sports Coaching* (pp. 55-65). London: Routledge.
13. Trudel, P., Culver, D., & Gilbert, W. (2014). Publishing coaching research. In L. Nelson, P. Potrac, & R. Groom (Eds.), *Research Methods in Sports Coaching* (pp. 251-260). London: Routledge.

12. Vella, S., & Gilbert, W. (2014). Coaching young athletes to positive development: Implications for coach training. In R. Gomes, R. Resende, & A. Albuquerque (Eds.), *Positive human functioning from a multidimensional perspective: Promoting high performance (vol. 3)* (pp. 83-105). Hauppauge, NY: Nova.
11. Potrac, P., Gilbert, W., & Denison, J. (Eds.) (2013). *The Routledge Handbook of Sports Coaching*. London: Routledge.
10. Gilbert, W. D., & Côté, J. (2013). Defining coaching effectiveness: A focus on coaches' knowledge. In P. Potrac, W. Gilbert, & J. Denison (Eds.), *Routledge Handbook of Sports Coaching* (pp. 147-159). London: Routledge.
9. Erickson, K., & Gilbert, W. (2013). Coach-athlete interactions in children's sport. In J. Côté & R. Lidor (Eds.), *Conditions of Children's Talent Development in Sport* (pp. 139-156). Morgantown, WV: Fitness Information Technology.
8. Trudel, P., Gilbert, W., & Werthner, P. (2010). Coach education effectiveness. In J. Lyle, & C. Cushion (Eds.), *Sport coaching: Professionalisation and practice* (pp. 135-152). London: Elsevier.
7. Smith, A., & Gilbert, W. (2009). *Body ideals and the health-related attitudes of urban youth: Potential relationships to BMI*. Beau Bassin, Mauritius: VDM.
6. Côté, J. & Gilbert, W. (2007). Coaching and officiating for junior sport participants, (2<sup>nd</sup> ed.). In S. Hooper, D. Macdonald, & M. Phillips (Eds.), *Junior sport matters: Briefing papers for Australian junior sport* (pp-49-60). Belconnen: Australian Sports Commission
5. Trudel, P., & Gilbert, W. D. (2006). Coaching and coach education. In D. Kirk, M. O'Sullivan, & D. McDonald (Eds.), *Handbook of Physical Education* (pp. 516-539). London: Sage.
4. Gilbert, W., & Trudel, P. (2006). The coach as a reflective practitioner. In R.L. Jones (Eds.), *The Sports Coach as Educator: Re-conceptualising Sports Coaching* (pp. 113-127). London: Routledge.
3. Trudel, P., & Gilbert, W. (2004). Communities of practice as an approach to foster ice hockey coach development. In D.J. Pearsall & A.B. Ashare (Eds.), *Safety in ice hockey: Fourth volume ASTM STP 1446* (pp. 167-179). West Conshohoken, PA: ASTM International.
2. Gaumont, S., Trudel, P., & Gilbert, W. (2000). Amateur youth ice hockey coaches' views on rule infractions, aggressive play and injuries during games. *Safety in Ice Hockey: Third Volume, ASTM STP 1341*, 261-273.
1. Gilbert, W., & Trudel, P. (2000). A profile of rule infractions in bantam level ice hockey. *Safety in Ice Hockey: Third Volume, ASTM STP 1341*, 291-301.

#### *Invited Commentaries and Reviews*

28. Gilbert, W., D., & Bloom, G. A. (in press). *Coaching pedagogy*. In D. Hackfort, R.



- Schinke, & B. Strauss (eds.), *Dictionary of Sport Psychology*. London: Elsevier.
27. Bloom, G. A., & Gilbert, W. D. (in press). *Coach-athlete relationships*. In D. Hackfort, R. Schinke, & B. Strauss (eds.), *Dictionary of Sport Psychology*. London: Elsevier.
  26. Bloom, G. A., & Gilbert, W. D. (in press). *Autonomy-supportive coaching*. In D. Hackfort, R. Schinke, & B. Strauss (eds.), *Dictionary of Sport Psychology*. London: Elsevier.
  25. Gilbert, W. (2017, April). Coaching better every season. *Coaches Plan*. Retrieved from <http://www.coach.ca/coaches-plan-s16544>
  24. Gilbert, W. (2015). Winning formula, man management and the inner game: Commonalities of success in the Ryder Cup and Super Bowl: A commentary. *International Journal of Sports Science & Coaching*, 10(2/3), 247-249.
  23. Gilbert, W. (2014). Coach John Wooden's Pyramid of Success: Empirical evidence? Coach John Wooden's Pyramid of Success: A comparison to the sport psychology literature: A commentary. *International Journal of Sports Science & Coaching*, 9(1), 107-108.
  22. Trudel, P., & Gilbert, W. (2013, Spring). The role of deliberate practice in becoming an expert coach: Part 3 – Creating optimal settings. *Olympic Coach Magazine*, 24(2), 15-28.
  21. Gilbert, W., & Trudel, P. (2013, Winter). The role of deliberate practice in becoming an expert coach: Part 2 – Reflection. *Olympic Coach Magazine*, 24(1), 35-44.  
  
Reprinted in *Soccer Journal* (2013, July/August), 44, 46, 48-49. [Official publication of the National Soccer Coaches Association of America]
  20. Gilbert, W., & Trudel, P. (2012, Fall). The role of deliberate practice in becoming an expert coach: Part 1 – Defining coaching expertise. *Olympic Coach Magazine*, 23(3), 19-24.  
  
Reprinted in *Soccer Journal* (2013, May/June), 44, 46, 48. [Official publication of the National Soccer Coaches Association of America]
  19. Gilbert, W., Dubina, N., & Emmett, M. (2012). Exploring the potential of assessment efficacy in sports coaching: A commentary. *International Journal of Sports Science & Coaching*, 7, 211-214.
  18. Gilbert, W. (2011, May 13). Don't rush when passing on basic skills. *The Evening Echo: Cork Sports World – Ireland.*, p. 6.
  17. Gilbert, W. (2011, April 13). Becoming a 'why' coach: Using a growth mindset to reach your potential as a coach. *The Evening Echo – Ireland*, p. 43.
  16. Gilbert, W. (2011, March 10). Love is vital for coaching pyramid to work. *The Evening Echo – Ireland*, p. 59.
  15. Gilbert, W. (2011, February 10). Wooden's theories essential for a coach. *The Evening Echo - Ireland*, p. 41.
  14. Gilbert, W., & Hamel, T. (2011). Enhancing coach-parent relationships in youth sports:

- Increasing harmony and minimizing hassle: A commentary. *International Journal of Sports Science & Coaching*, 6, 37-41.
13. Côté, J., & Gilbert, W. D. (2010). What is an effective coach? *On the Up: The Official Elite Coaches' Magazine*, 6, 30-33.
  12. Hamel, T., & Gilbert, W. (2010). Holism in sports coaching: Beyond humanistic psychology: A commentary. *International Journal of Sports Science & Coaching*, 5, 485-488.
  11. Gilbert, W. (2010). The passing of a legend: Coach John Wooden. *International Journal of Sports Science & Coaching*, 5, 339-342.
  10. Gilbert, W. (2010). Understanding the change process: Valuing what it is that coaches do: A commentary. *International Journal of Sports Science & Coaching*, 5, 173-176.
  9. Gilbert, W. (2010). What could an Executive Coach do for an Association Football Manager?: A commentary. *Annual Review of High Performance Coaching and Consulting 2010*, 88-88.
  8. Gilbert, W. (2009). Formal vs. informal coach education: A commentary. *International Journal of Sports Science & Coaching*, 4, 335-337.
  7. Gilbert, W. (2008). Using stories in coach education: A commentary. *International Journal of Sports Science & Coaching*, 3, 51-53.
  6. Gilbert, W. (2007). Modeling the complexity of the coaching process: A commentary. *International Journal of Sports Science & Coaching*, 2, 417-418.
  5. Gilbert, W. D. (2006). Commentary: An interview with USC Football coach Pete Carroll. *International Journal of Sports Science & Coaching*, 1, 343-345.
  4. Gilbert, W. D. (2006). Introduction to special issue: Coach education. *The Sport Psychologist*, 20, 123-125.
  3. Gilbert, W. D., with Jackson, C. (2004). In search of an effective coaching style. *USOC Olympic Coach*, 16(4), 16-17.
  2. Gilbert, W. D., with Martinez, D., & McCord, S. (2004). Expert performance in sports: Advances in research on sport expertise. *The Sport Psychologist*, 18, 110-111.
  1. Gilbert, W. D. (2003). An annotated bibliography and analysis of coaching science. *International Journal of Volleyball Research*, 6(1), 24-36.

### Reports

3. Gilbert, W., & Trudel, P. (2006). Pedagogical and Didactic Tools to Achieve The Millennium Development Goals (Mdg) Through Sports and Physical Education (Sped) Training: Experts Workshop Report. New York: World Sports Alliance. Available:

[http://aifomd.org/documents/Workshop\\_Report\\_12\\_08-2006.pdf](http://aifomd.org/documents/Workshop_Report_12_08-2006.pdf)

2. Coles, M., & Gilbert, W. (2005). Obesity best practices report. Fresno, CA: Central California Center for Health and Human Services. Available: <<http://www.csufresno.edu/ccchhs/CCROPP/default.html?pubs.html>>
1. Gilbert, W. D. (2002, June). An annotated bibliography and analysis of coaching science: 1970-2001. Washington, DC: American Alliance for Health, Physical Education, Recreation, and Dance. Available <<http://www.aahperd.org/rc/programs/Research-Consortium-Grantees-and-Grant-Summaries.cfm>>

This report is also published online through the International Council of Sport Science and Physical Education. <<http://www.icsspe.org/index.php?m=13&n=77&o=71>>

#### *Non-refereed*

8. Gilbert, W. (2012). Book review: The education of a coach. *Journal of Coaching Education*, 5(2), 106-109.
6. Schwandt, D., & Gilbert, W. D. (2012). Book review: Coach Wooden: The 7 principles that shaped his life and will change yours. *The Sport Psychologist*, 26, 315-316.
5. Gilbert, W., & Rangeon, S. (2011). Current directions in coaching research. *Revista IberoAmericana de Psicología del Deporte (RIPED)*, 6(2), 217-235. \*Invited
4. Gilbert, W., Niino, A., Wahl, M-T., Conway, M., Biletnikoff, F., & Côté, J. (2004, January). Role of experience in coach development. *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/archives/coaching/010104.htm>
3. Kulikov, N. A., & Gilbert, W. (2004, January). Influence of athlete gender on the coaching process of successful coaches of combined gender sports. *Pelinks4U*. Retrieved <http://www.pelinks4u.org/archives/coaching/010104.htm>
2. Gilbert, W. (2003, May). Motivation through positive coaching. *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/articles/gilbert/090102coachingarticle.html>.
1. Gilbert, W. (2002, September). The science of coaching. *Pelinks4U*. Retrieved from <http://www.pelinks4u.org/articles/gilbert/090102coachingarticle.html>

## **CONFERENCE PRESENTATIONS**

#### *Refereed*

111. Coach autonomy-supportive practice behaviors and perceived athletic development (Thompson, A., Gilbert, W., Gilbert, J.N., & Coles, M.). International Council for Coaching Excellence Global Coach conference held in Liverpool, UK, 2017.

110. How female coaches create a winning team culture in high performance field hockey (Gilbert, J.N., Robbins, J.E., Ruser, J., & Gilbert, W.). International Council for Coaching Excellence Global Coach conference held in Liverpool, UK, 2017.
109. Guidelines for conducting meaningful coach evaluations (Gillham, A. & Gilbert, W.). International Council for Coaching Excellence Global Coach conference held in Liverpool, UK, 2017.
108. The relationships between mindful self-compassion and pre-competition state-anxiety of NCAA women's equestrian team athletes (Lee, N., Gilbert, J., Moore-Reed, S., & Gilbert, W.). Association for Applied Sport Psychology conference held in September in Phoenix, AZ, 2016.
107. The relationship between resilience and NCAA swimming times: Does it contribute to peak performance? (Kowal, I., Gilbert, J., Moore-Reed, S., & Gilbert, W.). Association for Applied Sport Psychology conference held in September in Phoenix, AZ, 2016.
106. 'It takes a village to raise a child': Developing talent in rural settings (Pennell, K., Cassidy, T., & Gilbert, W.). Congress of the International Council for Coaching Excellence held in Vierumaki, Finland 2015.
105. 'Best practices' for increasing sports participation and elite performance (Pennell, K., Cassidy, T., & Gilbert, W.). Congress of the International Association of Physical Education in Higher Education held in Madrid, Spain, 2015.
104. Implementing communities of practice to support college coaches' ongoing learning and development (Bertram, R., Culver, D., & Gilbert, W.). National Coaching Conference held in June in Morgantown, WV, 2015.
103. Athletic identity, team role, and reasons for continued sport involvement of high school varsity team sport athletes (Contrestano, K. Gilbert, J. N., Gilbert, W., Brewer, B., & Anderson, T.). Association for Applied Sport Psychology conference held in October in Las Vegas, NV, 2014.
102. Resources available to assist college student-athletes with retirement (Clifton, A., Gilbert, J. N., Gilbert, W., McMillen, J., & Brogan, A.). Association for Applied Sport Psychology conference held in October in Las Vegas, NV, 2014.
101. Long-term coach development: A systems approach for high school athletics (Gilbert, W., & Barton, D.) National Coaching Conference held in June in Washington, DC, 2014.
100. Optimizing coach development: Strategies for becoming an effective coach across performance settings (Gilbert, W., Bloom, G., & Erickson, K.) National Coaching Conference held in June in Washington, DC, 2014.
99. Building trust, closeness, and connection in coach-athlete relationships (Milius, I., Gilbert, W., & Hamel, T.) National Coaching Conference held in June in Washington, DC, 2014.
98. Coaching development and effectiveness (Gilbert, W.) In symposium on Research in K-12 education and athletics: Past, present, and possibility (Brown, A., Sieben, N., DeMeulenaere, E., McLeod, T. V., Gilbert, J. N., Cann, C., & Gilbert, W.). American

Educational Research Association annual conference held in March in Philadelphia, PA, 2014.

97. An outcomes based sport education model for high school athletics programs (Gilbert, W., Barton, D., & Dubina, N.). California Alliance for Health, Physical Education, Recreation and Dance conference held in March in Santa Clara, CA, 2013.
96. Principles of coaching effectiveness: Lessons learned from applied research (Emmett, M., Hamel, T., & Gilbert, W.). California Alliance for Health, Physical Education, Recreation and Dance conference held in March in Santa Clara, CA, 2013.
95. Autonomy-supportive competition behaviors of an effective elite team sport coach (Gilbert, W., Nasti, B., Hamel, T., Emmett, M). Association for Applied Sport Psychology conference held in October in Atlanta, GA, 2012.
94. Development of an effective worksite-wellness program for K-12 school district employees (Williamson, K., Greer, F., Gilbert, J., & Gilbert, W.). Association for Applied Sport Psychology conference held in October in Atlanta, GA, 2012.
93. Elite coaching at the Division 1 level (Emmett, M., Hamel, T., Gilbert, W., Ferrante, N., & Nasti, B.). California Alliance for Health, Physical Education, Recreation and Dance conference held in Pasadena, CA, 2012.
92. Coaching education in action: Observations from pilot studies in youth sport settings (Bertram, R., & Gilbert, W.). Association for Applied Sport Psychology conference held in September in Honolulu, HI, 2011.
91. eXtreme athletes: Pushing beyond their limits with sport psychology (Chamberlain, S. M., Gilbert, J. N., Gilbert, W. D., & Hamel, T. A.). Association for Applied Sport Psychology conference held in September in Honolulu, HI, 2011.
90. Elite coaching effectiveness in action: A mid-season review (Emmett, M., Ferrante, N., Gilbert, W., & Hamel, T.). Association for Applied Sport Psychology conference held in September in Honolulu, HI, 2011.
89. Uncovering the essence of music in exercise experiences (Flores, M. M., Gilbert, J. N., & Gilbert, W.). Association for Applied Sport Psychology conference held in September in Honolulu, HI, 2011.
88. Collegiate student-athletes' perceptions of wellness during rehabilitation of sport injury (Crutcher, B., Lewis, D., Sailor, S., Eberlein, K., & Gilbert, W.). Association for Applied Sport Psychology conference held in September in Honolulu, HI, 2011.
87. Ongoing professional development for sports coaches: Learning how to learn. (Gilbert, W., & Bertram, R.). Congress of the International Association of Physical Education in Higher Education held in Limerick, Ireland, 2011.
86. Elite coaching effectiveness in action (Ferrante, N., Emmett, M., Gilbert, W., & Hamel, T.). 32<sup>nd</sup> annual Central California Research Symposium held on April 6 in Fresno, CA, 2011.

85. Coaching education in action: Observations from pilot studies in youth sport settings (Bertram, R., & Gilbert, W.). 32<sup>nd</sup> annual Central California Research Symposium held on April 6 in Fresno, CA, 2011.
84. Assessing lesson complexity and teaching behaviors in sport (Riddle, B., & Gilbert, W.). 32<sup>nd</sup> annual Central California Research Symposium held on April 6 in Fresno, CA, 2011.
83. Promoting the United Nations Millennium Development Goals through youth sport (Falcão, W. R. Bloom, G. A., & Gilbert, W. D.). American Alliance for Health, Physical Education, Recreation and Dance held March 29 – April 2 in San Diego, CA, 2011.
82. Strategies for assessing quality in youth sport programs (Gilbert, W., Lauer, L.L, Burton, D., Gillham, A., Bertram, R., & Brylinsky, J.). American Alliance for Health, Physical Education, Recreation and Dance held March 29 – April 2 in San Diego, CA, 2011.
81. Measuring coaching knowledge (Gilbert, W., & Bertram, R.). American Alliance for Health, Physical Education, Recreation and Dance held March 29 – April 2 in San Diego, CA, 2011.
80. Mapping the world of coaching science: A citation network analysis (Rangeon, S., Gilbert, W., & Bruner, M.). American Alliance for Health, Physical Education, Recreation and Dance held March 29 – April 2 in San Diego, CA, 2011.
79. Professional free-style motocross athletes' perceptions about and uses of sport psychology (Chamberlain, S., Gilbert, J.N., Gilbert, W., D., Hamel, T.A.). Association for Applied Sport Psychology conference held in October in Providence, RI, 2010.
78. Determining researcher influence in coaching science: The Researcher Influence Factor (RIF). (Rangeon, S., Gilbert, W, & Bruner, M.). Annual Meeting for the Canadian Society for Psychomotor Learning and Sport Psychology October 28-30 in Ottawa, Canada.
77. Using positive youth development through sport to promote the United Nations Millenium Development Goals. (Falcao, W., Bloom, G., & Gilbert, W). Annual Meeting for the Canadian Society for Psychomotor Learning and Sport Psychology October 28-30 in Ottawa, Canada.
76. Tracing the origins of coaching science: A citation path analysis. (Rangeon, S., Gilbert, W., Bruner, M., & Côté, J.). 2010 California Sport and Exercise Psychology Symposium held April 23-24 in Fullerton, CA.
75. The role of the youth sport coach in helping to address the United Nations Millennium Development Goals. (Falcão, W. R., Bloom, G. A., & Gilbert, W., D.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Montreal, Canada, 2010.
74. Effective coaching lessons from applied research and a coaching legend. (Gilbert, W., Gallimore, R., Nater, S., Côté, J., Bias, H., Siwik, M., & Jessie, F.). American Alliance for Health, Physical Education, Recreation and Dance held in March in Indianapolis, IN, 2010.
74. Effectiveness of an intervention to develop sport psychology consulting skills. (Gilbert, J., Gilbert, W., Chamberlain, S., & Orlick, T.). American Alliance for Health, Physical Education, Recreation and Dance held in March in Indianapolis, IN, 2010.

72. *BeLikeCoach, Inc.*: A national learning community for coach education in the United States. (Gilbert, W., Siwik, M., & Nater, S.). International Council for Coach Education / Petro-Canada Sport Leadership Sportif conference held in November in Vancouver, BC, 2009.
71. Review of research on effective coaches using citation network analysis. (Rangeon, S., Gilbert, W., Bruner, M., & Côté, J.). International Council for Coach Education / Petro-Canada Sport Leadership Sportif conference held in November in Vancouver, BC, 2009.
70. Psychological skills training and self-efficacy: The UNIFORM approach with college students. (Glynn, B.A., Gilbert, J.N., Lewis, D.K., & Gilbert, W.). Association for Applied Sport Psychology conference held in September in Salt Lake City, UT, 2009.
69. Coaching science around the world. (Côté, J., Trudel, P., & Gilbert, W.). 12<sup>th</sup> ISSP World Congress of Sport Psychology held in June in Marrakesh, Morocco, 2009.
68. Coaching science in North America. (Rangeon, S., Gilbert, W., Trudel, P., & Côté, J.). 12<sup>th</sup> ISSP World Congress of Sport Psychology held in June in Marrakesh, Morocco, 2009.
67. Review of coach effectiveness literature using citation network analysis. (Rangeon, S., & Gilbert, W.). California Sport and Exercise Psychology Symposium held in February in Fresno, CA, 2009.
66. Examining coaching styles of successful Division 1 college head football coaches. (Lasota, M., & Gilbert, W.). California Sport and Exercise Psychology Symposium held in February in Fresno, CA, 2009.
65. UNIFORM: A mental skills training curriculum for high school and beyond (Gilbert, J. N., Gilbert, W., Lewis, D. K., Loney, B. S., Horn, C., Glynn, B. A., & McCormick, J. P.). Association for Applied Sport Psychology held in September in St. Louis, MO, 2008.
64. Teaching life skills through a civic engagement program: The uniform approach. (Gilbert, J. N., & Gilbert, W.). American Democracy Project held in June in Snowbird, UT, 2008.
63. Increasing civic engagement for students and teachers through school-based physical activity programs. (Gilbert, W. & Gilbert, J. N.). American Democracy Project held in June in Snowbird, UT, 2008.
62. The UNIFORM: A High School Sport Psychology Intervention. (Loney, B., Gilbert, J. N., Gilbert, W., & Lewis, D.). Association for Applied Sport Psychology held in October in Louisville, KY, 2007.
61. Physical Activity and Health Related Attitudes, Perceptions, and Behaviors of Urban Middle School Students. (Smith, A. E., Gilbert, W., Gilbert, J. N., Pettitt, R., & Baldis, M.). Association for Applied Sport Psychology held in October in Louisville, KY, 2007.
60. Spirituality and sport commitment. (Wahl, M.T., Gilbert, J. N., Gilbert, W., & Pettitt, R.). Association for Applied Sport Psychology held in October in Louisville, KY, 2007.
59. SHAPE: School-based Healthy Activity Program for Exercise. (Coles, M., Gilbert, W., Gilbert, J.N., & Pettitt, R.). Annual Meeting of the American College of Sports Medicine held in May in New Orleans, LA, 2007.

58. National Collegiate Athletic Association Division I Athletic Directors' Perceptions of Sport Psychology Consulting. (Wilson, K. A., Gilbert, J. N., Sailor, S. R., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
57. Scholarly Activity in Sport Psychology from 1995-2005. (Baxter, W., Gilbert, W., Gilbert, J. N., & Hamel, T.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
56. School-based Social-psychological Intervention to promote fitness efficacy. (Tsouloupas, C. N., Gilbert, W., Arenz, B., Coles, M. G., Gilbert, J. N., Pettitt, R., Smith, A., & Pangrazi, R.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
55. Developmental pathways of high school varsity basketball and cross-country coaches. (Lichtenwaladt, L., Gilbert, W., Gilbert, J.N., & Zelezny. L.). Association for the Advancement of Applied Sport Psychology held in September in Miami, FL, 2006.
54. School-based healthy activities program for exercise: Phase 2. (Tsouloupas, C. N., Gilbert, W., Smith, A., Gilbert, J. N., Coles, M. G., Pettitt, R., Arenz, B., & Pangrazi, R.). 2<sup>nd</sup> International Conference on Physical Education, Coaching, and Health Fitness held in June in Athens, Greece, 2006.
53. How to become a great coach. (Gilbert, W.). American Alliance for Health, Physical Education, Recreation and Dance held in April in Salt Lake City, UT, 2006.
52. SHAPE: School-based healthy activities program for exercise. (Gilbert, W., McCord, S., Arenz, B., Coles, M., Gilbert, J., Pettitt, R., Tsouloupas, C., Smith, A., DeAmaral, J., & Pangrazi, R.). American Alliance for Health, Physical Education, Recreation and Dance held in April in Salt Lake City, UT, 2006.
51. Sport psychology in high school: Curriculum design and lessons learned. (Gilbert, J.N., Gilbert, W., Hamel, T., Kerr, S., Lichtenwaladt, L., Martinez, D., Mattox, K., McRae, A., Reeves, S., Tsouloupas, C.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
50. School-based healthy activities program for exercise (SHAPE). (McCord, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
49. The keys to success: Coaching styles of professional North American, championship team sport coaches. (McRae, A., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.
48. Attributional styles of exercisers versus non-exercisers. (Muller, J., Rodrigues, A., Gilbert, W., & Jones, C.). Association for the Advancement of Applied Sport Psychology held in October in Vancouver, British Columbia, 2005.



47. La science du coaching: son contenu et ses limites [The science of coaching: Its contribution and limits]. Trudel, P., & Gilbert, W. Association en Recherche en Intervention Sportive held in January in Belgium, 2005.
46. Developing a graduate sport psychology program. (Gilbert, J.N, Gilbert, W., Hamel, T., Johnson, C., Mattox, K., & Meyer, S.) Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
45. Current developments in coach education programs using a coaching context-based approach. (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
44. Current research perspectives on coach development. (Gilbert, W., Trudel, P., Bloom, G. Jones, R., Cushion, C., & Potrac, P.) Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
43. Training approaches and behaviors of successful high school girls' golf coaches. (Kerr, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Minneapolis, Minnesota, 2004.
42. Le volet caché de la formation des entraîneur(e)s: L'apprentissage par expérience [Hidden development of coaches: Learning through experience]. (Trudel, P., & Gilbert, W.). International Congress of the Moroccan Association of Sport Psychology held in June in Marrakech, Morocco, 2004.
41. Innovative research methodologies for understanding and improving coaching. (Côté, J., Baker, J., Horton, S., Deakin, J., Wall, M., Gilbert, W., Cullen, J., & Starkes, J.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Hamilton, Ontario, Canada, 2003.
40. Tracing the developmental process of successful coaches. (Gilbert, W., & Côté, J.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Hamilton, Ontario, Canada, 2003.
39. Developmental activity profiles of successful coaches. (Gilbert, W., Niino, A., Wahl, M-T., & Conway, M.). Association for the Advancement of Applied Sport Psychology held in October in Philadelphia, Pennsylvania, 2003.
38. The meaning of motivation and motivational strategies in Division I men's college basketball. (Hansen, B., Gilbert, W., & Hamel, T.). Association for the Advancement of Applied Sport Psychology held in October in Philadelphia, Pennsylvania, 2003.
37. Developing character through a partnership learning program. (Barton, D., & Gilbert, W.). Sports, Character, and Responsible Citizenship Conference held in March in Notre Dame, Indiana, 2003.
36. Developmental characteristics of sport involvement: Profiles of athletes, parents, and coaches. (Côté, J., Robertson-Wilson, J., Deakin, J., Gilbert, J. N., Gilbert, W. D., Harada, C., Marchbanks, G., & Niino, A.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.

35. Development of successful high school softball coaches. (Niino, A., Gilbert, W. D., & Côté, J.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
34. Comparison of developmental activities of NCAA Division I and recreational baseball players. (Gilbert, J. N., Côté, J., Harada, C., Marchbanks, G., & Gilbert, W. D.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
33. Tracing the development of athletes, parents, and coaches with structured interview protocols. (Côté, J., Robertson-Wilson, J., Gilbert, J. N., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Tucson, Arizona, 2002.
32. Communities of practices as an approach to foster ice hockey coach development. (Trudel, P., & Gilbert, W.). Fourth International Symposium on Safety in Ice Hockey held in May in Pittsburgh, USA, 2002.
31. Tracing the development of expertise in coaching. (Gilbert, W., Kulikov, N., Niino, A., Trudel, P., & Côté, J.) American Association for Health, Physical Education, Recreation, and Dance held in April in San Diego, California, 2002.
30. Reasons for commitment and disengagement in Division 1-A college baseball. (Collet, L. A., Cottle, S., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
29. Sources of stress for the female adolescent athlete. (Gilbert, J. N., Gilbert, W., and Morawski, C.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
28. Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches. (Kulikov, N., & Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
27. Defining and achieving balance for mothers in athletics. (Rice, L., Gilbert, W., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in October in Orlando, Florida, 2001.
26. Strategies used by Division I female athletic trainers to balance family and career demands. (Rice, L., Gilbert, W., & Bloom, G.). National Athletic Trainers' Annual Meeting and Clinical Symposia held in June in Los Angeles, CA, 2001.
25. An integrative approach to examining the development of coaching excellence. (Gilbert, W., Fournier, J., Côté, J., Salmela, J., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
24. Mapping the developmental paths of youth sport coaching excellence. (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.

23. Team dynamics as a critical source of stress for female adolescent soccer athletes. (Gilbert, J., Gilbert, W., & Morawski, C). Association for the Advancement of Applied Sport Psychology held in October in Nashville, Tennessee, 2000.
22. Adolescent female soccer players' views on stress and coping. (Gilbert, J.N., Gilbert, W., & Morawski, C.). Association for the Advancement of Applied Sport Psychology held in September in Banff, Canada, 1999.
21. Who learns more through the use of video to study pedagogical interactions: The researcher or the participant? (Trudel, P., & Gilbert, W.). American Educational Research Association held in April in Montreal, Canada, 1999.
20. Operationalizing procedures for addressing validity in qualitative research (Gilbert, W., Trudel, P., & Culver, D.). Advances in Qualitative Methods held in February in Edmonton, Canada, 1999.
19. Youth coaches and sport psychology: From challenges to professional growth (Gilbert, W., Trudel, P. & Gilbert, J.). Association for the Advancement of Applied Sport Psychology held in September in Cape Cod, USA, 1998.
18. Insight into coaches' thoughts: Factors that influence the interactive decisions of youth ice hockey coaches during practices (Gaumont, S., Trudel, P., Gilbert, W., & Larocque, L.). Association for the Advancement of Applied Sport Psychology held in September in Cape Cod, USA, 1998.
17. How do youth sport coaches learn to coach? (Gilbert, W.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
16. Symposium: Development and application of an instrument to analyze coaches' instructional content (Gilbert, W., Trudel, P. Gaumont, S., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
15. Instructional content provided to youth ice hockey players in practices (Gaumont, S., Gilbert, W., Trudel, P., & Larocque, L.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
14. Instructional content provided to youth ice hockey players in games (Larocque, L., Gilbert, W., Trudel, P., & Gaumont, S.). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
13. Development issues and applications of the SAIC instrument (Gilbert, W., Trudel, P., Gaumont, S., & Larocque, L). International Association for Physical Education in Higher Education World Congress held in July in Long Island, USA, 1998.
12. The role of peers in professional knowledge construction (Gilbert, W.). Congress of the Social Sciences and Humanities held in May in Ottawa, Canada, 1998.

11. Planning in action: The planning process of an experienced collegiate ice hockey coach (Gilbert, W., Trudel, P., & Gaumont, S.). Canadian Society for Psychomotor Learning and Sport Psychology held in October in Niagara Falls, Canada, 1997.
10. A case study of elite team sport coaching (Gilbert, W., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in September in San Diego, USA, 1997.
9. A profile of rule infractions in Bantam level ice hockey (Gilbert, W., & Trudel, P.). Third International Symposium on Safety in Ice Hockey held in May in St. Louis, USA, 1997.
8. Amateur coaches' views on rule infractions, injuries, and aggressive play (Gaumont, S., Trudel, P., & Gilbert, W.). Third International Symposium on Safety in Ice Hockey held in May in St. Louis, USA, 1997.
7. Measuring knowledge transfer following exposure to a coaching education program. (Gilbert, W.). Association for the Advancement of Applied Sport Psychology held in October in Williamsburg, USA, 1996.
6. Research into the pedagogical aspect of amateur ice hockey coaching (Trudel, P., Gilbert, W., Gaumont, S., Lapierre, M., Seaborn, P., Wilcox, S., & Haughian, L.). Association for the Advancement of Applied Sport Psychology held in October in Williamsburg, USA, 1996.
5. Factors affecting decision making and rule enforcement in ice hockey officiating (Gilbert, W., Trudel, P., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in September in New Orleans, USA, 1995.
4. A look at 20 years of studies on coaches' behaviors (Trudel, P., Gilbert, W., & Donohue, J.). Association for the Advancement of Applied Sport Psychology held in September in New Orleans, USA, 1995.
3. Stimulated recall interviews as a data collection technique in sport research (Gilbert, W., Trudel, P., & Bloom, G.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.
2. Variables affecting intramural ice hockey referees (Bloom, G., Gilbert, W., & Trudel, P.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.
1. A qualitative analysis of mental training methods used by NCAA hockey players (Chouinard, N., Gilbert, W., Draper, S., & Blann, W.). Association for the Advancement of Applied Sport Psychology held in October in Lake Tahoe, USA, 1994.

*Invited*

117. Principles of Quality Coaching, Reflection, and High Performing Cultures. (Gilbert, W.). Cricket Australia Head Coach Leadership and Team Performance Development Programs, held in Brisbane, Australia, May 2018.
116. Buy-In, Needs, and Systems. (Gilbert, W.). Keynote lecture Sports Science & Sports Medicine conference, Cricket Australia, Brisbane, Australia, May 2018.

115. Coaching Better Breakfast Lecture Series. (Gilbert, W.). Lecture series sponsored by Cricket Australia, University of Queensland, University of Sydney, and Victoria University, held in Brisbane, Melbourne, and Sydney, Australia, May 2018.
114. Principles of Quality Coaching and Reflection. (Gilbert, W.). Seminars held with Cricket Australia, Rugby League (Cronulla Sharks, Melbourne Storm, North Queensland Cowboys, South Sydney Rabbitohs), Australian Rules Football (AFL Coaches Association, Brisbane Lions, Collingwood, Richmond Tigers, North Melbourne Kangaroos), and Tennis Australia in Brisbane, Melbourne, Sydney, and Townsville, Australia, May 2018.
113. Building a coach learning network. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – Cohort5, Seminar1 held in Charlotte, NC, April 2018.
112. Using reflection to become an effective coach. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – Cohort5, Seminar1 held in Charlotte, NC, April 2018.
111. Strategies and tools for coach reflection. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – Cohort3, Seminar5 held in Charlotte, NC, April 2018.
110. A coach consultant journey: Coaching coaches to become better. (Gilbert, W.). Sport psychology professional development series workshop delivered at John F. Kennedy University in Pleasant Hill, CA, April 2018.
109. Enacting team culture. (Hamel, T., & Gilbert, W.). California Alliance for Health, Physical Education, Recreation and Dance conference held in Oakland, CA, February 2018.
108. Vision, values and philosophy: Become the coach you always wanted to play for. (Gilbert, W.). Workshops delivered for the NSSU-ICCE Coach Developer Academy Programme held in Tokyo, Japan, 2018.
107. Principles of quality coaching. (Gilbert, W.). Keynote presentation at the NSSU Coach Developer 5<sup>th</sup> International Symposium held in Tokyo, Japan, 2018.
106. Using reflection to become the coach you always wanted to play for. (Gilbert, W.). Seminar presented at the British Columbia Rugby Coaches Conference held in Burnaby, BC, Canada, January 2018.
105. Creating a culture of competitive excellence. (Gilbert, W.). Keynote presentation at the British Columbia Rugby Coaches Conference held in Burnaby, BC, Canada, January 2018.
104. Coaching better every season. (Gilbert, W.). Toronto Maple Leafs Tim Hortons Coaches Open House, Toronto, Canada, January 6, 2018.
103. Getting better every day: Principles of sustainable excellence. (Gilbert, W.). Naval Test Wing Atlantic Safety Stand Down, California, MD, January 3, 2018.

102. Using reflection to become the coach you always wanted to play for. (Gilbert, W.). US Soccer Coach Education Pro License, Chicago, December 14, 2017.
101. To infinity and beyond! Principles of talent development. (Gilbert, W.). The Cal Botterill Lecture, University of Winnipeg, Winnipeg, MB, November 16, 2017.
100. Become the coach you always wanted to play for. (Gilbert, W.). Sport Manitoba Coaches Workshop, Winnipeg, MB, November 16, 2017.
99. Quality coaching 101. (Gilbert, W.). Fresno State Wrestling Coaches Clinic, Fresno, CA, October 27, 2017.
98. Parenting athletes. (Gilbert, W.). Sun Valley Ski Education Foundation, Ketchum, ID, October 15, 2017.
97. Using reflection to become a better coach. (Gilbert, W.). Sun Valley Ski Education Foundation, Sun Valley, ID, October 14, 2017.
96. Building a culture of competitive excellence. (Gilbert, W.). Sun Valley Ski Education Foundation, Sun Valley, ID, October 14, 2017.
95. Creating a culture of competitive excellence. (Gilbert, W.). BC Alpine Members Summit, Kelowna, BC, Canada, September 30, 2017.
94. Building your learning network. (Gilbert, W.). BC Alpine Coaches Meeting, Kelowna, BC, Canada, September 29, 2017.
93. Using reflection to become a better coach. (Gilbert, W.). BC Alpine Coaches Meeting, Kelowna, BC, Canada, September 28, 2017.
92. Become the coach you always wanted to play for: Principles of quality coaching. (Gilbert, W.). Kristen Marie Gould Endowed Lecture on Sport for Children and Youth, held at Michigan State University, USA, September 14, 2017.
91. Shaping team culture. (Gilbert, W., Bloom, G., Vallee, C., Driska, A., Pierce, S., Gould, D., Lara-Bercial, S., & Solana- Sánchez, A.). International Council for Coaching Excellence Global Coach conference – Research Fair held in Liverpool, UK, 2017.
90. Using reflection to become a better coach. (Gilbert, W.). Performance Coach Advance New Zealand workshops – Sport Otago (July 2), Sport Waikato (July 5), Sport Bay of Plenty (July 6) 2017.
89. Using reflection to create a culture of continuous improvement. (Gilbert, W.). Sport Waikato workshop, Hamilton, New Zealand, July 5 2017.
88. Using reflection to become a better coach. (Gilbert, W.). High Performance Sport New Zealand workshops – Wellington (June 29), Auckland (June 30), Christchurch (July 4) 2017.
87. Using reflection to become a better coach. (Gilbert, W.). Seminar presented at the New Zealand Rugby Coach Advisors workshop – held in Wellington, New Zealand, June 2017.

86. Using reflection & debrief to enhance coaching. (Gilbert, W.). Seminar presented at the GAIN coaching clinic – held in Houston, TX, June 2017.
85. Good coaching – bad coaching. (Gilbert, W.). Seminar presented at the GAIN coaching clinic – held in Houston, TX, June 2017.
84. Using reflection to become a better coach. (Gilbert, W.). Workshop delivered at the 2017 CoachSG Coaching Better Every Day Conference – held in Singapore, May 2017.
83. Coaching better everyday. (Gilbert, W.). Plenary session presented at the 2017 CoachSG Coaching Better Every Day Conference – held in Singapore, May 2017.
82. Principles of quality coaching. (Gilbert, W.). Keynote presented at the 2017 CoachSG Coaching Better Every Day Conference – held in Singapore, May 2017.
81. Building a culture of competitive excellence. (Gilbert, W.). Keynote presented at the 2017 U.S. Ski & Snowboard Club Excellence Conference – held in Park City, UT, May 2017.
80. Creating cultures of continuous improvement and competitive excellence. (Gilbert, W.). Seminar presented at the 2017 Cricket Australia USA Coach Tour – held in San Francisco, CA, April 2017.
79. Reflective practice and quality coaching. (Gilbert, W.). Seminar presented at the 2017 Cricket Australia USA Coach Tour – held in San Francisco, CA, April 2017.
78. Using reflection to become a better coach. (Gilbert, W.). Workshop presented at the Atlantic Coaches Conference: Coaching with an Edge held in Halifax, Canada, April 2017.
77. Coaching better every season. (Gilbert, W.). Keynote presented at the Atlantic Coaches Conference: Coaching with an Edge held in Halifax, Canada, April 2017.
76. Using reflection to become a better coach ... How to become a better coach! (Gilbert, W.). Keynote presented at the 16<sup>th</sup> annual Western New York Amateur Football Alliance Youth Coaching Academy held in Buffalo, NY. April 2017.
75. Coaching better every season... What good coaches do! (Gilbert, W.). Keynote presented at the 16<sup>th</sup> annual Western New York Amateur Football Alliance Youth Coaching Academy held in Buffalo, NY. April 2017.
74. Building a coach learning network. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – Cohort4, Seminar1 held in Portland, OR, March 2017.
73. Using reflection to become an effective coach. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – Cohort4, Seminar1 held in Portland, OR, March 2017.
72. Strategies and tools for coach reflection. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – Cohort2, Seminar5 held in Portland, OR, March 2017.

71. Creating and maintaining a high performance team culture. (Hamel, T., & Gilbert, W.). California Alliance for Health, Physical Education, Recreation and Dance conference held in San Diego, CA, February 2017.
70. Becoming a better coach. (Gilbert, W.). Keynote presentation at the USA Archery Coach Symposium held in Salt Lake City, UT, January 2017.
69. Reflective coaching practice. (Gilbert, W.). Workshop presentation at the USA Archery Coach Symposium held in Salt Lake City, UT, January 2017.
68. Becoming an effective coach. (Gilbert, W.). Keynote presentation at the British Columbia Rugby Coaches Conference held in Vancouver, BC, Canada, January 2017.
67. Using reflection to become a better coach. (Gilbert, W.). Workshop presentation at the British Columbia Rugby Coaches Conference held in Vancouver, BC, Canada, January 2017.
66. Becoming an effective coach. (Gilbert, W.). Keynote presentation at the Gaelic Athletic Association Games Development Conference held in Dublin, Ireland, January 2017.
65. Becoming a better coach. (Gilbert, W.). Keynote presentation at the Toronto Maple Leafs Tim Horton's Coaches Open House held in Toronto, ON, Canada, December 2016.
64. Coaching better every season with the 4E's. (Gilbert, W.). Keynote presentation at the Sport Canada Leadership Conference held in Richmond, BC, Canada, November 2016.
63. Using reflection to become a better coach. (Gilbert, W.). Workshop presentation at the Sport Canada Leadership Conference held in Richmond, BC, Canada, November 2016.
62. Becoming a better coach. (Gilbert, W.). Workshop presentation at the World Rugby Coach Educator Conference held in Richmond, BC, Canada, November 2016.
61. Ice hockey pathways. (Gilbert, W.). Town Hall held at the World Cup of Hockey, Hockey Hall of Fame – held in Toronto, Canada, September 22, 2016.
60. Creating cultures of continuous improvement and competitive excellence. (Gilbert, W.). Seminar presented at the 2016 Cricket Australia USA Coach Tour – held in Los Angeles, CA, July 2016.
59. Reflective practice and quality coaching. (Gilbert, W.). Seminar presented at the 2016 Cricket Australia USA Coach Tour – held in Los Angeles, CA, July 2016.
58. Building a culture of competitive excellence. (Gilbert, W.). Seminar presented at the GAIN coaching clinic – held in Houston, TX, June 15 2016.
57. Reflect and grow. (Gilbert, W.). Seminar presented at the GAIN coaching clinic – held in Houston, TX, June 15 2016.
56. Mastery in coaching from five perspectives: An educator, an ethicist, an administrator, a researcher, and a coach. (Van Mullen, P., Dahlin, S., Jefferies, S., Stoll, S., O'Connell, E.,



- Gilbert, W., & Nater, S.). Panel held at the National Coaching Conference in Seattle, WA, 2016.
55. Enhancing your effectiveness. (Gilbert, W.). Seminar presented at the High Performance Coach Advance, Canadian Sport Institute Pacific – held in Victoria, Canada, 2016.
  54. Characteristics of highly effective coaches. (Gilbert, W.). Seminar presented at the High Performance Coach Advance, Canadian Sport Institute Pacific – held in Victoria, Canada, 2016.
  53. High performance character. (Gilbert, W.). Seminar presented at the High Performance Coach Advance, Canadian Sport Institute Pacific – held in Victoria, Canada, 2016.
  52. Using reflection to become an effective coach. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – III held in Irvine, CA, 2016.
  51. Building your coach learning network. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – III held in Irvine, CA, 2016.
  50. Strategies and tools for coach reflection. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – I held in Irvine, CA, 2016.
  51. Keys to becoming a better coach (Gilbert, W.). Keynote presentation at the National Archery Coaches Conference held in Colorado Springs, CO, 2016.
  50. Reflect and grow (Gilbert, W.). Presentation at the Connecting Coaches Sport New Zealand conference held in Auckland, New Zealand, 2015.
  49. Creating cultures of continuous improvement and competitive excellence (Gilbert, W.). Keynote presentation at the Connecting Coaches Sport New Zealand conference held in Auckland, New Zealand, 2015.
  48. Developing the expert performance coach – coach expertise (Gilbert, W. with Taylor, S.). Guest coaching research expert for KIN 586 (Coach Effectiveness) in the University of British Columbia High Performance Coaching Certificate, November 9, 2015 [webinar].
  47. Creating cultures of continuous improvement (Gilbert, W.). Keynote presentation at the Congress of the International Council for Coaching Excellence held in Vierumaki, Finland 2015.
  46. Using reflection to reach your potential as a coach (Gilbert, W.). Workshop seminar given at the International Council for Coaching Excellence held in Vierumaki, Finland 2015.
  45. Demonstrating Core Values and Clear Purpose in Coaching. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – II held in Colorado Springs, CO, 2015.
  44. Using Reflection to Become an Effective Coach. (Gilbert, W.). Seminar presented at the

- United States Olympic Committee's National Team Coach Leadership Education Program – II held in Colorado Springs, CO, 2015.
43. Building Your Learning Network. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program – II held in Colorado Springs, CO, 2015.
  42. Effective Coaching in Youth Sport. (Gilbert, W.). Keynote presentation at the Nippon Sports Science University Coach Developer Symposium held in Tokyo, Japan, 2015.
  41. Trends in Coaching Research: United States Perspective. (Gilbert, W.). Seminar presented at the Nippon Sports Science University Coach Developer Symposium held in Tokyo, Japan, 2015.
  40. The Science and Practice of Effective Coaching. (Gilbert, W.). Seminar presented at the US National Archery Coaching Convention held in Colorado Springs, CO, 2015.
  39. Using Reflection to Become an Effective Coach. (Gilbert, W.). Seminar presented at the US National Archery Coaching Convention held in Colorado Springs, CO, 2015.
  38. Reflective Tools for Becoming a More Effective Coach. (Trudel, P., & Gilbert, W.). Workshop presentation at the Sport Canada Leadership Conference held in Ottawa, Canada, 2014.
  37. Creating Cultures of Continuous Improvement and Competitive Excellence in Sport. (Gilbert, W.). Keynote presentation at the Sport Canada Leadership Conference held in Ottawa, Canada, 2014.
  36. The Importance of Self-Reflection. (Gilbert, W.). Seminar presented at the United States Olympic Committee's National Team Coach Leadership Education Program held in Colorado Springs, CO, 2014.
  35. Principles of Talent Development: Lessons from the World's Greatest Performers. (Gilbert, W.). Keynote presentation at the Coaching with an Edge: Atlantic Coaches Conference held in Halifax, Canada, 2014.
  34. Creating the Right Environment: The Science of Optimal Talent Development Settings. (Gilbert, W.). Presentation at the Coaching with an Edge: Atlantic Coaches Conference held in Halifax, Canada, 2014.
  33. Athlete Talent Development: Current Status and Future Directions. (Dieffenbach, K., & Gilbert, W.). U.S. Olympic Academy held in Los Angeles, CA, 2014.
  32. Research in K-12 Education and Athletics: Past, Present, and Possibility. (Gilbert, W.). Sport and Education Special Interest Group panel discussion at the American Educational Research Association Annual Conference held in Philadelphia, PA, 2014.
  31. Principles of Talent Development: Lessons from the World's Greatest Performers. (Gilbert, W.). Keynote presentation at the LA84 Foundation Advanced Track & Field Clinic held in Los Angeles, CA, 2014.

30. How Effective is Your Talent Development System? (Gilbert, W.). Presentation at the LA84 Foundation Advanced Track & Field Clinic held in Los Angeles, CA, 2014.
29. Featured Guest Speaker, Aspen Institute Project Play Roundtable (Kid-Focused, Coach Driven: What Training is Needed?) held in Colorado Springs, CO, 2013.
28. 'To Infinity ... and Beyond!' Principles of Talent Development (Gilbert, W.). Keynote presentation at the 3<sup>rd</sup> Arizona National Strength and Conditioning Conference held in Phoenix, AZ, 2013.
27. A Systems Approach to Coach Education and Athlete Development (Gilbert, W.). Keynote presentation at the 2<sup>nd</sup> International Conference on Coaching Youth in Sport held in Porto, Portugal, 2013.
26. Talent Engineering: An Integrated Approach to Coach and Athlete Development (Gilbert, W.). Keynote presentation at the National Coaching Conference held in Colorado Springs, CO, 2013.
25. 'To Infinity ... and Beyond!' Principles of Talent Development (Gilbert, W.). Inaugural Distinction Lecture held March 5 at California State University, Fresno, 2013.
24. Integrated Coach Development: A Systems Approach to Elite Sport Coach Development (Gilbert, W.). International Convention on Science, Education and Medicine in Sport held in Glasgow, Scotland, 2012.
23. Learning Communities in Action: Observations from Pilot Studies in Youth Sport Settings. (Bertram, R., & Gilbert, W.). National Coaching Conference held in Colorado Springs, CO, 2011.
22. The Development of Coaching Effectiveness and Implications for Youth Development (Gilbert, W.). Keynote presentation at the Congress of the International Association of Physical Education in Higher Education held in A Coruna, Spain, 2010.
21. Panel on Promoting Active Lifestyle from School, Sport and Social Perspectives (Gréhaigne, J-F., Cale, L., Gilbert, W., & Trost, S.). Congress of the International Association of Physical Education in Higher Education held in A Coruna, Spain, 2010.
20. Lifelong Physical Activity Promotion through the SHAPE Collaborative (Gilbert, W., Smith, A., & Gilbert, J.). California Association for Health, Physical Education, Recreation and Dance held in March in Sacramento, CA, 2007.
19. Body Appearance and Physical Activity Attitudes and Behaviors among Urban Middle School Youth (Smith, A., Gilbert, W., Gilbert, J., Pettitt, R., & Baldis, M.). North and Southwest Sport and Exercise Psychology Symposium held in February in Salt Lake City, UT, 2007.
18. Advances in Coaching Science and Physical Activity Promotion. (Gilbert, W.). Association for the Advancement of Applied Sport Psychology, held in September in Miami, FL, 2006.
17. SHAPE: School-based healthy activity program for exercise. (Gilbert, W., McCord, S., Arenz, B., Coles, M., Gilbert, J., Pettitt, R., Tsouloupas, C., Smith, A., DeAmaral, J., &

- Pangrazi, R.). California Association for Health, Physical Education, Recreation and Dance held in March in Garden Grove, CA, 2006.
16. School-based Healthy Activity Program for Exercise. (Gilbert, W.). Nurturing Responsive Health Policy in Central California: Proposals for Action Research, held on December 1 in Fresno, CA, 2005.
  15. School-based Healthy Activity Program for Exercise. (Gilbert, W.). Report to the Civic Engagement Forum held on October 6 in Fresno, CA, 2005.
  14. School-based Healthy Activity Program for Exercise. (Gilbert, W.). Report to the community at the Obesity Summit held on September 14 in Fresno, CA, 2005.
  13. Helping coaches become reflective practitioners. (Trudel, P., & Gilbert, W.). The 8th European Network of Sports Science, Education and Employment Forum held in September in Limerick, Ireland, 2005.
  12. Coaching styles of championship collegiate basketball coaches: A case study. (Martinez, D., & Gilbert, W.). Central California Research Symposium held in April in Fresno, CA, 2005.
  11. School Based Healthy Activity Program for Exercise (SHAPE). (McCord, S., & Gilbert, W.). University Donor Expo, held in April in Fresno, CA, 2005.
  10. Developing and implementing sport psychology services to coaches and athletes. (Gilbert, W., & Gilbert, J.). California Association for Health, Physical Education, Recreation, and Dance held in March in Monterey, California, 2005.
  9. Psychological skills training curriculum for secondary school student-athletes. (Gilbert, W., Kerr, S., Lichtenwaldt, L., Martinez, D., Mattox, K., McRae, A., Reeves, S., Tsouloupas, C.). University Expo – WASC Accreditation, held in October in Fresno, CA, 2004.
  8. A partnership learning program for sport coaches. (Gilbert, W., & Barton, D.). California Association for Health, Physical Education, Recreation, and Dance held in March in Sacramento, California, 2003.
  7. Careers in sport psychology. (Gilbert, J., Gilbert W., & Hamel, T.). KPC Kinesiology Conference, held in October in Fresno, CA, 2002.
  6. An overview of three decades of research with coaches: 1970-2001. (Gilbert, W., Conway, M., Niino, A., & Perry, N.) American Association for Health, Physical Education, Recreation, and Dance held in April in San Diego, California, 2002.
  5. Sport psychology for track and field coaching. (Gilbert, W., Cheema, R., Gilbert, J.N., & Hamel, T.) Center for Excellence Track and Field Clinic held in December in Fresno, California, 2001.
  4. Fresno State vision for sport psychology research and practice. (Gilbert, W.). Bay Area Sport Psychology Meeting held in May in Hayward, CA, 2001.
  3. Coach and athletic trainer communication: Creating shared frames of reference.

(Gilbert, W.). California Athletic Trainers' Association, Region 3 Spring Meeting held in March in Fresno, CA, 2001.

2. Are you ready for the challenge? Typical youth sport coaching issues and the strategies used by model coaches. (Gilbert, W.). Invited presentation, Fresno State University Spring Physical Education Workshop, held in February in Fresno, California, 2000.
1. Limits of our knowledge about youth sport: Examples from ice hockey. (Trudel, P., & Gilbert, W.). Invited presentation, Research seminar with Dr. Rolf Carlson, held in November in Stockholm, Sweden, 1999.

*Non-refereed*

24. Coaching effectiveness in action: Behavioral profile of a successful collegiate basketball coach. (W. Gilbert, T. Hamel, M. Emmett, & B. Nasti). College of Health and Human Services Research and Creative Activities Showcase held on May 2 in Fresno, CA, 2012.
23. Effective coaching in action: Case study of a successful elite basketball coach. (W. Gilbert & T. Hamel). College of Health and Human Services Research and Creative Activities Showcase held on May 3 in Fresno, CA, 2011.
22. Including your engaged research and professional service into your RTP file. (W. Gilbert). Service Learning Seminar held on December 4, 2009 in Fresno, CA.
21. Three decades of coaching science: 1970-2001. (Gilbert, W., Conway, M., Niino, A., & Perry, N.). Southwest Sport and Exercise Psychology Symposium held in April in Fresno, CA, 2002.
20. 30 years of coaching science: An update. (Gilbert, W., Conway, M., Niino, A., & Perry, N.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
19. Sport psychology consulting in central California. (Marchbanks, G., & Gilbert, W.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
18. Talent development in successful high school softball coaches: A proposal. (Niino, A., & Gilbert, W.). Bay Area Sport Psychology Meeting held in October in Moraga, CA, 2001.
17. Developing positive coach-athlete relationships with male and female athletes: Approaches used by successful collegiate coaches. (Kulikov, N., & Gilbert, W.). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
16. Defining and achieving balance for mothers in athletics. (Rice, L., & Gilbert, W.). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
15. Developing talent through the Wheel of Excellence and the Pyramid of Success. (Class of KINES 250T). Southwest Sport and Exercise Psychology Symposium held in April in Fullerton, CA, 2001.
14. Mapping the development of coaching excellence. (Gilbert, W., & Mowjood, S.). Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.

13. Current research at the International Center for Talent Development. (Gilbert, W., Babkes, M., Beals, K., Seder, D., & Scanlan, T.). Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
12. Mental skills used by firefighters. (Hamel, T., & Gilbert, W.) Western Sport and Exercise Psychology Symposium held in April in Los Angeles, California, 2000.
11. Benching athletes as a youth sport coaching strategy: Implications for youth development. (Gilbert, W.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1999.
10. Resolution of sport psychology issues by youth soccer coaches (Gilbert, W., Gilbert, J., & Trudel, P.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1998.
9. Analyse du processus d'intervention pédagogique des entraîneurs de hockey amateur (Lapierre, M., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 15 at Université de Québec a Montreal, Canada, 1997.
8. Tools used to measure the effects of a coach education course (Gilbert, W., Trudel, P., Seaborn, P., & Haughian, L.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
7. Investigating coaches' knowledge structures using systematic observation (Seaborn, P., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
6. Decision-making factors related to a youth ice hockey coach during games (Haughian, L., Trudel, P., & Gilbert, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
5. Athletic scholarships: Perspectives of Canadian NCAA hockey players (Chouinard, N., Gilbert, W., Draper, S., & Blann, W.). L'Association Québécoise des Sciences de l'Activité Physique held on March 16 at l'Université du Québec a Trois-Rivières, Canada, 1996.
4. A survival guide to field research (Gilbert, W., Boyd, D., Gaumont, S., Haughian, L., Lapierre, M., Seaborn, P., & Wilcox, S.). Eastern Canada Sport and Exercise Psychology Symposium held in March in Ottawa, Canada, 1996.
3. An inductive analysis of intramural ice hockey officiating: A case study (Gilbert, W., Trudel, P., & Bloom, G.). L'Association Québécoise des Sciences de l'Activité Physique held on March 11 at Laval University, Canada, 1995.
2. The use of stimulated recall interviews as a data collection technique in physical education and sport environments (Gilbert, W., & Trudel, P.). L'Association Québécoise des Sciences de l'Activité Physique held on March 5 in Ottawa, 1994.
1. An analysis of on-ice activities in novice hockey at the house league and competitive levels of play (Chouinard, N., Gilbert, W., Lamothe, R., Trudel, P., & Joannette, Y.).

## WEBINARS

Gilbert, W. *Off-Season: Recharging and Improving for Next Year*. Webinar, 2016, December 14. Retrieved from <http://www.humankinetics.com/human-kinetics-coach-education-webinars/human-kinetics-coach-education-webinars/off-season-recharging-and-improving-for-next-year>

Gilbert, W. *End-of-Season: Assessing Progress Toward Achieving the Vision*. Webinar, 2016, November 16. Retrieved from <http://www.humankinetics.com/human-kinetics-coach-education-webinars/human-kinetics-coach-education-webinars/end-of-season-assessing-progress-toward-achieving-the-vision>

Gilbert, W. *In-Season: Guiding Athletes and Teams to Peak Performance*. Webinar, 2016, October 19. Retrieved from <http://www.humankinetics.com/all-webinars/all-webinars/in-season-guiding-athletes-and-team-to-peak-performance>

Gilbert, W. *Pre-Season: Establishing a Purpose and Culture*. Webinar, 2016, September 28. Retrieved from <http://www.humankinetics.com/all-webinars/all-webinars/pre-season-establishing-a-purpose-and-culture>

Gilbert, W. *Building a Culture of Competitive Excellence*. Prepared for USOC coach education. Webinar, 2016, January 4.

Gilbert, W. *Raising the Performance Bar through the Season*. Webinar, 2015, November 19. Retrieved from <http://www.humankinetics.com/human-kinetics-coach-education-webinars/human-kinetics-coach-education-webinars/raising-the-performance-bar-through-a-season>

Gilbert, W. *Coaching Your Best in Competitions*. Webinar, 2015, October 22. Retrieved from <http://www.humankinetics.com/human-kinetics-coach-education-webinars/human-kinetics-coach-education-webinars/coaching-your-best-in-competitions>

Gilbert, W. *Coaching Athletes to Perform at their Mental Peak*. Webinar, 2015, October 1. Retrieved from <http://www.humankinetics.com/human-kinetics-coach-education-webinars/human-kinetics-coach-education-webinars/helping-athletes-perform-at-their-mental-peak>

Gilbert, W. *Cultivating Mutual Trust and Cohesion on Teams*. Webinar, 2015, March 25. Retrieved from <http://www.humankinetics.com/all-webinars/all-webinars/cultivating-mutual-trust-and-cohesion-on-teams>

Gilbert, W. *Putting Athletes' Interest First for More Powerful Coaching*. Webinar, 2015, February 25. Retrieved from <http://www.humankinetics.com/all-webinars/all-webinars/putting-athletes-interests-first-for-more-powerful-coaching>

Gilbert, W. *Demonstrating Core Values and Clear Purpose in Coaching*. Webinar, 2015, January 28. Retrieved from <http://www.humankinetics.com/all-webinars/all-webinars/demonstrating-core-values-and-clear-purpose-in-coaching>

Gilbert, W. *Coaching Smart: Using Quality Research and Best Practices to Excel in Sport*. Webinar, 2014, December 3. Retrieved from <http://www.humankinetics.com/all-webinars/all-webinars/coaching-smart-using-quality-research-and-best-practices-to-excel-in-sport>

## GRANTS AND CONTRACTS

- 2015** Revision of Introduction to Coaching coach education program, LA84 Foundation (W. Gilbert, J. Gilbert, & T. Hamel) (\$11,620)
- 2014** Building a System of Continuous Improvement for Sport Coaches – Phase IV, Fresno High School, Fresno (\$7,450)
- 2013** Faculty Research and Creative Activity Support Funds, California State University, Fresno, College of Health and Human Services (W. Gilbert) (\$1,200)
- 2013** California State University, Fresno, Robert and Norma Craig Fellowship, (J. Motenko & W. Gilbert) (\$1,000)
- 2013** Faculty Research and Creative Activity Support Funds, California State University, Fresno, College of Health and Human Services (W. Gilbert) (\$1,350)
- 2012** Building a System of Continuous Improvement for Sport Coaches – Phase III, Fresno High School, Fresno (\$7,785)
- 2012** Faculty Research and Creative Activity Support Funds, California State University, Fresno, College of Health and Human Services (W. Gilbert) (\$1,380)
- 2012** California State University, Fresno, Robert and Norma Craig Fellowship, (N. Dubina & W. Gilbert) (\$640)
- 2012** Building a System of Continuous Improvement for Sport Coaches – Phase II, Fresno High School, Fresno (\$5,000)
- 2012** Undergraduate Research Grant, California State University, Fresno (P. Yang & W. Gilbert) (\$1,000)
- 2011** California State University, Fresno, Robert and Norma Craig Fellowship, (M. Emmett & W. Gilbert) (\$640)
- 2011** Faculty Research and Creative Activity Support Funds, California State University, Fresno, College of Health and Human Services (W. Gilbert, T. Hamel) (\$1,335)
- 2011** Building a System of Continuous Improvement for Sport Coaches, Fresno High School, Fresno (\$4,020)
- 2011** Graduate Assistant Awards, California State University, Fresno, Division of Graduate Studies (W. Gilbert, M. Emmett, B. Nasti, & N. Dubina) (\$6,000)
- 2010** Faculty Research and Creative Activity Support Funds, California State University, Fresno, College of Health and Human Services (W. Gilbert, T. Hamel) (\$1,743)



- 2010** Undergraduate Research Grant, California State University, Fresno (B. Riddle, & W. Gilbert) (\$1,000)
- 2010** Ongoing Professional Development for Sport Coaches, Edison High School, Fresno (\$1,685)
- 2010** Graduate Assistant Awards, California State University, Fresno, Division of Graduate Studies (W. Gilbert, R. Bertram, & M. Emmett) (\$2,880)
- 2010** Graduate Assistant Awards, California State University, Fresno, Division of Graduate Studies (W. Gilbert, R. Bertram, & M. Lasota) (\$4,000)
- 2009** California State University, Fresno, Robert and Norma Craig Fellowship, (S. Rangeon & W. Gilbert) (\$800)
- 2009** Social Sciences and Humanities Research Council of Canada, (P. Trudel, T. Forneris, D. Culver, P. Werthner, W. Gilbert; *Implementation of an action plan for the overall development of student-athletes*) (\$125,164 Cdn)
- 2008** California State University, Fresno, eScholars Program (\$2,500)
- 2006** California State University, Fresno, Civic Engagement and Students for Community Service Office, Community Based Participatory Research Mini-Grant (\$2,000)
- 2006** California State University, Fresno, Robert and Norma Craig Fellowship, (M. Barrie & W. Gilbert) (\$860)
- 2006** Fresno County Healthy Families Childhood Obesity Prevention Grant Program, Health Net of California, Inc. (\$12,798)
- 2006** California State University, Fresno, Associated Students, Instructionally Related Activities Grant (\$2,200)
- 2005** Research Sponsorship, Walk4Life Inc. (\$3,300)
- 2006** Social Sciences and Humanities Research Council of Canada, (P. Trudel, N. Durand-Bush, P. Werthner, W. Gilbert, Cloes, M.) (\$99,474 Cdn)
- 2006** Education Grant, Health Net and Cooper Middle School (\$1,700)
- 2006** Inter-institutional Collaborative Research Award, College of Health and Human Services, California State University, Fresno (\$10,000)
- 2005** California State University, Fresno, Civic Engagement and Students for Community Service Office, Engaged Scholarship Mini-Grant (\$600)
- 2005** California State University, Fresno, Robert and Norma Craig Fellowship, (A. Smith & W. Gilbert), (\$900)

- 2005** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$1,000)
- 2005** Research Sponsorship, Walk4Life Inc. (\$6,000)
- 2005** Association for the Advancement of Applied Sport Psychology, Research Grant (\$700)
- 2005** California State University, Fresno, Associated Students, Instructionally Related Activities Grant (\$7,000)
- 2005** California State University, Fresno, Community-Based Research Mini-Grant, Civic Engagement and Students for Community Service Office (\$2,000)
- 2004** California State University, Fresno, Central California Children's Institute, Faculty Research Fellowship (\$10,000)
- 2004** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$986)
- 2004** California State University, Fresno, Service-Learning Research Grant, Civic Engagement and Students for Community Service Office (\$500)
- 2004** National Association for Sport and Physical Education, Undergraduate Guidelines for Sport Psychology Course Content (Gano-Overway, L., Magyar, M., Smith, A. L., Gilbert, W., Stuart, M.). (\$300)
- 2004** California State University, Fresno, Robert and Norma Craig Fellowship, (D. Neer & W. Gilbert) (\$1,000)
- 2003** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$742)
- 2003** California State University, Fresno, Robert and Norma Craig Fellowship, (A. McRae & W. Gilbert) (\$1,000)
- 2002** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$954)
- 2002** California State University, Fresno, Robert and Norma Craig Fellowship, (B. Hansen & W. Gilbert), (\$1,000)
- 2002** Social Sciences and Humanities Research Council of Canada, (P. Trudel, N. Durand-Bush, J. Harvey, P. Werthner, & W. Gilbert), (\$115,000 Cdn)
- 2002** California State University, Fresno, Robert and Norma Craig Fellowship, (M. Conway & W. Gilbert), (\$1,000)
- 2001** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$975)

- 2001** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$954)
- 2001** California State University, Fresno, Robert and Norma Craig Fellowship, (A. Niino & W. Gilbert), (\$1,000)
- 2001** American Alliance for Health, Physical Education, Recreation and Dance, Research Consortium, Seed Grant (\$4,887)
- 2000** California State University, Fresno, College of Health and Human Services, Faculty Research Support Funds (\$736)

### **RECOGNITIONS AND AWARDS**

- 2018** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Fall 2018)
- 2017** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Fall 2017)
- 2016** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Fall 2016)
- 2016** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Spring 2016)
- 2015** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Spring 2015)
- 2013** Faculty Mentor Award, College of Health and Human Services, California State University, Fresno
- 2013** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Fall 2013)
- 2013** Distinction Lecture, Fresno State Talks Lecture Series, California State University, Fresno
- 2012** Faculty Mentor Award, College of Health and Human Services, California State University, Fresno
- 2012** Faculty Recognition Program, College of Health and Human Services, California State University, Fresno
- 2012** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Fall 2012)
- 2012** Fresno County / KSEE 24 Educator of the Week

- 2011** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Fall 2011)
- 2010** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 2010** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Spring 2011)
- 2009** Provost's Faculty Scholarship Support Award, California State University, Fresno (one course release time, Spring 2010)
- 2008** Honor Society of Phi Kappa Phi
- 2007** California State University, Fresno, Civic Engagement and Students for Community Service Office, Spirit of Service Award
- 2007** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 2006** California State University, Fresno, CSU Research, Scholarship, and Creative Activity Award (\$5,000)
- 2006** Invited Participant, [Experts Workshop on Pedagogical and Didactic Tools to Achieve the Millennium Development Goals through Sports and Physical Education Training, United Nations](#)
- 2006** *The Sport Psychologist*, Invited Guest Editor, Special Issue on Coach Education
- 2006** Dorothy V. Harris Memorial Award, Association for the Advancement of Applied Sport Psychology
- 2006** Outstanding Advisor, Fresno State Leadership Program, California State University, Fresno
- 2006** Promising New Faculty Award, Office of the Provost, California State University, Fresno (\$3,000)
- 2005** California State University, Fresno, CSU Research, Scholarship, and Creative Activity Award (\$5,000)
- 2005** Certificate of Recognition for Achievements in Research, Scholarship, and Creative Activity, College of Health and Human Services, California State University, Fresno
- 2004** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 2002** Presidential Citation, Association for the Advancement of Applied Sport Psychology

- 2002** California State University, Fresno, CSU Research, Scholarship, and Creative Activity Award (\$5,000)
- 2002** California State University, Fresno, Outstanding Faculty Publication, Department of Kinesiology
- 1998-99** Social Sciences and Humanities Research Council Doctoral Fellowship
- 1998-99** University of Ottawa Excellence Scholarship
- 1997-98** Ontario Graduate Scholarship
- 1997-98** University of Ottawa Excellence Scholarship

### **THESES / PROJECTS / INDEPENDENT STUDIES**

#### *Chair*

- 2017-2018** Well-being Toolkit for Higher Performance Coaches. (George Robinson). California State University, Fresno.
- 2017-2018** Induction Program for Newly Hired Coaches in Fresno Unified School District. (Tyler Munoz). California State University, Fresno.
- 2017-2018** Relationship between Coaches' Expectancies and Athletes' Mental Toughness in a High School Sport Setting. (Anthony Perez). California State University, Fresno.
- 2017-2018** Positive Youth Development Guidebook for Youth Softball Coaches. (Shanice Anderson). California State University, Fresno.
- 2017** Onward and Forward: Mindsets of Elite Ultra-Endurance Athletes. (Tyler Baxley). California State University, Fresno.
- 2017** Building a Championship Culture: A First Year Varsity Baseball Coach's Journey. (Gustavo Vega). California State University, Fresno.
- 2016-2017** Multidimensional Priming (MDP) for Brain Activation and Optimal Performance (Varoojan Mirzayan). California State University, Fresno.
- 2016-2017** Intramural Multisport Curriculum for Elementary and Middle School Students. (Gabriel Wiest). California State University, Fresno.
- 2016-2017** The 'Yips' in Division 1 Collegiate Sports: Prevalence, Conditions, and Factors. (Kei Sata). California State University, Fresno.
- 2016-2017** How Varsity Interscholastic Sport Coaches Manage Athlete Development in Overmanned Competitive Sport Setting (Jason Sakihara). California State University, Fresno.

- 2015- 2016** Correlation between Autonomy-Supportive Coaching Behaviors and Perceptions of Athlete Development (Alphonso Thompson). California State University, Fresno.
- 2013-2015** Coaching Models in Action in High Performance Soccer (Joao Oroso). University of Porto, Portugal.
- 2013-14** Long-term Athlete Development Guide for Coaches of Swimmers under 12 Years of Age (Rebecca Atchley). California State University, Fresno.
- 2013-14** A Coaches' Guide for Building Team Cohesion in Division 1 Women's Basketball (Emma Andrews). California State University, Fresno.
- 2013-14** An Athlete Development Guide for High School Baseball Stakeholders (Chris Mallory). California State University, Fresno.
- 2013-14** Profile and Meaning of P-Touch in Collegiate Women's Basketball: A Case Study (Inge Milius). California State University, Fresno.  
**\*Outstanding Thesis Award, Department of Kinesiology, 2013-2014**
- 2012** Creating an Operating Protocol for an Integrated Development System for High School Athletics (Nadine Dubina). California State University, Fresno.
- 2012** Teaching Speed of Play in Women's Collegiate Soccer: A Coaching Guide (Barbara Hansen). California State University, Fresno.
- 2011-12** A Systematic Observation Analysis of Autonomy-Supportive Competition Behavior Displayed by an Elite Team Sport Coach (Breanne Nasti). California State University, Fresno.
- 2011-12** Teaching Behavior Profile of an Effective Elite Team Sport Coach (Matthew Emmett). California State University, Fresno.
- 2010-11** Impact of Learning Community Participation on High School Sport Coaches' Knowledge (Rachael Bertram). California State University, Fresno.
- 2010-11** Texting Yoga: Creating a Text Book for a Beginning Community College Yoga Course (Valerie Ehrlich). California State University, Fresno.  
**\*Outstanding Project Award, College of Health & Human Services, 2011-2012**
- 2009-10** Tracing the Origins of Coaching Science: A Citation Path Analysis (Sandrine Rangeon). California State University, Fresno.  
**\*Outstanding Thesis Award, College of Health & Human Services, 2010-2011**
- 2009-10** A Resource Guide for Leadership in Elite Team Sports (Mark Lasota). California State University, Fresno.
- 2007-08** Sport and the United Nations Millennium Development Goals (Alisa Boon). California State University, Fresno.
- 2006-07** The College Quarterback's Guide to Mental Toughness (Jeff Grady). California State University, Fresno.

- 2006-07** Body Appearance and Physical Activity Attitudes and Behaviors among Urban Middle School Youth (Adam Smith). California State University, Fresno.
- 2006** Evaluation of SHAPE: A case study (Amber Finnegan). California State University, Fresno.
- 2005-06** School-based social-psychological intervention to promote fitness efficacy (Costas Tsouloupas). California State University, Fresno.
- 2005-06** Developmental pathways in high school individual and team sport coaches (Luke Lichtenwaltdt). California State University, Fresno.
- 2005-06** Coaching styles of successful Division 1 basketball coaches (Diana Martinez). California State University, Fresno.
- 2005-06** Faculty Mentor, McNair Program (Adam Smith). California State University, Fresno.
- 2005-06** 20 years of sport psychology research and practice (Wendy Baxter). California State University, Fresno.
- 2005-06** SHAPE: School-based healthy activity program for exercise (Sarah McCord). California State University, Fresno.  
**\*Outstanding Thesis Award, Department of Kinesiology, 2005-2006**
- 2004-05** Coaching Styles of Championship Professional Sport Coaches (Amy McRae). California State University, Fresno.
- 2004-05** Mental Training Resource Manual for College Soccer (Erik Farfan). California State University, Fresno.
- 2004-05** Mental Training Resource Manual for Community College Golf (Dave Neer). California State University, Fresno.
- 2003-04** Development of a Regional Occupational Program (ROP) in Sports Medicine for the Secondary Level (Anja Moeller). California State University, Fresno.
- 2003-04** Faculty Mentor, McNair Program (Diana Martinez). California State University, Fresno.
- 2003-04** Mental Training Program for Private Fitness Centers (Jeremy Davis). California State University, Fresno.
- 2003-04** Behaviors of Successful High School Girls' Golf Coaches during Training (Sharon Kerr). California State University, Fresno.
- 2003-04** Psychological Skills Training for Track & Field (Crystal Johnson, Kristen Mattox, Sarah Meyer). California State University, Fresno.

- 2003-04** Psychological Skills Training for Fencing (Crystal Johnson, Kristen Mattox, Sarah Meyer). California State University, Fresno.
- 2002-03** A Reflective Practicum for Sport Pedagogy: Fostering Professional Development in Youth Sport Coaches (David Barton). California State University, Fresno.
- 2002** Talent development in successful junior college football coaches (Fred Biletnikoff). California State University, Fresno.
- 2002-03** Meaning of motivational strategies used by successful college coaches of men's basketball (Brent Hansen). California State University, Fresno.
- 2002** Talent development in successful college volleyball coaches (Merrilee Conway). California State University, Fresno.
- 2002** Talent development in successful high school softball coaches (Allyson Niino). California State University, Fresno.
- 2001** Performance enhancement consulting in central California (Greg Marchbanks). California State University, Fresno.
- 2001** Strategies used by Division I female athletic trainers to balance family and career demands (Leana Rice). California State University, Fresno.
- 2001** Developing positive interpersonal relationships with male and female athletes: Approaches used by successful Division I collegiate coaches (Nicole Kulikov). California State University, Fresno.

*Committee Member*

- 2018** Professional development for Canadia rugby coaches (Beth Barz). External reviewer, masters of arts in leadership thesis, Royal Roads University, Canada.
- 2018** Development, delivery, and assessment of a humanistic coaching workshop and its impact on youth development (William Falcoa). External reviewer, doctoral dissertation, McGill University, Canada.
- 2018** Correlation between squat strength and sprinting in collegiate football players (Eric Guy). California State University, Fresno.
- 2017-2018** Investigating student-athlete burnout through coach-athlete relationships and gratitude (Jeffrey Ruser). California State University, Fresno.
- 2017-2018** Effect of a Mindful Meditation intervention on self confidence and readiness in baseball players (Blake Costalupes). California State University, Fresno.
- 2016-2017** Fitness testing and profiles of junior college female soccer players (Haylee Koch). California State University, Fresno.



- 2016** Striving for success: A HEI case study exploring the dual careers of elite athletes studying in higher education (Charlotte Elizabeth Luch). External reviewer, doctoral dissertation research proposal, University of Worcester, UK.
- 2015** The relationship between resilience and NCAA swimming times: Does it contribute to peak performance? (Igor Kowal). California State University, Fresno.
- 2015** Knowledge and routines of NCAA hockey coaches during intermissions (Julia Allain), Master's thesis, McGill University, Canada
- 2015** The relationships between mindful self-compassion and pre-competition, facilitative state-anxiety among NCAA women's equestrian team athletes (Nathan Lee). California State University, Fresno.
- 2014** Promoting a psychological need-supportive environment: An investigation into changing behavior (Joseph Occhino). External reviewer, doctoral dissertation, The University of Queensland, Australia.
- 2014** Understanding coaches' learning: Process, practice and impact (Anna Stodter). External reviewer, doctoral dissertation, Loughborough University, United Kingdom
- 2013** A survey of high school sport coaches' and physical educators' strength and conditioning practices and methodologies (Joye Glassett). California State University, Fresno.
- 2013** Resources available to assist collegiate student-athletes in their transition out of competition (Alexandra Clifton). California State University, Fresno.
- 2013** Athletic identify, team role, and reasons for continued sport involvement of high school varsity team sport athletes (Katherine Contrestano). California State University, Fresno.
- 2013** The effects of moderate to vigorous intensity exercise on concentration (Hayden Lyon). California State University, Fresno.
- 2013** Topics in student-coach reflective journals: A study on coach reflection during undergraduate internships (Andrea Woodburn). External reviewer, doctoral dissertation, Laval University, Canada
- 2012** Examining sports coaching philosophy: Implications for policy, pedagogy and practice (Kylie Anne Wehner). External reviewer, doctoral dissertation, Deakin University, Australia
- 2012** Master's swimmers perceptions of coaching (Gillian Ferrari), Master's thesis, McGill University, Canada
- 2012** Feel Good Fitness: Pilot the exercise program and developing a business plan (Edward Kraus). California State University, Fresno.
- 2011** A positive youth development coach education program and the United Nations

Millennium Development Goals (William Falcão), Master's thesis, McGill University, Canada

- 2011** Barriers and incentives to exercise and physical activity: A descriptive study of why people fail to exercise and how to motivate them (Katie Williamson). California State University, Fresno.
- 2010** Perceived wellness in injured collegiate student-athletes and its association with mood state, readiness and rehabilitation adherence (Bryan Crutcher). California State University, Fresno.
- 2010** Uncovering the essence of music in exercise experiences (Melissa Flores). California State University, Fresno.
- 2010** Extreme sport athletes' perceptions about sport psychology and use of mental skills (Sean Chamberlain). California State University, Fresno.
- 2010** Managing the career development of Australian coaches (Andrew Dawson). External reviewer, doctoral dissertation, Deakin University, Australia
- 2009** The use of Coaching Behaviour Scale - Sport in evaluating and developing the work of high performance basketball coaches in Singapore (Koon Teck Koh). External reviewer, doctoral dissertation, University of Queensland, Australia
- 2009** A mental training guidebook using deliberate practice for college golf (Chris Hall). California State University, Fresno.
- 2009** Assessment of the UNIFORM approach with college students enrolled in a swim activity course (Brittany Glynn). California State University, Fresno.
- 2009** Psychological skills training for exercise adherence (Jack McCormick). California State University, Fresno.
- 2008** Opportunities and Engagement: Coach Learning at the Queensland Academy of Sport (Steven Rynne). External reviewer, doctoral dissertation, University of Queensland, Australia
- 2007** The psychological UNIFORM approach for a mental skills training intervention with community college softball players (Colleen Horn). California State University, Fresno.
- 2006** The pressure of being a collegiate athlete: A struggle to balance academics and athletics (Alan Bontya). California State University, Fresno.
- 2006** The Uniform: A high school sport psychology intervention (Brittany Loney). California State University, Fresno.
- 2005** Spirituality and sport commitment (Mary-tyler Wahl). California State University, Fresno.

- 2005** NCAAA Division 1 athletic directors' attitudes toward sport psychology consulting (Kelly Wilson). California State University, Fresno.
- 2004** Professional training programs for athletic trainers (Nancy Furcsik). California State University, Fresno.
- 2004** Coping methods of Division 1 female team sport athletes (Stephanie Reeves). California State University, Fresno.
- 2004** Attributional styles of exercisers versus non-exercisers (Josh Muller). California State University, Fresno.
- 2004** Making the coach, parent, athlete relationship a positive experience for all (Martin Bitter). California State University, Fresno.
- 2004** Sports specialization in youth sports before adolescence (Cindy Bitter). California State University, Fresno.
- 2004** Perceptions of high school female athletics: The lesbian label, homophobia and sport participation (Kristen Mattox). California State University, Fresno.
- 2003** The effects of caffeine on middle distance running (Darpan Patal). California State University, Fresno.
- 2003** Effect of sports massage on range of motion, peak torque, and time to peak torque (Valerie Johnson). California State University, Fresno.
- 2003** Electromyographic comparison of abdominal exercises on a stable and unstable surface (Benjamin Pugh). California State University, Fresno.
- 2003** Sources of stress and coping strategies of Division 1 female athletes (Crystal Johnson). California State University, Fresno.
- 2002** Assessment of physical education programs in elementary schools (Sarah Meyer). California State University, Fresno.
- 2002** Comparison of team cohesion and social support networks of female athletes in coeducational versus single-sex environments (Coreen Harada). California State University, Fresno.
- 2002** Effect of learning environment on intrinsic motivation in physical education (Jennifer Blanchfield). California State University, Fresno.
- 2001** National Football League scouting procedures (Mike Sholiton). California State University, Fresno.
- 2001** Exercise-induced hypohydration and isokinetic muscular strength and endurance (Brian Renna). California State University, Fresno.
- 2001** Breaches of duty in high school sport (Claire Boykin). California State University, Fresno.

**2001** Retirement among NCAA baseball athletes (Lisa Collet). California State University, Fresno.

## **OTHER ACADEMIC SERVICE**

### *Editorial Boards and Advisory Service*

**2015-present** **Member**, Football Development Advisory Board, USA Football

**2013-present** **Editor-in-Chief**, International Sport Coaching Journal

**2009-present** **Chair, Applied Research Advisory Committee**, *BeLikeCoach, Inc.*

**2015-2016** **Taskforce Chair**, Updating the National Standards for Sport Coaches, SHAPE America

**2011-2014** **Associate Editor**, Journal of Sport Psychology in Action

**2012-2014** **Member**, John F. Kennedy University Advisory Council for the Sport Psychology Program

**2012-2013** **Associate Editor**, Journal of Coaching Education

**2011-2013** **Editorial Board Member**, Quest

**2011-2013** **Editorial Board Member**, Sports Coaching Review

**2011-2012** **Editorial Board Member**, Journal of Coaching Education

**2010** **Editorial Board Member**, Journal of Sport Psychology in Action

**2004-2011** **Editorial Board Member**, The Sport Psychologist

**2005-2011** **Editorial Board Member**, International Journal of Sports Science & Coaching

**2007-2010** **Advisory Board Member**, Podium Sports Journal

**2006-2011** **Editorial Board Member**, International Journal of Coaching Science

**2002-2005** **Section Editor - Coaching**, PELINKS4U

**2001-2009** **Editorial Board Member**, Asian Journal in Exercise and Sports Science

### *Professional Reviews*

**2012-present** **Guest Reviewer**, Strength and Conditioning Journal

**2011-2015** **Guest Reviewer**, Psychology of Sport & Exercise

- 2011**            **Reviewer**, Center for Leadership in Athletics Working Paper Series
- 2010-2015**    **Guest Reviewer**, Journal of Sports Science and Medicine
- 2010-2015**    **Guest Reviewer**, Qualitative Research in Sport and Exercise
- 2010-2015**    **Guest Reviewer**, Strategies
- 2004-2015**    **Guest Reviewer**, International Journal of Sport and Exercise Psychology
- 2005-2015**    **Guest Reviewer**, Research Quarterly for Exercise and Sport
- 2002-2015**    **Guest Reviewer**, Journal of Applied Sport Psychology
- 2006-2015**    **Reviewer**, Annual Conference Program Review, Association for Applied Sport Psychology (2006, 2009, 2010)
- 2009-2011**    **Reviewer**, Annual Conference Program Review, Research Consortium of AAHPERD (Pedagogy / Psychology)
- 2008**            **Member**, Sport Psychology External Review Team, John F. Kennedy University
- 2009**            **Guest Reviewer**, Physical Education and Sport Pedagogy
- 2009**            **External Reviewer**, Swiss National Science Foundation, Switzerland
- 2004-2005**    **Board Member**, Central Valley Fencing Foundation (Fresno, CA)
- 2005-2007**    **Coordinator**, Coaching Science SIG, Association for the Advancement of Applied Sport Psychology
- 2004-2007**    **Guest Reviewer**, Journal of Sports Sciences
- 2000-2007**    **Guest Reviewer**, Journal of Sport and Exercise Psychology
- 2004-2005**    **Mentor**, Ronald E. McNair Post-Baccalaureate Achievement Program
- 2000-2004**    **Guest Reviewer**, The Sport Psychologist
- 2004**            **Guest Reviewer**, Essential Readings in Sport Psychology, Smith, D., & Bar-Eli, M. (Eds.), Human Kinetics
- 2007**            **Guest Reviewer**, Journal of School Health
- 2004**            **Guest Reviewer**, Mental Training Workbook for Coaches, Vealey, R., Fitness Information Technology
- 2003, 2009**    **Guest Reviewer**, Social Sciences and Humanities Research Council of Canada

- 2001**            **Guest Reviewer**, Perceptual and Motor Skills
- 2001**            **Guest Reviewer**, Motor Learning Interactive Lab Manual, Benjamin Cummings
- 1997 - 2002**    **Guest Reviewer**, Avante
- 1997**            **Guest Reviewer**, American Society for Testing and Materials (ASTM): Safety in Ice Hockey

*University Committees*

- 2013-present**    **Chair, Graduate Scholarship Awards Committee**, California State University, Fresno, Division of Graduate Studies
- 2000-present**    **Coordinator, Graduate Option in Sport Psychology**, California State University, Fresno, Department of Kinesiology
- 2000-present**    **Member, Teacher Preparation Committee**, California State University, Fresno, Department of Kinesiology
- 2000-present**    **Member, Graduate Research Faculty**, California State University, Fresno, Department of Kinesiology
- 2007-present**    **Member, Personnel Committee**, Department of Kinesiology, California State University, Fresno
- 2014**            **Member, Coach of the Year Awards Selection Committee**, United States Olympic Committee (USOC)
- 2010-2014**      **Member, General Option Committee**, Department of Kinesiology, California State University, Fresno
- 2008-2012**      **Member, Scholarship and Awards Committee**, Phi Kappa Phi, California State University, Fresno Chapter
- 2012-2014**      **Chair, Personnel Committee**, Department of Kinesiology, California State University, Fresno
- 2013**            **Member, University Leadership Awards Committee**, California State University, Fresno
- 2001-2012**      **Member, Graduate Scholarship Awards Committee**, California State University, Fresno, Division of Graduate Studies
- 2012-present**    **Faculty Advisor, Fresno State Soccer Club**, California State University, Fresno

- 2012-present**     **Faculty Advisor, Fresno State Tennis Club**, California State University, Fresno
- 2008-2009**     **Member**, Clovis Unified School District Coordinated Health Committee
- 2008-2009**     **Member**, Fresno Unified School District Coordinated Health Committee
- 2008 (Spring)**     **Coordinator – Interim**, Kinesiology Graduate Program, California State University, Fresno
- 2008**             **Member**, Head Women’s Soccer Coach Search Committee, California State University, Fresno
- 2008**             **Chair**, Tenure-Track Assistant / Associate Professor Pedagogy Search Committee, California State University, Fresno
- 2007**             **Member**, Review Committee for Minimum Competencies in Undergraduate Sport and Exercise Psychology Preparation for Pre-Service Physical Education Teachers and Youth Sport Coaches, National Association for Sport and Physical Education
- 2006-07**         **Chair**, Tenure-Track Assistant / Associate Professor Sport Administration Search Committee, California State University, Fresno
- 2006-2009**     **Member**, Student Success Task Force, California State University, Fresno
- 2006-2008**     **Member**, Graduate Student Recognition Taskforce, California State University, Fresno
- 2006-2007**     **Member**, Cooper Middle School Physical Activity Taskforce, Fresno
- 2005-2007**     **Member**, McLane High School Wellness Cooperative, Fresno
- 2005-06**         **Chair**, Tenure-Track Assistant / Associate Professor Sport Psychology / Pedagogy Search Committee, California State University, Fresno
- 2004-2007**     **Member, Executive Committee**, California State University, Fresno, College of Health and Human Services
- 2004**             **Coordinator, Student-Athlete Sport Psychology Curriculum**, McLane High School, Fresno
- 2002-2005**     **Member, Web Development and Promotion Committee**, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2001-2002**     **Chair**, Web Oversight Committee, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2001-2003**     **Executive Board Member**, Fresno Alliance for Physical Education Teachers and Athletics Coaches

- 1998-2001**      **Member of Technology Committee**, Association for the Advancement of Applied Sport Psychology (AAASP)
- 2001**            **Chair, Graduate Research Faculty Membership Guidelines Subcommittee**, California State University, Fresno, Department of Kinesiology
- 2001-2007**      **Faculty Advisor, Student Sport Psychology Club**, California State University, Fresno, Department of Kinesiology
- 2000-2001**      **Member, Test and Evaluation Committee**, California State University, Fresno, Department of Kinesiology
- 1995**            **Member of the Organizing Committee**, World Congress on Mental Training held in Ottawa, Canada, in May 1995.
- 1993**            **Member of the Organizing Committee**, North American Society for the Sociology of Sport Conference held in Ottawa, Canada, in November 1993.

*Invited Guest Lectures*

- 2016**      **Psychology of Leadership and Group Processes (KINES 516)**. Module 6 – Part II: Case Studies of Team Development and Team Building in Sport. October 14. University of British Columbia, Canada.

**COACH AND ATHLETE DEVELOPMENT CONSULTING (listed alphabetically)**

*Australian Rules Football (Brisbane Lions, Richmond Tigers), BeLikeCoach, British Columbia Alpine, British Columbia Rugby, Canadian High Performance Sport Institutes (Atlantic, Manitoba, Pacific), Coaching Association of Canada / Canadian Olympic Association, Coach Logic, Cricket Australia, Fresno State Athletics, Fresno Unified School District, Gaelic Athletic Association, High Performance Sport New Zealand, Hockey Canada, International Council for Coaching Excellence, LA84 Foundation, National Hockey League / National Hockey League Players Association, New Zealand Rugby, Nippon Sport Science University Coach Developer Academy, Rugby League (Melbourne Storm, North Queensland Cowboys, South Sydney Rabbitohs), Sport SG (Singapore), Softball Canada, Sport New Zealand, Sun Valley Ski Education Foundation, Toronto Maple Leafs Hockey Club, United States Olympic Committee (National Team Coach Leadership Education Program), US Navy Test Pilots, US Rowing, US Ski & Snowboard Association, US Soccer, USA Archery, USA Diving, USA Football, Western New York Amateur Football Alliance, World Rugby Union, World Wrestling Entertainment, EXOS (formerly Athletes Performance)*

**MEDIA CONTRIBUTIONS & INTERVIEWS**

*Podcasts*



- 2018** Gaincast Episode 121: Coaching Better. *Gaincast with Vern Gambetta* (June 14). <http://www.hmmrmedia.com/2018/06/gaincast-episode-121-coaching-better-with-wade-gilbert/>
- 2017** Episode 42: Wade Gilbert, PhD – Small Towns, Environmental Engineering, and Developing Better Coaches. *The Athlete Development Show* (December 8). <http://news.autmillennium.org.nz/athlete-development/ep-42/>
- 2017** Episode 33: Best Selling Authors Wade Gilbert and Jerry Lynch Discuss What Quality Coaching Really Looks Like. *Way of Champions Podcast* (October 29). <http://changingthegameproject.com/woc-33-best-selling-authors-wade-gilbert-jerry-lynch-discuss-quality-coaching-really-looks-like/>
- 2017** Episode 105: Better Coaching with Dr. Wade Gilbert. *Smartercoachingllc Podcast*. (February 13). <https://itunes.apple.com/us/podcast/smartercoachingpodcast/id1170738905>
- 2016** Episode 158: Dr. Wade Gilbert. *Whistle and a Clipboard* (December 27). <http://whistleandaclipboard.com/2016/12/27/158-dr-wade-gilbert-is-an-award-winning-professor-and-internationally-renowned-coaching-scientist-in-the-department-of-kinesiology-at-california-state-university-fresno/>
- 2016** Episode 34: Coaching Better Every Season. *The Rugby Coach's Corner Podcast* (December 20). [https://www.podomatic.com/podcasts/rugbycoachscorner/episodes/2016-12-20T06\\_43\\_06-08\\_00](https://www.podomatic.com/podcasts/rugbycoachscorner/episodes/2016-12-20T06_43_06-08_00)
- 2016** GAINcast Episode 7: The Coach Doc with Wade Gilbert (March 24). *HMMR Media*. <http://www.hmmrmedia.com/2016/03/gaincast-episode-7-the-coach-doc-with-wade-gilbert/>

#### *Media Interviews*

- All Sides with Ann Fisher (WOSU / NPR)  
*The Pressures of Being an Athlete* (February 12, 2018)  
<http://radio.wosu.org/post/pressures-being-athlete>
- ABC30 News (television)  
*Children First – Kids and Sport* (May 1, 2016)  
<http://abc30.com/sports/children-first--kids-and-sports/1301018/>
- Azteca America (television)
- Central Valley Today (television)
- ESPN (online)
- Evening Echo (print)
- Fortune Magazine (print)
- Fresno State Weekly (radio)
- KQED (National Public Radio affiliate, San Francisco – radio)
- KYNO (The Drive, Fresno – radio)
- Lifetime Television (online)
- Men's Health Magazine (print)

- Orange County Register (print)
- The Collegian - Fresno (print)
- The Fresno Bee (print)
- Valley Focus – ABC Channel 30 Fresno (television)
- Visalia Times-Delta (print)

## **PROFESSIONAL MEMBERSHIPS / CERTIFICATES**

**CAHPERD:** California Association for Health, Physical Education, Recreation and Dance [current]

**ICCE:** International Council for Coaching Excellence [current]

**ASEP/ CIF Coaching Education Certified Instructor:** American Sport Education Program / California Interscholastic Federation [current]

**AASP:** Association for Applied Sport Psychology [current]

**SHAPE America:** Society of Health and Physical Educators [2000-2016]

## **REFERENCES**

Available upon request