

Dr. Wade Gilbert is an award-winning professor and internationally renowned coaching scientist in the Department of Kinesiology at California State University, Fresno. Born and raised in Canada, he holds degrees in physical education, human kinetics, and education and has taught and studied coaching at the University of Ottawa (Canada), UCLA, and Fresno State. Wade has 25 years of experience in conducting applied research with coaches around the world spanning all sports and competitive levels, from youth leagues to the FIFA World Cup and the Olympic Games. He is widely published, including his recent book *Coaching Better Every Season* (Human Kinetics) and is frequently invited to speak at national and international events. Gilbert is Editor-in-Chief of the *International Sport Coaching Journal* and is a regular contributor to coaching seminars for Olympic and national team coaches in the United States and Canada.