

## Undergraduate Program

### PROGRAM DESCRIPTION

The Athletic Training Major is designed for students with professional goals in athletic training. Our degree program is accredited by the Commission on Accreditation of Athletic Training Education. Upon completion of the degree program, students are eligible to challenge the Board of Certification exam to become a Certified Athletic Trainer. Our program is housed in the Department of Kinesiology and the College of Health and Human Services. The primary mission of the College is to provide professionally orientated education at the baccalaureate level and to provide graduate programs in specialized disciplines related to health and human services.

Our University has a long tradition of producing high quality entry level athletic trainers working in a wide variety of professions in sports medicine. Our curriculum is rich with laboratories and hands-on seminars. In addition, we offer practicum experiences (15 to 20 hours outside of the classroom) providing an opportunity for students to gain experience under the guidance of clinical instructors with diverse backgrounds. We also maintain a staff of graduate student athletic trainers.



### ACADEMIC CURRICULUM

#### Units

<b>General Education</b>		<b>51</b>
<b>Kinesiology Core</b>		<b>13</b>
KINES 20	Fitness Development	1
KINES 32	Lifetime Fitness and Wellness	2
KINES 33	Foundation of Sport & Exercise Psychology	3
KINES 104	Communication & Information Systems	3
KINES 116	Fundamentals of Biomechanics	3
KINES 118	Fundamentals of Exercise Physiology	3
<b>Athletic Training Education Program</b>		<b>56</b>
KINES 38	Introduction to Athletic Training	3
KINES 43	Preliminary Lab in 1 Athletic Training	3
KINES 137	Functional Kinesiology	3
KINES 138A	Injury/Illness Assessment I	3
KINES 138B	Injury/Illness Assessment II	3
KINES 139	Therapeutic Modalities in Athletic Training	3
KINES 140A	Rehabilitative Techniques in Athletic Training I	3
KINES 140B	Rehabilitative Techniques in Athletic Training II	3
KINES 141	Organization & Administration in Athletic Training	3
KINES 142 (a-d)	Seminar in Athletic Training (4 semesters)	3
KINES 143 (a-d)	Practicum in Athletic Training (4 semesters)	2(8)
HS 48	First Responder & Emergency Care	3
NUTR 147	Nutrition and the Athlete	3
PhyAn 64	Human Anatomy	3
PhyAn 65	Human Physiology	5
PhTh 119	Anatomy Appendicular Skeleton	3

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### Athletic Training Education Program – Course Sequence (2007-08)

Year	Fall	Spring
1	KINES 20: Fitness Development 1cr	<b>HS 48: First Responder &amp; Emergency Care 3cr</b> KINES 32: Lifetime Fitness and Wellness 2cr KAC elective (to accompany KINES 32) 1cr
2	KINES 33: Foundation of Sport & Exercise Psychology 3cr <b>KINES 38: Introduction to Athletic Training 3cr</b> <b>KINES 43: Preliminary Laboratory in Athletic Training 1cr</b> <b>PhyAn 64: Human Anatomy 3cr</b>	KINES 104: Communication & Information Systems 3cr PhyAn 65: Human Physiology 5cr
3	KINES 137: Structural Kinesiology 3cr KINES 138A: Injury/Illness Assessment I 3cr KINES 139: Therapeutic Modalities in Athletic Training 3cr KINES 142A: Seminar in Athletic Training I 1cr KINES 143A: Practicum in Athletic Training 2cr NUTR 147: Nutrition and the Athlete 3cr	KINES 118: Fundamentals of Exercise Physiology 3 KINES 138B: Injury/Illness Assessment II 3cr KINES 141: Organization and Administration in Athletic Training 3cr KINES 142B: Seminar in Athletic Training II 1cr KINES 143B: Practicum in Athletic Training II 2cr
4	KINES 116: Fundamentals of Biomechanics 3cr KINES 140A: Rehabilitative Exercise in Athletic Training I 3cr KINES 142C: Seminar in Athletic Training III 1cr KINES 143C Practicum in Athletic Training III 2cr PHTH 119: Anatomy of the Appendicular Skeleton 3 cr	KINES 140B: Rehabilitative Exercise in Athletic Training II 3cr KINES 142D: Seminar in Athletic Training IV 1cr KINES 143D: Practicum in Athletic Training IV 2cr

**Bolded courses:** pre-requisite courses to the clinical program (KINES 142 and KINES 143 courses). See program website for application guidelines.