

Athletic Training Education Program – Course Sequence

Bachelor of Science – Athletic Training (2009 on)

This example sequence does not include any general education with the exception of pre-requisites to BS-AT.

Year	Fall	Spring
1	KINES 1: Introductory Principles and Techniques for Physical Fitness Development (3 units) General Education – Area A1 (3 units) General Education – Area B2 (3 units)	PH 48: First Responder & Emergency Care (3 units) OR PH 49: EMT (3 unit) General Education – Area E: KINES 32: Lifetime Fitness and Wellness (2 units) with KAC elective (to accompany KINES 32) (1 unit) Biol 64: Human Anatomy (3 units) General Education – Area B4 (3 units) General Education – Area A2 (3 units)
	KINES 38: Introduction to Athletic Training (3 units) KINES 43: Preliminary Laboratory in Athletic Training (1 unit) Biol 65: Human Physiology (5 units)	KINES 33: Foundation of Sport & Exercise Psychology (3 units) <i>Apply to Program (February 1)*</i>
2	^{F,P} KINES 138A: Injury/Illness Assessment I (3 units) ^{F,P} KINES 139: Therapeutic Modalities in Athletic Training (3 units) ^{F,P} KINES 142A: Seminar in Athletic Training I (1 unit) ^{F,P} KINES 143A: Practicum in Athletic Training (2 units) ^F PPTH 119: Anatomy of the Appendicular Skeleton (3 units)	KINES 116: Fundamentals of Biomechanics (3 units) KINES 118: Fundamentals of Exercise Physiology (3 units) ^{S,P} KINES 138B: Injury/Illness Assessment II (3 units) ^{S,P} KINES 141: Organization and Administration in Athletic Training (3 units) ^{S,P} KINES 142B: Seminar in Athletic Training II (1 unit) ^{S,P} KINES 143B: Practicum in Athletic Training II (2 units)
	^F KINES 137: Structural Kinesiology (3 units) ^{F,P} KINES 140A: Rehabilitative Exercise in Athletic Training I (3 units) ^{F,P} KINES 142C: Seminar in Athletic Training III (1 unit) ^{F,P} KINES 143C Practicum in Athletic Training III (2 units)	^{S,P} KINES 140B: Rehabilitative Exercise in Athletic Training II (3 units) ^{S,P} KINES 142D: Seminar in Athletic Training IV (1 unit) ^{S,P} KINES 143D: Practicum in Athletic Training IV (2 units) KINES 121: Body Composition: Theory, Principles, and Management (3 units)
3		
4		

Bolded courses: pre-requisite courses to the Bachelor of Science – Athletic Training. See program website for application guidelines.

*All pre-requisite courses must be in-progress at the time of application for Feb. 2014 application and completed for Feb. 2015 application along with a **minimum of 200 hours** experience observing a certified athletic trainer completed.

^F – Courses offered only in the Fall semesters

^S – Courses offered only in the Spring semesters

^P – Courses open only to BS-Athletic Training Majors

For an advising appointment go to <http://bit.ly/DrSailorAdvising>

For General Education advising contact Frank Castro (frankyc@csufresno.edu), (559) 278-8739

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