

A Descriptive Study of Hmong College Students' Contraceptive Attitudes

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Abstract: The reproductive health needs and attitudes among Hmong college students are largely unknown. The primary purpose of this research was to identify attitudes that influence Hmong college students' contraceptive practices using a campus-wide online survey with the assistance of the Office of Institutional Effectiveness (OIE) at Fresno State. A 32-items scale instrument designed by Dr. Kelly Black, entitled Contraceptive Attitude Scale (CAS) was used to measure general contraceptive attitudes among Hmong college students. A total of 342 students successfully completed the survey. The data reveals a high prevalence of unmarried (82%) Hmong college students reported being sexually active (67%), with 79% having one sexual partner, however only 36% reported to use condom compared to 58% during the last time of sexual intercourse. An ANOVA was generated using SPSS. The analysis of the data compared differences between and within groups on various demographic characteristics. The findings indicated statistically significant differences between and within groups on the characteristics of sexual partners, contraceptive methods, marital status, birth place, primary languages spoken at home, years spent in college and years lived in the United States. The findings greatly contributed to the understanding of factors that influence contraceptive choices among the Hmong college population attending California State University, Fresno. More importantly, the information is crucial in designing programs to promote contraceptive knowledge and practices specific to the Hmong population.