

Pathways to Treatment: Mental Health Providers' Experiences with Latina/o Clients' Care Seeking

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Background

This manuscript attempts to address a major issue in the United States - mental healthcare disparities. Latinos are the largest minority group in the United States, yet they underutilize mental health care at alarming rates. This manuscript provides insight into cultural factors that may impact mental health care utilization among Latinos. Recommendations are given throughout the manuscript for practitioners along with a discussion highlighting the importance of understanding the role cultural elements impact mental health care in Latinos.