



Oral Health Training for Community Health Workers and Promotores

- Community Health Workers (CHWs) have played an important role in improving the health of their communities with many chronic diseases, such as diabetes and heart diseases. They can provide a positive impact on oral health as well.
- Training for CHWs is needed to improve their oral health knowledge.

The training covered those topics:

Oral diseases process and prevention

Oral health and systemic diseases connection

Cultural sensitivity

Motivational Interviewing

Barriers to accessing oral health care

Local oral health resources

Hands-on activities

Open discussions

The Central Valley Health Policy Institute, Fresno State (CVHPI) have planned and delivered a 3-day oral health training for almost 50 participants including promotores, health educators, and CHWs.

The training aimed to empower them with the knowledge and skills needed to improve the oral health literacy of the communities they serve.



“I learned that there are many unseen barriers to oral health and as CHWs it is our job to work alongside patients to come up with solutions,” participant said.

“I learned how dental care has a big impact in my life, not only cosmetic wise, but in my overall health. I learned a lot, thank you,” participant said.

84% of participants rated the training as excellent



96% of participants believed that the training improved their oral health knowledge and their overall skills

