

Year 2 Outcomes Report

**Foundations of Infant Mental Health
Training Program**

2013 – 2014

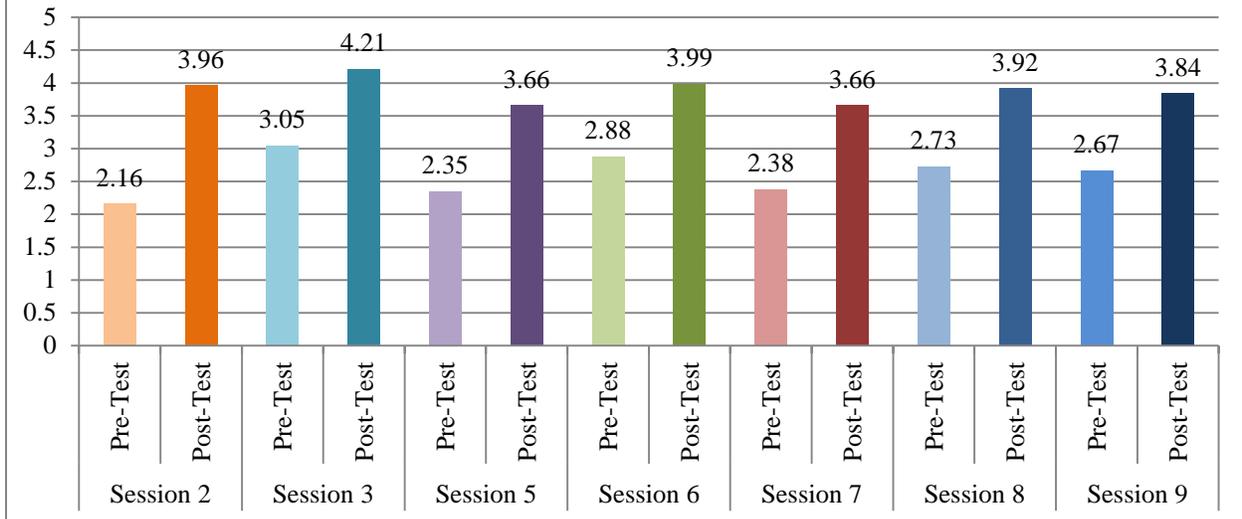
**Central California Children's Institute
California State University, Fresno**

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Perceived Knowledge of Curricular Content by Session

Pre-and Post-Test: Summated Means



5-point Likert scale: 1 = No Knowledge, 2 = Limited Knowledge, 3 = Neutral, 4 = Knowledgeable, and 5 = Highly Knowledgeable

*No pre-and post-test were administered for Session 1. Session 4 not reported due to cancellation.

Overall Session Evaluations

Feedback Questions	Session Number							
	1 Heffron	2 Lillas	3 Batts	5 Lillas	6 White	7 Salazar	8 Brandt	9 Stroud
The objective(s) for this session were met.	4.44	4.44	4.43	4	4.41	3.85	4.31	4.28
The presentation was well organized and easy to follow.	4.15	4.45	4.54	3.58	4.53	3.93	4.37	4.45
The speaker(s) was knowledgeable, engaging and held my interest.	4.49	4.7	4.66	4.07	4.66	4.18	4.48	4.59
The presentation was appropriate for my level of education.	4.43	4.5	4.57	4.01	4.53	4.21	4.43	4.46
The presenter(s) responded well to participant's questions.	4.48	4.54	4.53	4.24	4.48	4.32	4.4	4.57
The session readings and/or materials were helpful.	4.36	4.58	4.35	3.9	4.41	4.13	4.3	4.46
The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	3.99	4.19	4.51	3.75	4.4	3.68	4.37	4.28
The meeting facility provided an environment conducive to learning.	4.22	4.3	4.28	3.78	4.32	4.05	4.19	4.18
The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.2	4.11	4.41	4.04	4.21	4.06	4.2	3.86
The information provided during today's session was valuable and relevant for my work with young children and their families.	4.57	4.71	4.54	4.19	4.58	4.23	4.39	4.47
Summated Means	4.33	4.45	4.48	3.96	4.45	4.06	4.34	4.36

5-point Likert scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, and 5 = Strongly Agree

*Session 4 not reported due to cancellation.

Session 1

Infant-Parent Relationships, Maternal Depression, and Reflective Supervision
Mary Claire Heffron, PhD – September 26, 2013

Overall Outcomes

Session 1: Overall Session Evaluations		
<i>Infant-Parent Relationships, Maternal Depression, and Reflective Supervision</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.44	0.65
2. The presentation was well organized and easy to follow.	4.15	0.86
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.49	0.86
4. The presentation was appropriate for my level of education.	4.43	0.83
5. The presenter(s) responded well to participant's questions.	4.48	0.74
6. The session readings and/or materials were helpful.	4.36	0.76
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	3.99	0.98
8. The meeting facility provided an environment conducive to learning.	4.22	0.90
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.20	0.88
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.57	0.73
Summated Mean (n=127)	4.33	0.64

Open-End Responses

The information presented was great; I look forward to the upcoming sessions. So thankful to be able to attend such a wonderful training.
I wish we had been informed that lunch was going to be less than one hour because we chose to leave to get some food and we came back after about 45 minutes, only to find the lecture had already resumed. I am sorry for the disruption (if any) that we caused.
Adding stretch breaks for movement would help with learning.
The seating arrangements were very uncomfortable. There were too many people per table making it very difficult and uncomfortable for learning.
I felt that the two topics were not at all related and a full day could have been allotted to both. Great information, however it felt rushed.
Hard to sit for so long, perhaps because I am not used to it!
Hopefully the microphone situation will be resolved for our next meeting.
Nice presentation.
This was a great presentation and look forward to learning more and sharing with my families what has been learned.
It was difficult to remain interested due to speakers' monotone.
I heard breakfast was provided last year :)
This first session made me even more excited to be in this program. I like the format of meeting monthly because there will be time to process what I've learned and make it applicable. Thanks!
It was good to have a refresher on attachment and perinatal depression. Our reflective practice pod didn't reflect on the materials from the day's session, only on reflective practice. It was good conversation though. Hopefully the microphone works this next time so those of us in the back can hear. Overall, I really enjoyed hearing Dr. Heffron.
The speaker was very knowledgeable however not very enthusiastic in her presentation to keep my attention. I also felt that the material was very basic. I appreciated the refresher.
Having lunch together was great because it helped to keep the educational objectives. I hope that if there is no more money for lunch, we keep this practice. We could give money in advance to help in buying the food.
Need more breaks and enough time to eat lunch, there are way too many people to give just one 15 minute break.
The information presented and discussed was both interesting and relevant to me both professionally and personally. I enjoyed the sessions and pod. I would be interested in Mary Claire's book as well.
If you want participants there so early (a lot of us left our homes at 6 AM or 7 AM and with young children that is impossible without someone helping), you should provide a continental breakfast and more options than water, hot tea, and coffee. There should also be afternoon snacks and the lunch was not dietary friendly. There were not enough breaks and the speaker went over her time several times, including lunch. There were too many people at each table. It was uncomfortable and we could not put our binders on the table to write, etc. Assigning us to tables was uncomfortable. Some of the films were good, but the speaker was all over the place.
I thought the group discussions were far too rushed. Only one or two people had a chance to share, if that. Sometimes, the table facilitator was explaining the discussion topic a bit further for us and we had to return to the lecture before we could even start talking. I think it might be more appropriate to have us write our thoughts down for our personal answers, and discuss our answers that we wrote down during the reflective practice pod rather than not getting to everyone. Also, by writing it down, it's easier to bring up later - I found that no one brought up any questions they had during the presentations during our reflective practice pods. I think it's because there was so much to take in, and at the end of the day, it's hard to go back and remember what your questions were. Overall, though, it was a fantastic training, very relevant topics to my work in the field, and I am eager to attend again.
Wonderful Speaker!
Enjoyed the training, very relevant, and appreciated meeting everyone in my pod and networking
It is very crowded at my table, there are 10 of us. Is it possible to get a bigger table?

Overall, I really enjoyed the first session of the training. Mary Claire was a very engaging presenter. I appreciated the time at the end to reflect with my pod. My only suggestion would be larger tables, as I felt really cramped and uncomfortable.
Very great first session. Looking forward to the next. Thank you
The chairs were highly uncomfortable, but the room temperature was perfect. I wished that the speakers had a mouth piece microphone instead of the hand-held microphone because when the speakers would turn their heads their voices drifted off, and it was difficult to catch what they were saying...or when someone asked a question, we couldn't hear at all. The food was great! The cookies were a very nice touch. We needed more time to stand up and stretch out. It was nicely put together, but I would have liked to have heard everything the speakers were saying. :)
I loved the video of the mother and the baby which showed how a baby can be affected by neglect. Many people I have come in contact with, who are not aware of child development do not believe that babies are aware or affected by adverse conditions going on around them and there for have no need for a mental health referral. In all my years in early childhood I have never seen that video before.
A little more light would be helpful.
Thank you for the awesome training!
Excited to be involved. Great for our community and clients.
The speaker was great; it is just a little difficult to keep focus after lunch during a lecture.
Great first session!
Truly enjoyed it. Looking forward to next month!
Really enjoyed the day. A lot of information to digest. Am looking forward to our next session.
I liked the first session and it was really helpful for me as I do home visits with moms who are having Perinatal Mood and Anxiety Disorders (PMAD)/ Postpartum Depression (PPD). The information provided was really beneficial for me. Thanks! Looking forward to the next session.
Interesting topic discussed. Group Pod session went well. I did get lost in the afternoon session and was confused as to the transition to a different topic.
Thank-you so much for having these trainings!
Too many people assigned per table, very crowded. Morning snacks would be nice.
The sound system made it difficult to follow the whole session completely.
Wonderful experience, enjoyed listening to presenter, POD # 6 has great facilitators. POD # 6 group was very kind and knowledgeable
My binder did not include the consent forms or the power point for this session. My pod facilitator was able to provide a copy of the consent for me to sign. I will check the website for a copy of the power point for this session. Lunch was great. Thanks.
Too bad the AV equipment didn't always work. We were also very cold at our table.
Room was too cold. No snacks were provided, thus affecting my attention span.

Session 2

Infant/Child Mental Health and the Neurorelational Framework
Connie Lillas, RN, MFT, PhD – October 24, 2013

Pre-Test

Session 2: Perceived Knowledge Pre-Test Results

<i>Infant/Child Mental Health and the Neurorelational Framework</i>	<i>M</i>	<i>SD</i>
1. Three core features of early brain development affected by abuse, neglect, and constitutional delays	2.46	1.02
2. Three practical tools for assessment, intervention, and developmental support that match these early developmental needs used in the Neurorelational Framework (NRF)	1.99	0.90
3. Behaviors of three primary stress responses inherent to infants, children, and adults that become part of the attachment patterns	2.51	1.06
4. Comprehend four toxic stress patterns, which can occur across the life cycle, expand the concept of trauma from a categorical to a dimensional perspective	2.12	0.92
5. Assess individual developmental, looking for triggers and sources of resilience, across multiple dimensions using four brain systems	2.06	0.95
6. Understand different "bottom-up" and "top-down" approaches to healing trauma and advancing development exist that need to be matched to the child's neurodevelopmental profile	1.79	0.82
Summated Mean (n=130)	2.16	0.78

Post-Test

Session 2: Perceived Knowledge Post-Test Results

<i>Infant/Child Mental Health and the Neurorelational Framework</i>	<i>M</i>	<i>SD</i>
1. Three core features of early brain development affected by abuse, neglect, and constitutional delays	3.98	0.57
2. Three practical tools for assessment, intervention, and developmental support that match these early developmental needs used in the Neurorelational Framework (NRF)	3.79	0.72
3. Behaviors of three primary stress responses inherent to infants, children, and adults that become part of the attachment patterns	4.08	0.53
4. Comprehend four toxic stress patterns, which can occur across the life cycle, expand the concept of trauma from a categorical to a dimensional perspective	3.93	0.64
5. Assess individual developmental, looking for triggers and sources of resilience, across multiple dimensions using four brain systems	4.01	0.58
6. Understand different "bottom-up" and "top-down" approaches to healing trauma and advancing development exist that need to be matched to the child's neurodevelopmental profile	3.96	0.67
Summated Mean (n=111)	3.96	0.48

Overall Session

Session 2: Overall Session Evaluations		
<i>Infant/Child Mental Health and the Neurorelational Framework</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.44	0.60
2. The presentation was well organized and easy to follow.	4.45	0.75
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.70	0.60
4. The presentation was appropriate for my level of education.	4.50	0.66
5. The presenter(s) responded well to participant's questions.	4.54	0.68
6. The session readings and/or materials were helpful.	4.58	0.64
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	4.19	0.91
8. The meeting facility provided an environment conducive to learning.	4.30	0.79
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.11	0.90
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.71	0.47
Summated Mean (n=111)	4.45	0.50

Open-End Responses

The presenter and the information was great, I learned so much, I am looking forward to her next presentation in January. Great training session, I learned a lot.
EXCELLENT seminar!!! I loved it.
I felt this session was great, I enjoyed this session much more than the last.
It's hard to capture on here how I felt about this presentation. Dr. Lillas presented amazing information with great handouts. Towards the afternoon session I felt lost with the amount of "terminology" she was using so I had much more difficulty following along.
Excellent presentation! Would love to learn more about this. Very helpful for my work as an early interventionist. Thank you!
Looking forward to her next presentation.
Several individuals in my pod were not able to grasp concepts and stay focused. I believe it reflects back to #4 not quite appropriate for their level of education and/or experience.
Is there any way we could know what the lunch menu will be ahead of time? That way we could plan ahead if we need to bring a sack lunch. Thank you and it would be greatly appreciated if this concern could be looked into.
Suggestion to periodically take a 30 second stand up/stretch break.
I look forward to Connie coming back in January. This was really beneficial information and a lot of new information for me. Thank you for providing this rich experience.
Excellent training. I have studied the brain and therefore was highly interested prior to the presentation. There was so much information that it may take time to digest. I plan to provide some key points to my staff in order to assist us in assessments. Connie's an excellent speaker!
Very good speaker and training.
I loved this presentation; the practical part is something that I want to learn more deeply about to implement it with our clients. Thus I am buying the book to have a better understanding. Great session and excellent presenter!
Speakers need to stay on task and allow breaks and lunch time parallel to what they are entitled to on the job. Going into our lunch time by 15-20 minutes and expecting us back by 1 PM is an infringement upon our right to lunch and not healthy, as well as non-conducive to an active learning environment. Lunch time should be an entire hour. Once again, the menu is not healthy, which causes individuals to need to leave to get their lunch. Even picking it up, 30-40 minutes is an insufficient amount of time and unfair to those with special dietary needs due to health conditions. We need an hour for lunch...and also running after people yelling, "Be back at 1," is rude considering my other feedback. Let us out on time and we would be. Otherwise, those with special health conditions are running around trying to get something to eat in a limited amount of time. It is not a break. It is not relaxing. And it does not help us learn as we try to scarf down what we can.
The delivery of all materials is relevant in the field where I currently work. This helped place all factor, dynamics into perspective when working with all my families.
Very helpful information.
Excellent speaker, I am looking forward to the next session that she is presenting.
If possible. More stretching breaks...better lighting and better seats for the amount of time that is spent there to listen. The adjustment made to the microphone situation was 100% better for me...THANK YOU.
I feel that the material is too much to go over when it is sent by e-mail and it would help me to get it a few days before.
Great Presentation. So Awesome, want to know more. Thanks.
Awesome training!! Thank you!!!
Awesome workshop! I am looking forward to hearing more and I plan on buying her book.
A lot of information to process.
Great day!
I would like reading materials of presenters if possible at least a week in advance to read.
Amazing work!! Love it!

Very good information. A review of the material in a slower pace will have a greater impact.

Amazing presentation!

Enjoyed this training immensely! Thank You!

The presenter was great, but I was on overload when I left the training last Thursday. Her information really could be presented over a two day presentation. It was a lot of information to digest in one seminar. The information was very timely for me. I have two transitional youth on my caseload who have just given birth and this is information I can use in my interactions with them as I work with them in their role as parents. Looking forward to the next presenter.

It was really good.

The presenter did well in her presentation. I enjoyed the visuals and case example she presented throughout the presentation. She was engaging, knowledgeable and had good communication skills. I learned at looking at our children and families from a holistic approach. Thinking outside of the box in order to effectively help our clients we serve.

I am not sure of the purpose of the Reflective Practice pod....?

The lunch needs to be changed, they keep serving casserole dishes with salad.

Great presentation and topic! Very well done.

Session 3

Awareness of Self as a Cultural Being
Valerie Batts, PhD – November 27, 2013

Pre-Test

Session 3: Perceived Knowledge Pre-Test Results		
<i>Awareness of Self as a Cultural Being</i>	<i>M</i>	<i>SD</i>
1. Identity yourself as a cultural being on different variables	3.11	1.12
2. Identify ways that racism may impact your practice unintentionally	3.32	1.02
3. Identify dysfunctional cross cultural behaviors within yourself and/or among others that you work with	3.04	1.03
4. Alternative behaviors for enhancing your mental health practice	2.74	0.96
Summated Mean (n=114)	3.05	0.88

Post-Test

Session 3: Perceived Knowledge Post-Test Results		
<i>Awareness of Self as a Cultural Being</i>	<i>M</i>	<i>SD</i>
1. Identity yourself as a cultural being on different variables	4.27	0.63
2. Identify ways that racism may impact your practice unintentionally	4.28	0.63
3. Identify dysfunctional cross cultural behaviors within yourself and/or among others that you work with	4.17	0.61
4. Alternative behaviors for enhancing your mental health practice	4.13	0.60
Summated Mean (n=112)	4.21	0.56

Overall Session

Session 3: Overall Session Evaluation		
<i>Awareness of Self as a Cultural Being</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.43	0.72
2. The presentation was well organized and easy to follow.	4.54	0.67
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.66	0.55
4. The presentation was appropriate for my level of education.	4.57	0.60
5. The presenter(s) responded well to participant's questions.	4.53	0.64
6. The session readings and/or materials were helpful.	4.35	0.69
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	4.51	0.62
8. The meeting facility provided an environment conducive to learning.	4.28	0.79
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.41	0.64
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.54	0.61
Summated Mean (n=112)	4.48	0.53

Open-End Responses

Great session, provided me with more insight in cultural diversity.
EXCELLENT speaker. Loved this training. Very important topic and very well done. :)
Thank you for sharing all your knowledge with us.
Facility was too cold much of the day. Our POD liked having time to process/do activities throughout the sessions rather than just lecture style.
Best speaker by far. I really enjoyed the fact that the speaker was very down to earth and knowledgeable.
I really appreciated this training, I enjoyed it being interactive and felt it allowed pods to grow closer.
The room was really cold in the afternoon; and the bathrooms needed cleaning and restocking as the day went on.
I think the presenter was stuck in the 60's kind of. She seemed to be pitting black against white too much. I know that Racism exists today as it did in the 60's and I know we need to have dialogue about it. I just think we need to move forward from where she is. Let's talk about today and not be so angry about what is done in the past. We all have white guilt can we now move forward? I don't know how but with this many people in the room we should be able to problem solve something.
Great presentation and Pod interaction around personal issues; however much less to take back for others and my department's needs. However, it was great for me.
Would you be able to get a better lunch? I and most of us in our pod had not been satisfied with the lunches. Specially this last one.
The speaker was awesome!
The information was very beneficial but I had a hard time reading the small font used for the reading and power point presentations.
Hearing about the various cultural stories within our pod was a highlight of the day.
I was greatly impressed with this session. When I saw the material I thought there was a mistake, no way was the whole day going to be covered with just a few pages. To my surprise, the session was very practical and it included not only a "trip" to our inner-cultural/ethnic/racist or not values but also a glimpse of our table partners. I loved all the practical exercises and I will for sure include them in the Case Manager's training at Madera.
This was a wonderful presentation that was very engaging. It helped our reflective practice pod become more cohesive.
It was a wonderful presentation. Information that I received I will be able to use with my clients.
I really enjoyed the breaks in the presentation to discuss what was just presented to my POD. It helped to solidify the information and to share our personal information with the group. It was also helpful to hear the comments from other PODs. The presenter was skilled in imparting the information in a way that was conducive to hearing it, and in an interesting format that made me really think about how I respond both subconsciously and consciously to individuals and families both in my work and in my personal life. It was a powerful message.
Thank you for letting us out for lunch on time!!! That was very much appreciated and continuing to do that would be great for those of us who have special dietary needs. I also appreciated the break on time and her style because rather than straight lecture all day, she allowed group and team activities to process the information. That kept me engaged and interested. I also very much enjoyed the pod experience. My peers had negative experiences in the pods, but mine was very positive. Our facilitators allowed everyone an opportunity to talk about our cultures and give each other positive comments about us...that allowed us to bond more.
Great session. Hands on/discussion activities kept the energy going. Was very balanced and neutral approach in the sense that the presentation wasn't only on the external oppression - which is what I find many culture presentations focus on - but also on the internal oppressions that we often have. I've learned something new at every session so far. Very excited for what's next!
Great presenter!
This session was insightful to my practice. Enabling me to learn how unintentional "isms" can hinder the impact and expose our families to. I walked away with knowing that I have "Interpersonal Oppression". This was a shock to me; nonetheless I have to self-work to do. This will make me a better person personally, and professionally. Being culturally competent is a lot broader than the obvious of having personal opinions on a given group or

subgroups. What an eye- opener. Thank You.
Excellent training!
I felt that this presentation is relevant and stirs passionate discussions amongst the community, including myself. I'm curious to see how many of the supervisors that attended this session felt that this topic was relevant to themselves, and not just the staff and the clients they work with.
Small interactive breaks made the day go by so smooth. People were not drained or tired.
I found Dr. Batts presentation informative and user friendly. The information is applicable not only in my professional setting, but also in my daily life. I appreciate the Infant Mental Health Training Program bringing Dr. Batts and providing the space for me to try on all she had to say. This is one of my favorite presentations overall. Thank you!!
I so enjoyed Dr. Batts!
Please move table 1 to a new location from time to time. It is difficult to see from the front right corner and we have been there 2 out of 3 times. Thanks.
This was the best one so far. I liked the interaction and her style. She was really great!
I really enjoyed the format of the presentation. Lecture and group discussion really kept things going and was very engaging.
Amazing speaker!!! Best one so far!!!
I did not appreciate Cassandra's response to Joshlynn. What if someone had said that to Dr. Batts or herself? "Just get over it!" Very disrespectful. I am sorry we did not have time to discuss it.
The information was not as condensed which allowed time for information processing.
This workshop provided a wonderful reflection POD. I am eager to see how the rest roll out.
Dr. Batts was awesome and the best presenter yet. I do feel it was due to the interactive portion and coming out to the tables and seeking engagement and having us work and talk at the tables, really kept focus throughout the training. She was great!
The videos were very helpful and informative.
This speaker helped bring up some hidden biases in my work place and the forms and grids were very helpful and will be a great tool in the future when situations arise working with clients. Thank you!
I really enjoyed this particular session. I think it sparked more dialogue within my pod and I felt our pod group began to know each other on a deeper level. The speaker definitely held my interest all day.
Dr. Batts was easy to attend to and I appreciated the breaks to have discussions within our groups. I loved the lunch that was served yesterday!!
Reflective Practice pod did help with what we were taught which helped a lot!
The reflective pods are a great help.
Lunch was not the greatest.
Lots of energy. Easy to follow. Interesting topic. New approach to learning cultural awareness.

Session 5

Systems Change, Services Coordination and Advocacy
Connie Lillas, RN, MFT, PhD – January 16, 2014

Pre-Test

Session 5: Perceived Knowledge Pre-Test Results		
<i>Systems Change, Services Coordination and Advocacy</i>	<i>M</i>	<i>SD</i>
1. Utilize a structured approach to using neurodevelopmental steps in mapping out each child and adult in a family system	1.98	0.86
2. Capacity to understand the multiple meanings and causes of the “behaviors” that the family brings in as troubled with the “identified patient”	2.83	1.06
3. Identify functional capacities that underlie diagnostic categories that cut across both “bottom-up” and “top-down” levels of neurodevelopment	2.36	0.92
4. Attune more carefully to the matching evidenced-based treatments to the individual client’s neurodevelopment	2.22	0.86
Summated Mean (n=120)	2.35	0.79

Post-Test

Session 5: Perceived Knowledge Post-Test Results		
<i>Systems Change, Services Coordination and Advocacy</i>	<i>M</i>	<i>SD</i>
1. Utilize a structured approach to using neurodevelopmental steps in mapping out each child and adult in a family system	3.71	0.76
2. Capacity to understand the multiple meanings and causes of the “behaviors” that the family brings in as troubled with the “identified patient”	3.80	0.86
3. Identify functional capacities that underlie diagnostic categories that cut across both “bottom-up” and “top-down” levels of neurodevelopment	3.55	0.82
4. Attune more carefully to the matching evidenced-based treatments to the individual client’s neurodevelopment	3.59	0.83
Summated Mean (n=106)	3.66	0.72

Overall Session

Session 5: Overall Session Evaluation		
<i>Systems Change, Services Coordination and Advocacy</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.00	0.72
2. The presentation was well organized and easy to follow.	3.58	0.93
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.07	0.80
4. The presentation was appropriate for my level of education.	4.01	0.76
5. The presenter(s) responded well to participant's questions.	4.24	0.63
6. The session readings and/or materials were helpful.	3.90	0.78
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	3.75	0.89
8. The meeting facility provided an environment conducive to learning.	3.78	1.00
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.04	0.87
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.19	0.76
Summated Mean (n=106)	3.96	0.60

Open-End Responses

It was FREEEEZING cold in the conference room and even colder in the POD room. :(
The presentation that included the video of the parent & child was very helpful. It helped to actually see the interaction instead of what I imagined it to be. I think our pod is not being utilized to its full reflective capability. We have small bursts of reflection, but it feels a bit unstructured.
The room was so cold that our table moved the entire table just to avoid the draft that was blowing down on us. We were all very uncomfortable. The material was relevant for clinical staff however a good portion of attendees are not working in that capacity and the information was not overly helpful or useful, especially given it took two full sessions to cover. I would have preferred a more useful topic.
Low score on environment due to incredibly cold temperature in room.
I love listening to Connie Lillas!
The room was a bit chilly!
This was an excellent presentation. However, I believed it was geared more for clinical therapist because others in our pod and other participants I know that are not clinical therapist stated it was over their head and many began to doodle because it became non-interesting to them. I believe its excellent presenting but for many of the participant's education level was not met.
This session was not very engaging. Slow & hard to follow.
It was awesome!
It was just very cold (AC) and the last part of the session I had to be outside of the room. Otherwise the room and place is always great.
I think it should be said that a speaker should be careful when mentioning discipline practices from other cultures, such as that of spanking, and comparing it to abuse. I think it would not be sensitive to assume that all parents who spank their children do so out of anger or abusive intent. One ought to be careful to clarify this if it comes up in a similar forum / discussion.
Lighting in building was low and we struggled to see videos and presenter from our table.
I feel it would have been helpful to spend some time actually filling out or using the paperwork, as if we were mapping out the family. I still feel confused about what that would look like.
The facility was really cold during this last session.
Table 20 has never been moved and though we are at the front of the room it is difficult to see the screens for videos & handouts, it is always dark in that corner, and on 1/16/14 it was extremely cold and most of the members from our pod left the table several times to go sit in the couch area to get warm. It is frustrating to see tables marked for make-up sessions having better seating, lighting, and views.
I would have like to see a sample intake with a real client or a mock intake session where the therapist was the client and she used the language she would with a client rather than shifting back and forth. Sometimes what she was saying went over my head and I got confused by which handout to use. But when we were able to see it in practice on the videos, it made more sense. It was interesting but hard for me to follow at times.
I think it would have been better to have one case presentation and split it up between the morning and afternoon. It was just a little too much to have 2, and a little confusing.
The information was abundant and enlightening; it was like watching "A Beautiful Mind" at work. :)
Many acronyms and terms were used during the presentation that were specialty specific, i.e. physical therapy terms. It made the discussion difficult to follow.
The presenter was not culturally sensitive. I did not appreciate some of her comments. She has obviously been in private practice too long that she has a disconnection of our underserved populations.
With so many of us using the restroom they need to have someone keep it well stocked. Some of the worksheets were difficult to understand, she could have put it on an overhead and demonstrated how she fills out the form as she goes for a better understanding of how to use those forms. I did like the color coded forms and the case presentation.
Looking through the papers to put them in order was confusing at first, and sitting in a dark corner all the time, cold and didn't hear well at times is hard to follow the whole presentation.

I felt that there was discrepancy between forms i.e. Level B-F never fully explained and are they the same as the milestones? Frequent terms used without explanation like "circles" I think that corresponds to Level C but it was unclear. Just needed more time to ask questions I guess although there was a lot of time given. Not sure....
The lighting is poor in some areas of the room, which makes it difficult to see the handouts. Please rotate the tables. Thanks!
I was disappointed in the materials provided. It would have been much more helpful to me to have two packets of forms that I could have been taking notes/ filling out the forms as we were evaluating the two families. At the end of the session I have a bunch of notes on the back of the agenda page and I don't really feel competent to use this system. I need to organize my thoughts on paper to learn and have a reference to go back to. I liked the case management approach. That was very valuable. I found the approach valuable.
It might have been nice to see a video of Dr. Lillas doing an interview. The first half was hard to follow along at times.
POD 20 area is too cold and dark.
Seating in the left corner in the dark for all of the sessions has been difficult to learn and receive information. Also, the first half was totally over my head but the second half was much more clear and easier to follow.
One case study would have been enough with more time to process and digest the information. If possible giving us the case study basic information ahead of time so we could familiarize ourselves with that part of the information would have been good.
Since this was sort of a continuation of the last training we had with Dr. Lillas it would have been a good idea to have it consecutively (one month after the other).
The room environment was very cold in the morning. It would have been helpful to just have all the handouts provided instead of spending the time to reorganize them in the morning. I wish the handouts that Connie was holding in her hand had been on the overhead.
First part of session felt very long and I felt that it didn't keep me very engaged. Second part of session was better. Facility was cold. Food is not very good.
It was very informative and as a counselor working with clients with developmental disabilities I was able to relate, however, I felt this presentation was more geared towards clinicians.
It was difficult to follow and take pages out of last session and to know which page we were discussing as the pages were just held up on the stage but we couldn't tell and there were no numbers on pages. It would have been helpful to have the pages that we needed at the second session or power-point of the pages to go along with the interview.

Session 6
Sensory Profiles and Impact on Relationships
Rosemary White, OT – February 13, 2014

Pre-Test

Session 6: Perceived Knowledge Pre-Test Results		
<i>Sensory Profiles and Impact on Relationships</i>	<i>M</i>	<i>SD</i>
1. Describe how a child’s sensory processing and motor abilities are essential components that contribute to their “Functional Emotional Development”	2.86	0.98
2. Describe sensory contributions to co-regulation and self-regulation including arousal, attention, affect, and action of young children	2.88	0.99
3. Recognize child behaviors that are indicative of individual differences/challenges in sensory processing	2.96	1.01
4. Recognize the need to assess and consider the individual differences in each child and caregiver, including the sensory processing and perception and how this influences behavior	3.01	1.00
5. Describe the importance of supporting the child’s intent in organization of state, and to support the child interactions with caregiver and peers	2.92	0.87
6. Describe how the individual differences influence a child’s interaction with people and objects, as well as how they develop ideas and then make the link between ideas, action, and learning	2.85	0.94
7. Identify ways to integrate an understanding of sensory processing into creating “goodness of fit” in physical environments	2.69	0.98
Summated Mean (n=116)	2.88	0.87

Post-Test

Session 6: Perceived Knowledge Pre-Test Results		
<i>Sensory Profiles and Impact on Relationships</i>	<i>M</i>	<i>SD</i>
1. Describe how a child’s sensory processing and motor abilities are essential components that contribute to their “Functional Emotional Development”	3.97	0.54
2. Describe sensory contributions to co-regulation and self-regulation including arousal, attention, affect, and action of young children	3.98	0.64
3. Recognize child behaviors that are indicative of individual differences/challenges in sensory processing	3.98	0.68
4. Recognize the need to assess and consider the individual differences in each child and caregiver, including the sensory processing and perception and how this influences behavior	4.06	0.57
5. Describe the importance of supporting the child’s intent in organization of state, and to support the child interactions with caregiver and peers	4.03	0.58
6. Describe how the individual differences influence a child’s interaction with people and objects, as well as how they develop ideas and then make the link between ideas, action, and learning	4.05	0.61
7. Identify ways to integrate an understanding of sensory processing into creating “goodness of fit” in physical environments	3.86	0.70
Summated Mean (n=100)	3.99	0.52

Overall Session

Session 6: Overall Session Evaluation		
<i>Sensory Profiles and Impact on Relationships</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.41	0.51
2. The presentation was well organized and easy to follow.	4.53	0.54
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.66	0.50
4. The presentation was appropriate for my level of education.	4.53	0.56
5. The presenter(s) responded well to participant's questions.	4.48	0.54
6. The session readings and/or materials were helpful.	4.41	0.64
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	4.40	0.68
8. The meeting facility provided an environment conducive to learning.	4.32	0.71
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.21	0.77
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.58	0.57
Summated Mean (n=100)	4.45	0.48

Open-End Responses

Hello all... This has been one of my favorite sessions so far. The information presented was well articulated, easy to understand and most importantly the presenter provided helpful scenarios. She was awesome, I enjoyed it very much and time went by so fast, it was amazing. Thank you so much for this training session.
I really enjoyed this speaker.
Fantastic Speaker!
I do not feel that I am really learning Reflective Practice. I enjoy the speakers and their information, however not many have discussed Reflective Practice or given us practice in doing Reflective Practice. I thought this was going to teach us to do reflective practice with our families. A couple of the speakers did address RP and our Pods do help, however I do not feel as if I am learning to use Reflective Practice with my families.
I would love to access those video clips for training purposes.
Great speaker!
I gained a better insight regarding OT. It's much more than what I thought. Very Informative and helpful in working with children and families.
Session was very relevant to my home visits with families.
It was wonderful to see the video of the work she does in practice...she practices what she preaches. Very knowledgeable and intrinsic.
I enjoyed the speaker's presentation.
Great Presentation.
This presenter made-up for last session! She was awesome!
The presentation and presenter are great. There is not enough light in parts of the room, so it is difficult to read the handouts.
I enjoyed this session so much. Rosemary was a wonderful presenter. I will use this information daily with the students I serve.
Fabulous presentation!!
Best one yet!!!
Wonderful session. Really enjoyed Rosemary. The videos and discussions helped a lot.
Presenter was very well spoken. She captivated interest of audience despite the long duration of training.
Thank you for moving our table.
It was very interesting but seemed rushed. I would have loved for this to have been a two day session. Rosemary was an awesome speaker. It was great!
I felt this presenter was so invested in her work and her clients; it was a wonderful experience for me.
Loved Rosemary White! Bring her back!
This was one of the most helpful workshops. Thanks!
Mrs. White was wonderful, she was very engaging and had a lot of examples and visuals, she also taught in a way that was easy to understand. Thank you.
The presentation was very informative. I wish we would have had more time or broken up the sessions in order to not get information overload in one day. It was very good, but just too much information for one day.
This was a lot of information to digest but I was very much into it. I would recommend her again and would love to see her present again. Thanks!

Session 7

Autism Spectrum Disorder and DIR Floor time
Ruby Salazar, LCSW – March 13, 2014

Pre-Test

Session 7: Perceived Knowledge Pre-Test Results

<i>Autism Spectrum Disorder and DIR Floor time</i>	<i>M</i>	<i>SD</i>
1. Important elements in defining Autism Spectrum Disorder (ASD)	2.78	1.05
2. Early signs and screening tools regarding ASD	2.73	1.03
3. Family needs at phase of diagnosis and in raising a child with ASD	2.52	0.99
4. Individual neurobiopsychosocial profiles used in developmental relational practice (DIR)	1.94	0.87
5. Using Floor time as a technique in working with challenged children and their caregivers	2.30	1.00
6. Techniques in coaching caregivers to formulate individual profiles and Floor time	1.99	0.93
Summated Mean (n=104)	2.38	0.82

Post-Test

Session 7: Perceived Knowledge Pre-Test Results

<i>Autism Spectrum Disorder and DIR Floor time</i>	<i>M</i>	<i>SD</i>
1. Important elements in defining Autism Spectrum Disorder (ASD)	3.86	0.76
2. Early signs and screening tools regarding ASD	3.80	0.73
3. Family needs at phase of diagnosis and in raising a child with ASD	3.90	0.77
4. Individual neurobiopsychosocial profiles used in developmental relational practice (DIR)	3.45	0.89
5. Using Floor time as a technique in working with challenged children and their caregivers	3.53	0.91
6. Techniques in coaching caregivers to formulate individual profiles and Floor time	3.44	0.95
Summated Mean (n=97)	3.66	0.73

Overall Session

Session 7: Overall Session Evaluation

<i>Autism Spectrum Disorder and DIR Floor time</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	3.85	0.87
2. The presentation was well organized and easy to follow.	3.93	0.88
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.18	0.78
4. The presentation was appropriate for my level of education.	4.21	0.80
5. The presenter(s) responded well to participant's questions.	4.32	0.64
6. The session readings and/or materials were helpful.	4.13	0.74
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	3.68	1.04
8. The meeting facility provided an environment conducive to learning.	4.05	0.71
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.06	0.79
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.23	0.71
Summated Mean (n=97)	4.06	0.64

Open-End Responses

I really enjoyed the session; I just wish it wouldn't have been so rushed.
Excellent presentation and I truly value our time in the reflective pod.
Although the basic principles of DIR Floor time were presented, I was expecting more. Dr. Salazar spent more time on the slides that she said she was going to spend very little time on. More details about DIR would have been more helpful & less time about Autism. Also more practical use of video would have been helpful.
I didn't feel like I learned anything new about ASD specifically. The info about Floor Time was not relevant to my work in the capacity that I work with families.
Although I did not get as much out of this presentation as others I would like to clarify that I think the entire program has been wonderful. I felt like the mood put out there in the morning introductions was that people were unhappy with the training. However, I would like to say how valuable I think the presentations have been and grateful for the opportunity to enrich my work with families and children. I'm open minded and have looked forward to all trainings and learned so much in each.
Excellent learning experience. I have attended previous training on autism but this training was outstanding. P.S. It was announced that the setting/venue of the trainings was not conducive for different reasons (lighting, temperature, etc.). Well, I think it was appropriate. The food isn't always tasty, but there are people that will always complain about something. The cost and the amount of individuals is more conducive and important than good tasting food and any other comforts than complaints out there. We need to adjust and go along with life without complaining so much.
The training was overall good; I would have liked to go over specific behavioral indicators of Autism and more examples of intervention techniques.
I feel there were a few inappropriate comments made during the session. Our table seemed to be too close to the front, it made it hard to view the DVD. I also felt there was too much cross talking on the side of my table. It was distracting for me.
Everything was great!
The pace of the presentation was a bit slow. I was expecting more in depth information on DIR and autism and didn't feel they were explained to a greater knowledge than I already have. I have not been involved in DIR and wanted more information and examples from her. Would have been good to show a portion of video, stop, have discussion then continue. Overall, it was okay but I didn't feel like I walked away with much during this presentation.
I just want to thank you for your efforts in bringing all the speakers and the training to Fresno. You will never satisfy the "needs" of everybody, but I appreciate all the knowledge that I am acquiring.
I was hoping for more detailed information for DIR Floor time.
More time presenting on the topic of DIR Floor time would have been helpful. I feel like it was crammed into the last bit of the time. Better time management on the presenter's part.
I really enjoyed being able to see how the strategies are implemented with families. Also, case presentations were on target with clients I work with. Information very relevant to the consumers I work with.
Thank you for moving our group to a different area. It was much easier to stay engaged with the material and speaker.
Excellent presenter. She moved me enough to do research on certification for DIR Floor time and touch points.
I would like to have heard more about the early signs in infants and children and wish she would have talked more about the floor time techniques with her incite and explanation on technique / video rather than just hearing about our own thoughts.
I so enjoyed this presentation. My only disappointment was that our session ended just when she was getting to the real meat of Floor time.
Thanks for moving table 1. The light was better.
This was a wonderful presentation. One general comment, not specific to any one presentation; these surveys are always a bit challenging to know how to answer because the 'objectives' as well as the categories for rating are not clearly stated or pointed out at the presentations (i.e. what the objectives are, or the survey uses different language than the presentation). Great material, it's just a bit unclear when it gets to completing these surveys.
I wish she would have said more about the signs of Autism.
I just felt that there is some information that was not discussed especially with the videos that the speaker showed

to the participants in the afternoon session. I just want to know more about the DIR floor time.

I felt like there was not enough time for discussion of DIR and the info on autism could have been condensed so we could get to the DIR information.

Session 8

Interdisciplinary/Multidisciplinary Collaboration
Kristie Brandt, CNM, DNP – April 17, 2014

Pre-Test

Session 8: Perceived Knowledge Pre-Test Results		
<i>Interdisciplinary/Multidisciplinary Collaboration</i>	<i>M</i>	<i>SD</i>
1. Describe the elements of “Evidenced-Based Treatment” & “Evidenced-Based Practice”	2.84	1.06
2. Ability to examine research results and translate findings into clinical interventions	2.76	1.05
3. Assessing therapeutic potential in a child’s daily contexts and leveraging this potential to advance therapeutic goals	2.66	1.02
4. Identify trans-disciplinary therapeutic interventions for working with children and establishing a therapeutic plan	2.68	0.99
Summated Mean (n=112)	2.73	0.91

Post-Test

Session 8: Perceived Knowledge Pre-Test Results		
<i>Interdisciplinary/Multidisciplinary Collaboration</i>	<i>M</i>	<i>SD</i>
1. Describe the elements of “Evidenced-Based Treatment” & “Evidenced-Based Practice”	3.98	0.55
2. Ability to examine research results and translate findings into clinical interventions	3.83	0.58
3. Assessing therapeutic potential in a child’s daily contexts and leveraging this potential to advance therapeutic goals	3.94	0.64
4. Identify trans-disciplinary therapeutic interventions for working with children and establishing a therapeutic plan	3.95	0.61
Summated Mean (n=94)	3.92	0.51

Overall Session

Session 8: Overall Session Evaluation		
<i>Interdisciplinary/Multidisciplinary Collaboration</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.31	0.64
2. The presentation was well organized and easy to follow.	4.37	0.70
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.48	0.68
4. The presentation was appropriate for my level of education.	4.43	0.66
5. The presenter(s) responded well to participant's questions.	4.40	0.66
6. The session readings and/or materials were helpful.	4.30	0.72
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	4.37	0.70
8. The meeting facility provided an environment conducive to learning.	4.19	0.71
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	4.20	0.73
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.39	0.66
Summated Mean (n=94)	4.34	0.62

Open-End Responses

Excellent seminar.
This comment box is very small making it difficult to review my writing: I already accidentally deleted my entry because I was reviewing. The presentation was very good, but there were challenges (at least from our group) in understanding the whole concept and difference between evidence based treatment and practice. I thought this was right up the alley for the director of our agency. Clarification for regular lay people like us was not always clear. I think we could have had more clarity on topic evidence based and less on the patient. Also, since we are the front line workers, it would have been nice to consider scheduling and scheduling during important holidays like Easter. Many people did not want to be there because their kids were on vacation. It is also sensitive to it being a religious holiday and, of course, self-care is also important. Thank you, overall it was a good presentation.
This was a wonderful experience. I hope it can continue. Thank you.
This was my favorite session because it pulled it all together for me.
Beautifully presented information - I could listen to Kristie easily for hours - she presents complicated information in an extremely user-friendly and understandable manner. What a wealth of knowledge she has! In the early 1970's with my first child I lived far away from my family and T. Barry Brazelton's Infants and Mothers: Differences in Development was my "bible" and comfort along with Dr. Spock. Kristie presents the same comfort and ease of understanding and information.
The presenter was brilliant! Not only an expert, but EASY to understand/follow :)
It was great!
She was an excellent speaker, I would go see her if she was presenting again. Thank you for having her speak.
My favorite speaker thus far :) Kristie had a great presentation.
She informed us about many great books and I wish we could have a reference page with all of them listed in our handouts.
I was pulled from the training early due to staffing issues at the office. Really wanted to stay, sorry I missed it.
Out of office did not complete pre assessment survey
Best presentation ever! Could have listened for hours. She was smart and presented materials that were complex but made them understandable.
Please, no session during spring week break, thanks.
Great presentation. Will definitely use this info to help children succeed.

Session 9
 How to Measure a Relationship
 Barbara Stroud, PhD – May 8, 2014

Pre-Test

Session 9: Perceived Knowledge Pre-Test Results		
<i>How to Measure a Relationship</i>	<i>M</i>	<i>SD</i>
1. Outline the psychological tasks of childhood as an indicator of resilience	2.49	0.98
2. Define when challenging behaviors reach the level of clinical symptoms	2.80	1.05
3. Design developmentally informed and relationship-based interventions to promote optimal developmental outcomes	2.71	1.01
Summated Mean (n=97)	2.67	0.91

Post-Test

Session 9: Perceived Knowledge Pre-Test Results		
<i>How to Measure a Relationship</i>	<i>M</i>	<i>SD</i>
1. Describe the elements of “Evidenced-Based Treatment” & “Evidenced-Based Practice”	3.78	0.71
2. Ability to examine research results and translate findings into clinical interventions	3.82	0.75
3. Identify trans-disciplinary therapeutic interventions for working with children and establishing a therapeutic plan	3.91	0.78
Summated Mean (n=74)	3.84	0.70

Overall Session

Session 9: Overall Session Evaluation		
<i>How to Measure a Relationship</i>	<i>M</i>	<i>SD</i>
1. The objective(s) for this session were met.	4.28	0.63
2. The presentation was well organized and easy to follow.	4.45	0.64
3. The speaker(s) was knowledgeable, engaging and held my interest.	4.59	0.57
4. The presentation was appropriate for my level of education.	4.46	0.62
5. The presenter(s) responded well to participant's questions.	4.57	0.53
6. The session readings and/or materials were helpful.	4.46	0.62
7. The pacing of the presentation and the amount of material presented was appropriate for the time allocated.	4.28	0.73
8. The meeting facility provided an environment conducive to learning.	4.18	0.76
9. The reflective practice pod helped me gain a better understanding of the morning session content and its application to my work with young children and their families.	3.86	0.85
10. The information provided during today's session was valuable and relevant for my work with young children and their families.	4.47	0.58
Summated Mean (n=74)	4.36	0.52

Open-End Responses

Thanks!
She was a great trainer; I wish we would have had her for other trainings. Time went by so fast and the information presented was well explained and easy to understand.
Loved every training! Wish there were more.
I think the speaker deserved more time than she was allotted. The morning felt rushed. Question 9 is irrelevant; we did not meet as a pod. Lunch should have been optional.
Excellent speaker and engaging.
I would have enjoyed having an entire day rather than a half day presentation from Dr. Stroud. She was pretty amazing and I am already utilizing what I learned from her presentation in my work as a mental health clinician.
I fully enjoyed the entire training institute and hope to be part of any additional training offered by Fresno State. Thank you!
Speaker a little too fast at times in speaking. At times, I had a hard time following as she moved very rapidly from one topic to another.
Some of the questions don't apply to me since I work in education and I don't diagnose students! Thanks so much for the training and wonderful presenters. I thoroughly enjoyed each and every presenter and the wealth of knowledge that they shared.
We did not have reflective pods for the last session.
Thank you for this awesome training.
Last session was only in the morning, no reflective pods, except during session.
I really enjoyed and learned a lot from this session.
Loved this presentation!! Very engaging.
Dr. Stroud was a very good presenter. I liked her style of presentation.

Overall Program Evaluation & Feedback

What do you feel was the most valuable content of this training program?

Cross-County Networking
The trainings and having reflective groups
All information was valuable
The presenter's background and current career field. They are experts in what they do
The content that was most helpful to me was the information about brain science. D. Lillas, Dr. Heffron, Dr. Brandt, & Dr. Stroud's presentations were the most helpful to me. Integrating the knowledge about brain science and using it to understand complicated relationships has helped my reflective capacity
All of it is beneficial
Handouts
Having a richer and more dynamic context for working with families
Cultural awareness; sensory profiles; How to measure a relationship
Overall I think that every speaker provided some great insight and knowledge I can apply in my work. I think that the reflective pods really gave us an opportunity to discuss what we learned after every training.
How important early attachment and bonding are to development
I really enjoyed about the neurobrain.
The interactions with the different speakers and the audience.
It was all good information; however, I do feel some of the information was more on a clinical level.
Dr. Lillas' presentations
All
I really enjoyed the pod time. Our group really bonded and it was great to see things from another disciplines point of view. All the speakers were great!
Speakers
Learning about neuropsychology and the impact trauma has on the brain from 0-5 years
Hearing from all of the experts in the field. Learning about trauma, neglect, and poor attachment and the negative effects this has on infant brain development.
Learning more about how important the healthy development of a child is through healthy relationships.
Session 2
Brain development and the connection to children in foster care
I enjoyed the presenters who gave the participants an ample amount of time to work together in our pods to answer the questions outlined. I feel like I remembered more of the content when we had time to work in groups and apply some of the knowledge we were learning.
I truly enjoyed the pods afterwards; it allowed all of the different disciplines to interact and to share what works for them and what doesn't. I truly enjoyed the networking piece of it as well.
The variety of presenters
I felt the presentations, pods, videos and materials were all very valuable content of this training.
Definitely the Pod groups. Gave us the opportunity to process the information for the day and apply it to real-life scenarios
Excellent speakers and content relevant to my area of work.
I liked it all, but I especially liked learning how to make families part of the therapy and the effects of postpartum depression on attachment. I did like getting the interdisciplinary perspective.
The presentations by Dr. Stroud, Dr. Mary Claire Heffron, Dr. White, and Dr. Lillas
The variety of speakers and the handouts
The way each presenter shared a piece of the puzzle and in the end they made a whole
All of it
All of the speakers were excellent. I enjoyed being with folks from other agencies and counties.

I feel the most valuable content were the material given to us by the speakers.
The presenter knowledge and experience in the field
Case studies...and results of theories implemented.
The information on the resources available in this area and putting a face/contact to an agency we may need to utilize in the future.
Learning about floor time and the reflective pods
I felt the atmosphere and working within our groups helped to understand one another. Also working together on strategies given by the presenters.
Important part of the training was the reflecting pods. Listening to others speaks and getting different insight from what I learned was very beneficial.
The therapeutic models and case studies were the most valuable content. The case studies exhibited theory put into practice.
The information received from the professional speakers.
Understanding how relationships help promote brain development, language and ability to regulate emotions.
Most of the material provided was helpful
Review of trauma and brain development
The importance of the relationship component to the child's mental health and development. Also the effect the brain has on overall development, social/emotional and growth (whole child).
The reflective PODs.
Some of the evaluation tools
The discussions around assessment and treatment planning.
I really appreciated the materials and handouts. We can use as models to implement strategies and techniques.
Reflective Pods
The speakers, videos and handouts were excellent. I can now go back and review, read and research on my own time and pace.
Most valuable content was the importance of interdisciplinary interaction. The ability to make a greater difference when considering all potential developmental concerns, rather than focus on one.
All has contributed to an increase in my knowledge level.
Variety of speakers.
The presenters were very knowledgeable and engaging.
The PODS really helped bring things home. Really enjoyed them.
The topics of relationships
Processing the information and clinical cases shared and applying the principals to the relationships I find in the early care and education of children in home setting
Everything was valuable content for me, because I am new to this field. I learned a lot.
The videos and handouts were very valuable.
We believe all of the content to be valuable, to our field in working with children and families every day. We walked away wanting to do more and understanding how much still needed to be understood in the area of infant and children's mental health.
All the video footage presenters had that backed up a lot of their work.
I really find the group activities during the training were helpful, as a group we discussed a case to try to map things out and how important relationships are among the infants during the first few months of their lives.
Information on child/caregiver relationship and brain development
The media on what the lesson was on.
The reflective pods, the participation of different disciplines
The time we had with the reflective pods to discuss the content and reflect about the day.
Watching videos and hearing real case scenarios.
All pieces were of equal value. Each area is intertwined with one another, although we each took content most applicable in our work of area/expertise.
Information regarding brain development and the value of relationship on brain development
All the written materials, samples of cases and how to apply them to the family's situation, and topics the presenters presented were very valuable to me.

What do you feel was the least valuable content of this training program?

It is all valuable
Needing more training to be able to be endorsed as infant mental health clinician
I wish we had more hands on experiences instead of sitting for long periods of time.
Unfortunately I was disappointed with the presentation by Ruby Salazar. I had expectations about learning more about DIR Floor time and I feel the presentation had very minimal information about it.
I thought it was all valuable in terms of content. At times a bit "over my head" but none the less I believe others who it applied to got a lot out of it. But I wouldn't have changed it because I thought the collaboration was beautiful.
DIR specific
I think that all was very important and valuable information.
Some of the content was not applicable to my scope of practice; Connie Lillas presentations was hard to follow.
Everything was important.
Everything was good
It was all good information
DIR video examples and case conferencing
They were all important.
Nothing
Lunch
Although I liked the presenter and her style of presentation, the session on cultural issues was not as valuable
The cultural session. The speaker was very knowledgeable and personable but the content as it pertains to infant mental health seemed minimal.
I don't think anything was not valuable.
Every session was valuable because it tide together.
n/a
I felt like all of the content was valuable.
I feel as some of the speakers were not able to put their clinician vocabulary into more day to day language for all of us to understand.
Lunch
I don't feel that there was anything least valuable of this training.
All of it was valuable.
Having pre-determined groups that stayed the same.
Some presentations were too clinical and didn't seem bring it down to using it in client terms. I did however learn something from each session.
The presentation by Dr. Batts
I felt it was great, I actually would have enjoyed more sessions
None
Cultural speaker
Nothing
I felt the entire day was valuable. It was one of the few trainings that I wanted to stay at for the entire duration.
Hard to say, the materials were very helpful as well.
Practicing the use of the tables/references to complete another worksheet...analysis.

none
none
Sometimes too many charts and models in one presentation were overwhelming.
None
n/a
Everything in the training was useful

Not sure
Autism. Not that it isn't valuable. For me I've had lots of training in that area so I didn't learn anything new. But I'm sure that it was appropriate for others.
I feel that all of the presenters were excellent. All contributed to helping become a better Early Intervention provider.
Presenters who were poorly organized.
N/A
All information was useful.
Every part of the program was valuable
I think the reflective practice piece needed to be longer. An hour was just not long enough.
n/a
None
Speaker that didn't connect to her audience.
None
Seating arrangements were bad
The time; good information was provided, but wished it was presented in extended time.
There is nothing presented that was not valuable. Some content was first time information however I connected how each topic supported the other.
Not having information on Session 4, The Effects of Toxic Stress on Young Children.
The handouts on the brain systems were difficult to follow.
Not least valuable, we just would have liked if the speakers could have come up to each pod at least once over the 9 sessions and help broadly walk through a case with us.
Loved all of it.
None
The session on awareness of self as a cultural being
Some of the paper work/graphs were very overwhelming.
I thought everything was valuable
Nothing. Everything was useful and informational even if it didn't apply to my job.
None
All of the content was exceptional. Session 5 by Dr. Connie Lillas seemed to be more on a clinical level for me and was harder to follow coming from a Regional Center (social worker) line of work. But the case presentations brought it to life and back together for me where I was able to pull what I could from it.
I often found myself dazing out of session when information became too complicated to understand. When information became too advanced to process, it was unfortunately difficult to stay in tune with the speaker.
None. Everything was valuable including the PODS.

What would have made this training program more meaningful to you as a professional or impactful as a practitioner?

The program should go on forever...
The information was great and insightful
More examples of practical use with children and a list of resources in the community.
More real life scenarios of low income families that have received services. Here locally we work with so many low income families, therefore how do we keep in contact with them so that we can have a successful story to tell other programs. Most of the families we serve had many challenges, that meeting their child's needs is food/housing, not mental health or other professionals in this community.
Our reflective pod never became a cohesive group. Very little time was spent reflecting on the topic of the presentation. I have a lot of experience in reflective groups and this one did not feel reflective at all. For the others in the group who have had no reflective experience, I am wondering what they learned about reflective practice.
Too cramped on the tables. Maybe one less person per table.
I enjoyed the training entirely.
More case studies, opportunities to discuss theory relevant to practice.
I work with children, adolescents and even adults that have experienced a lot of trauma in their life and I would have really like for that concept to be expanded upon even more. I was really bummed that our December presenter was unable to make it but it really helped that I saw Dr. Bruce Perry's presentation.
More practice at tables; more change to try out the skills being presented.
As a clinician and my educational level, I was able to get refresher information which reinforced my previous learning. There was also much new learning material that made time and learning meaningful.
N/A
Conversation about families with more than one child. A home visitor usually has more than one child under the age of five.
How to apply reflective practice to evidence based treatments like ABA. ABA is used as a treatment for most kids with autism in the Central Valley and having presenters from the DIR community seemed out of touch for the services that are typically provided in our area. I work for an ABA company that incorporates reflective practice into our work and would have liked seeing Behavior analysts presenting information about autism.
You guys did a good job of choosing the topics and build on each of them.
I wish I could have heard the trauma speaker I heard from the cohort before, it was really good.
Mock case presentations
n/a
More content regarding actual interventions. More content regarding diagnosing autism and the other diagnoses on the spectrum.
I liked the case studies that provided information that can be used in practice.
Everything was great!
Role-playing
I feel like it might have been more meaningful to have the reflective practice time a little more increased (by half an hour or so).
I truly enjoyed this course and I hope to further my education maybe one day and go through the NAPA training. The one compliant I have and it seems like almost everyone did, was about the meals prepared for us.
More interaction with other participants
Everything was very meaningful to me. I don't work directly with the families other than case manager however our families have their struggles and this training provided an open sense of thinking.
N/A
Revolving groups.
More interaction with the presenters. With such a large group that is difficult.
I would have liked to have experienced more depth in the reflective practice pod conversations relative to the

practical applications of what we were learning.
I enjoyed all of it
More case studies during the presentations
Nothing
I didn't really feel that the pod sessions were that helpful. I would have rather had more content from the speaker during that time.
Maybe some more examples of actual cases and the process by which a person administers treatment would be useful.
I think more hands on practice, would be helpful
More real-life case studies with successful outcomes...not working on theory only ideas.
I really enjoyed the case studies, the process in which cases were handled to determine which service was the best fit for each case, and the outcomes from those cases which occurred several years later. It was great to see how the interventions resulted in positive outcomes by the techniques applied to resolve their challenges. Putting into practice the theories that were "preached".
I work with the population and recently gave birth to a preemie baby
The information is very powerful and informative as well as interesting to learn about.
Interacting more in groups
I cannot think of anything. I feel that this program highlighted the importance of infant mental health and gave me the starting tools to assist clients and plan interventions to address infant mental health.
Specific ideas on how to provide therapy for children born positive for drugs and techniques for helping children 0-5 adjust to the trauma of being placed in a foster home, on top of the trauma inflicted on them which brought them to foster care in the first place.
More training for mental health practitioners (Clinical interventions).
Everything was useful
Fewer speakers but more time with each speaker
More "how to" suggestions, resources and information. Basically how do I apply information in my work? There was some offered, but not enough.
Some of the subject matter was so extensive- it has been great to have more time with some presenters.
Not sure. I think there wasn't much new for me because I have done a great deal of training already on this topic with presenters that were more organized and more focused.
More direct connection of the content to its application within a managed care setting. The final presentation gave a format to do the work as well as direction on how to document and implement within managed care.
To have the added knowledge and information to be able to better serve and assist children and staff as well as being a better resource of information.
Having people who we could refer to locally. The information was all wonderful but many of the things talked about were services I could not refer my clients too. Because they were either out of state or out of county. :(
More time to discuss with my pod the material that was being presented. Maybe during the presentation, we could have had more discussion on the topic at that time.
n/a
None
Making it more connection to those not directly involved in the mental health field.
It was well organized. No suggestions.
I liked the case studies to show how it was used and its outcomes.
Learning more about different cultures and views on children with special needs.
Possibly a book list or readings which support the presentations, which would be read in advance especially for those who are not clinicians. Book lists that might be checked out or loaned.
Having more information on Sensory Profiles and Impact on Relationships, such as the DIR.
The ability to collaborate with other professionals made it very meaningful.
If there could have been an on-line chat set up to where we could have connected with each other on our questions in the days that followed each session.
Better food and a little snack in the morning :)
I started to see the infant mental health in a new perspective and how important it is to intervene as early as

possible and how relationship impacts infant/children through the years.
Physical environment was not conducive to optimal learning; table's too crowded, technical problems in every single session, 15 minute break for 200 women who have to share one bathroom is unrealistic.
Doing more group activities.
More stories involving actual clients/patients
The administrative part of programs. We discuss the clients and issues, but not how we comply with state mandates and are able to support the staff that directly gives services.
How to support home visitor with families who are struggling with more than one child in some cases families have 3 or 4 children and they are going through DV or in crisis of losing home or drug abuse.
The presenters were exceptional. I'm not sure what could have been better. The content, case presentations and the individuals who delivered the information were outstanding and extremely knowledgeable. For me, reflective practice is such a wonderful tool to use not just in our work environment but also personally. The facilitators in my opinion need to be better trained. This is a very difficult job to do. It's almost as if it's a lifestyle and if the facilitator is not able to convey that then the pod will have a difficult time using the "reflective practice time" as intended. I have had 5 facilitators in the past and I've only felt the impact with 2 of these reflective practice sessions.
More interaction with the audience like Dr. Stroud did. It definitely resonated a way of practice that I would adopt to further engage families I work with. Plus, a better lunch would have kept me around =) Food for the stomach is food for the mind.
Some sessions may need to be more than one day such as the DIR session.

Additional Comments (optional)

I would love to be invited to continued trainings.
Thank you for this opportunity! I think this is a great training to provide to our valley and I think that with small changes we can make a difference.
Excellent all around. The food was challenging, but it was nutrition. Sometimes, we have a demanding attitude that everything has to be perfect for us. I was o.k. with the food, because I'm trying to learn to be content in whatever situation I am in.
Thank you for your dedication to the children of our valley. It is my hope that this training will be back so that many more professionals have this experience.
Training was very reasonable. Please charge a little more so the food could be better. It was really bad.
I was in POD 12 and our facilitator and group were just wonderful
I was in pod 12 and our facilitator was just wonderful. Our whole group was very cohesive which added greatly to the sessions. Thank you!
I was really looking forward to Session 4. Hopefully I will be invited to attend future workshops because it helps me understand the families that I work with and connect them with resources they need.
Thank you and I'm very pleased that I had the opportunity to be a part of this training.
The content of information was useful.
It was wonderful. I learned a lot and appreciate all the time and effort that was put into making the foundations program possible. I hope to be a part of future programs.
I have found the opportunity to participate in this training to be incredibly valuable to me in terms of my clinical practice. Thank you so much!
Thank you for allowing me to participate. I really enjoyed it and learned a lot. This is a great training opportunity! Thank you for all your hard work!
I really enjoyed the exposure to additional information, and am very appreciative of the opportunity to have attended. Thank you.
Thank you all for all your time and dedication towards these trainings. I hope I am requested to attend more as they are very beneficial to me and my families.
Great training. Enjoyed it!! Thanks for the hard work in putting together a great group of presenters.
I think it is probably good introductory training for someone who has no background in infant mental health.
Wonderful experience!
Thank you so much for the opportunity to participate. I have made many connections/friendships from the reflection pod and have learned to see things from a different perspective. I will definitely be able to apply my new found knowledge to what I do and how I can better serve my clients.
It was a privilege to have been able to participate in this program. I was able to meet some wonderful people and learn amazing things to help my families and their beautiful children. Thank you.
I had a really great experience. My faciliator (Lupe) was amazing.
Thank you all
I appreciate the opportunity to participate in this event. I feel I am a better clinician now that I have been exposed to the information.
Great information throughout the course.
Everything was wonderful. Just one point that I want to give, is it possible to set some boundaries set at the start, about the extent of individual cell phone use. It is distracting and disrespectful to the group for one person to have constant attention on their cell phone and offer nothing to the group or focus on the actual presentation and reflective practice. I needed to get that off my chest :) Thank you for giving me the opportunity to be a part of this valuable program. Especially for the time with Alma Major and Anna Gilman, our facilitators they were an interesting and great team.
Thank you for all your hard work and dedication to the field.
Always make sure microphones have fresh batteries, give short breaks every hour, make tables less crowded. There is some irony in the nature of this training and the lack of attention to the learning environment.
Change the lunch providers.

Lunch was not very good.

Thank you for having me be a part of this wonderful training. It was definitely a pleasure to have attended for the past months and I have already applied some of the information provided with my clients and their families. I'd recommend this training to my colleagues as it is an important part of our work to be knowledgeable about clinical practice and effective ways of working with our community.

Overall, I enjoyed all the presenters, topics and materials provided that were presented. I learned new things each session and I'm working on how to apply them to my work as a service coordinator/case manager. Thank you so much.