

# APPLY NOW!

## Enhancing Cultural Competence in Clinical Care Settings (4C Project)



Practitioners working with children ages birth to five are invited to apply to participate in a year-long training program designed to enhance understanding of parent-child relationship based therapies and cultural influences on the practice of infant and early childhood mental health.

The 4C's project will be framed around two models: The Neurorelational Framework (NRF) developed by Dr. Connie Lillas and "Use of Self as a Cultural Being" developed by Dr. Valerie Batts.

The NRF is a tool that provides a holistic, psycho-biological, and brain-based approach to assessment and treatment, holding both the resilience and dysfunction in parent-child relationships, and individual differences. While the NRF provides a comprehensive approach to infants, children and their parents on a "micro" level, it also helps communities create more robust links across systems of care on a "macro" level. The cultural competency model, "Use of Self as a Cultural Being" engages participants in a multi-cultural process of change that promotes recognition, understanding and appreciation of differences at the personal, interpersonal, institutional/systemic and cultural levels. The project emphasizes reflective functioning and applications of the work through case presentations.

As a result of this advanced training, practitioners will become proficient in the application of the NRF, and will be able to apply the framework with a cultural lens that meets the unique needs of families.

### Training Dates:

Wednesday, January 13, 2016  
Thursday, January 28, 2016  
Friday, January 29, 2016  
Friday, February 12, 2016  
Friday, February 19, 2016  
Thursday, February 25, 2016

Friday, February 26, 2016  
Thursday, March 17, 2016  
Friday, April 15, 2016  
Friday, April 29, 2016  
**NO MAY SESSION**  
Friday, June 24, 2016

Friday, July 15, 2016  
Friday, August, 26, 2016  
Friday, September 30, 2016  
**October (TBD)**  
**October (TBD)**  
Friday, November 18, 2016

All sessions are full day and will be held at the Central Valley Regional Center in Fresno, and are open to licensed professionals and individuals working towards licensure.

For more information or to register, contact Wendy Davis at [wdavis@csufresno.edu](mailto:wdavis@csufresno.edu)

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Provider approved by the California Board of Registered Nursing, CSUF Department of Nursing Provider #CEP 14728, and the California Board of Social Work Education Provider #PCE 2531, for up to 82 contact hours.