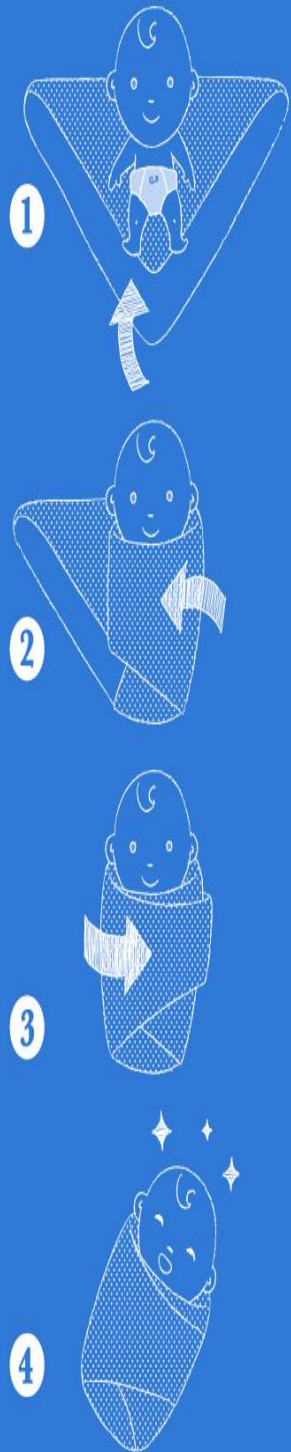


Foundations of Infant Mental Health (FIMH)

Training Project Blueprint



Step 1	Engage Stakeholders	<p>CSU Fresno's (CSUF) Central CA Children's Institute (CCCI) has a long respected history of established strong relationships within CVRC's 6-county catchment area. Because of their commitment to children and families in the Valley, CVRC partnered with CCCI to implement the MHSA grant. During the first year of the project, the Regional Infant Family Mental Health Steering Committee and the Interagency Infant-Family and Early Childhood Mental Health (IFECMH) Training Council were convened. The Steering Committee included representatives from all the larger agencies within the CVRC catchment area (Fresno, Madera, Mariposa, Merced, Kings and Tulare counties). A sub-group of the Steering Committee, the Training Council was established to assist in the design and support of the training. The Training Council had representation from the following participating agencies: County Offices of Education, Depts of Behavioral Health, Depts of Social Services, Regional Center, and Children's Services Networks.</p>
Step 2	Develop Inventory of Training Needs	<p>November 2011 – January 2012 during a series of meetings the training inventory was conducted, involving six to seven key agency stakeholders. The feedback collected provided specific direction for the Training Council when deciding session topics and the selection of content experts/speakers.</p>
Step 3	Curriculum Development	<p>February through June 2012, the Training Council developed a training curriculum for professionals already working with families with young children. With the goal of expanding capacity, the multi-county, multidisciplinary training program provided basic IFECMH curricula to 320 practitioners of six to seven large public agencies in the CVRC catchment area. These trainings were directly responsive to the professional development needs of participating agencies as discovered through the Training Inventory. Additionally, the trainings also served to move attendees closer to meeting state-level endorsement in IFECMH, if desired. The training plan (or syllabus) was developed to include schedules, format, learning objectives and venues for eight didactic training sessions in year 1 (2012/13) and an additional eight in year 2 (2013/14). Curriculum for the trainings was based on the IFECMH Training Guidelines & Personnel Competencies developed by the California IFECMH Workgroup in 2009.</p>
Step 4	Recruit & Select Participants	<p>From May – July 2012 marketing and recruitment materials for the FIMH Program were created to publicize the training. Training Council members were tasked with reaching out within their counties.</p>
Step 5	Launch Training Program	<p>The FIMH Training Program started in September 2012. Lecture sessions included approximately six hours per training day. At each of the training sessions, small reflective practice learning pods met for one hour in the afternoon. These pods were configured to represent varied disciplines and agencies across counties. The learning pods were facilitated by facilitators-in-training of the First 5 Fresno County Reflective Practice Mentor Group.</p>
Step 6	Evaluate	<p>Learning objectives were evaluated for each of the didactic trainings and small group learning pods.</p>

