



## Levels of Relationship

**Level 7. When *sharing feelings*, able to make-sense and solve problems together** (by 36 to 48 months)



**Level 6. When *reading cues*, able to share feelings with others through pretend play and/or by talking** (by 24 to 36 months)



### TOP DOWN

**Level 5. When in a *flow*, able to expand and read non-verbal emotional & gestural cues** (by 13 to 18 months)



**Level 4. When *sharing joy*, able to create a continuous back and forth flow of communication ("circles")** (by 9 months)



**Level 3. When *making eye contact*, able to share joy & fall in love** (by 5 months)



**Level 2. When *calm*, able to make eye contact & look at faces** (by 3 months)



**Level 1. Getting Calm (Green Zone) Together** (by 3 months)

Adapted SE Milestones by C Lillas, 2014



### BOTTOM UP

