

PARENT-CHILD RELATIONSHIP MILESTONES

Child: _____ Caregiver: _____ Examiner: _____ Date: _____ Diagnosis: _____

	1	2	3	4
Place an X in the box that matches the milestone and achievement levels	Relationship not reached	Relationship reached, with help from therapist and parent	Relationship reached, with help from parent	Relationship reached, without help
Functional Capacities				
BOTTOM-UP				
Ia. Getting Calm Together (by 3 months)				
These functions are built upon the capacity to be calm together				
Ib. When <i>calm</i>, able to make eye contact (by 3 months)				
II. When making <i>eye contact</i>, able to share joy (by 5 months)				
III. When sharing <i>joy</i>, able to create a continuous back and forth flow of communication (by 9 months)				
IV. When in a flow, able to expand non-verbal <i>communication</i> through an increasingly nuanced ability to read emotional cues, intentions, and gestures (by 13 to 18 months)				
TOP-DOWN				
V. When sharing <i>emotions</i>, able to create stories via symbolic play and/or with developing language skills (by 24 to 36 months)				
VI. When using emotional <i>stories</i>, able to make sense and solve problems together (by 36 to 48 months)				