

Parallel Process - Step One and Two

How much green zone do I have with this child/family?

What stress responses am I vulnerable to when I am with this child/family?

How does this child/parent impact my relational style?
Brings out my Heart/Hand/Head at my best
Can stimulate my Heart/Hand/Head at my worst

Using conscious application of self, what style (Heart/Hand/Head) or what blend is needed in this child/family?

In what Isms am I dominant?

In what Isms am I non-dominant?

How far up the levels of engagement can I get with this child/family? How much scaffolding is needed?

Is my tendency to approach the child/family “top-down” (talking, explaining) or “bottom up” (sensorimotor experiences)?