



Levels of Engagement

Level 7. When *sharing feelings*, able to make-sense and solve problems together



Level 6. When *reading cues*, able to share feelings with others through pretend play and/or by talking



TOP DOWN

Level 5. When in a *flow*, able to expand and read non-verbal emotional & gestural cues



Level 4. When *sharing joy*, able to create a continuous back and forth flow of communication ("circles")



Level 3. When making *comforting contact*, able to share joy & fall in love



Level 2. When *calm*, able to make visual contact (eye contact/look at faces), or auditory contact (vocalize or sing together), or movement contact (rock together), or tactile contact (cuddle together), or olfactory contact (smelling together) that you both find comforting & connecting



Level 1. Getting Calm (**Green Zone**) Together

