

REGISTRATION INFORMATION

This program is designed for professionals from multiple disciplines who seek professional development in providing infant and family mental health consultation, reflective practice, and relationship-based services to children birth—5 years old and their families. This includes professionals who provide direct services to children and their families in preventive intervention, early education, and health care programs (e.g., Birth to 5, Early Childhood Special Education, Early Head Start, Head Start, Child Care, Child Protective Services, Home Visiting, etc.)

Fees:

\$75 non-refundable registration fee, and an additional fee of \$25, if applying for CEU credits

To Register:

Download application at www.centralcaliforniachildren.org and e-mail completed application to Wendy Davis at wdavis@csufresno.edu by no later than Monday, July 15, 2013.

Enrollment is limited and we are unable to accept all applicants.

Your application will be reviewed and you will be notified via e-mail if you have been accepted by Friday, August 16, 2013. Registration fee is not required until you receive notification of acceptance. Fees will be due by Monday, September 16, 2013.



This project is funded by the Mental Health Services Act (MHSA) in partnership with the California Department of Mental Health and The Department of Developmental Services.

Provider approved by the
California Board of Registered Nursing,
CSUF Department of Nursing
Provider # CEP 14728,
and the California Board of Social Work,
CSUF Department of Social Work
Education Provider # PCE 2531,
for up to 50 contact hours.

FRESNO STATE

Central California Children's Institute

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Foundations of Infant Mental Health Training Program



**September 2013
thru
May 2014**

**New Covenant
Community Church
1744 E. Nees Ave
Fresno, CA 93720**

Background



The Central California Children's Institute, in partnership with the Central Valley Regional Center (CVRC) and First 5 Fresno County, has developed a regional training program in the foundational principles of infant-family and early childhood mental health (IFECMH).

In its second year, the program will introduce 160 practitioners in a six-county region to the fundamental principles of relationship-based work with infants and toddlers, including reflective practice. The proposed curriculum aligns with the professional competencies adopted in 2009 by the California Work Group on Infant-Family and Early Childhood Mental Health, and will cover themes of particular interest to those working with the culturally diverse families of the San Joaquin Valley.

There is a growing need, both locally and nationally, for specialists trained in the field of infant mental health to support these early relationships. Our training program was created to address the burgeoning demand for professionals with expertise in:

- Promoting awareness about the importance of infant mental health
- Practicing in diverse settings serving infants and families
- Conducting assessments and interventions with caregivers and infants experiencing significant distress.

Description of Training Program

Lecture sessions will take place once per month beginning September 2013 and concluding in May 2014. Each session will include approximately six hours per training day. At each of the proposed training sessions, small reflective practice learning pods will meet for one hour in the afternoon. These pods will be configured to represent varied disciplines and agencies across participating counties. The learning pods will be facilitated by facilitators-in-training of the First 5 Fresno County Reflective Practice Mentor Group. For more information on the reflective practice component, please contact Dr. Martha Moore at marthamoorephd@gmail.com.



What will the Program provide?

Advanced learning experiences that will lead to:

- An increased specialized knowledge base and skill set
- Extraordinary opportunities to learn from and with state and nationally recognized experts in the fields of infant, early childhood and family mental health;
- Reflective mentoring and supervision experiences necessary to provide direct clinical and/or consultation services
- Professional development that aligns with the California Training Guidelines for Infant-Family Mental Health

Tentative Training Schedule

SESSION 1:

Thursday, September 26, 2013

Mary Claire Heffron, PhD

Clinical Director, ECMH Training Program,
Children's Hospital & Research Center, Oakland, CA

SESSION 2:

Thursday, October 24, 2013

Connie Lillas, RN, MFT, PhD

Director, Interdisciplinary Training Institute
Los Angeles, CA

SESSION 3:

Thursday, November 7, 2013

Valerie Batts, PhD

President, Visions, Inc., Fresno, CA

SESSION 4:

Thursday, December 5, 2013

Chandra Ghosh-Ippen, PhD (Invited)

Child Trauma Research Program, UCSF, San Francisco, CA

SESSION 5:

Thursday, January 16, 2014

Connie Lillas, RN, MFT, PhD

Director, Interdisciplinary Training Institute
Los Angeles, CA

SESSION 6:

Thursday, February 13, 2014

TBD - Sensory Profiles and Impact on Relationships

SESSION 7:

Thursday, March 13, 2014

Ruby Salazar, PhD

Private Practice

SESSION 8:

Thursday, TBD

Kristie Brandt, CNM, DNP (Invited)

Director, Parent-Infant & Child Institute, Napa, CA

SESSION 9:

Thursday, May 8, 2014

Closing Session of Two Year Effort:

"How to Measure a Relationship?"

Book Signing with Barbara Stroud, PhD