



Levels of Engagement

Level 7. When *sharing feelings*, able to make-sense and solve problems together (by 36 to 48 months)



Level 6. When *reading cues*, able to share feelings with others through pretend play and/or by talking (by 24 to 36 months)



TOP DOWN

Level 5. When in a *flow*, able to expand and read non-verbal emotional & gestural cues (by 13 to 18 months)



Level 4. When *sharing joy*, able to create a continuous back and forth flow of communication ("circles") (by 9 months)



Level 3. When *making comforting contact*, able to share joy & fall in love (by 5 months)



Level 2. When *calm*, able to make visual contact (eye contact/look at faces), or auditory contact (vocalize or sing together), or movement contact (rock together), or tactile contact (cuddle together), or olfactory contact (smelling together) that you both find comforting & connecting (by 3 months)



Level 1. Getting Calm (Green Zone) Together (by 3 months)

