



I'm a Sensational Kid!

And chances are, there's a kid like me in your classroom right now!

You see, I have **Sensory Processing Disorder (SPD)**. That just means that my brain can't process sensory information the right way. When my brain gets information through any of my senses — sight, smell, hearing, taste, touch, vestibular or proprioception — it doesn't always know what to do with that information and I become very disorganized and confused. Sometimes I overreact to this sensory input and sometimes I don't react enough. This makes it *really* hard for me to function at school (and home, too!). I might have trouble learning or making friends. I might be really shy and withdraw from everyone. I might have trouble coping and have a lot of tantrums and meltdowns. I might be afraid of a lot of activities that kids usually enjoy. It's super tough.

So, *Do You Know Me?* Or maybe someone like me? Well, there are lots of things you can do to help me. Being patient and understanding is a great place to start! Then you need to talk to my parents. If they know about my SPD, I bet they have lots of ideas to help me function better in the classroom. But if they have never even heard of SPD and you think they should learn more about it, maybe you could tell them to talk to my doctor or an Occupational Therapist. If Sensory Processing Disorder is causing my troubles in the classroom, the right interventions will help me start feeling better and learning better.

Oh, yeah! I really *am* sensational, by the way! With a little help from you, my teacher, I could really shine!