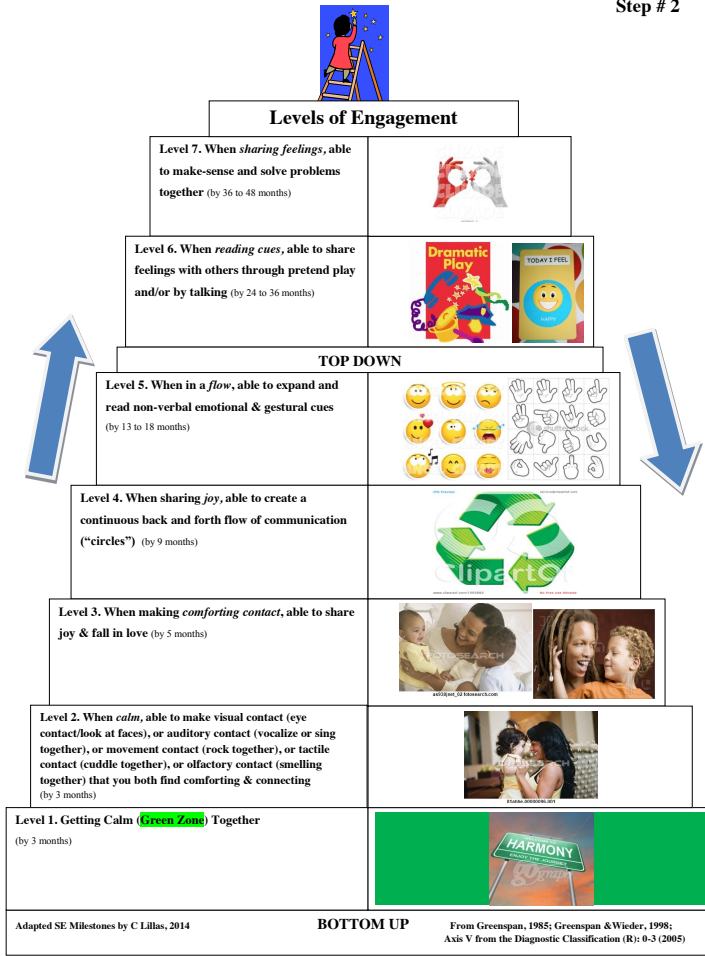


Step Two Cheat Sheet: Assessing the Quality of the Relationship

Step # 2



STEP #2

PARENT-CHILD RELATIONSHIP MILESTONES

Child: _____ Caregiver: _____ Examiner: _____ Date: _____ Diagnosis: _____

	1	2	3	4	5	6
Place an X in the box that matches the milestone and achievement levels	Age appropriate under all conditions, including stress, with a full range of emotions	Age appropriate but vulnerable to stress and/or constricted range of emotions	Has capacity but not at age appropriate level	Inconsistent/needs sensorimotor support and structure to function at this capacity	Barely evidences capacity even with support	Has not reached this level
Functional Capacities	BOTTOM-UP					
Level 1. Getting Calm (Green Zone) Together (by 3 months)						
These functions are built upon the capacity to be calm together						
Level 2. When calm, able to make visual contact (eye contact/look at faces), or auditory contact (vocalize or sing together), or movement contact (rock together), or tactile contact (cuddle together), or olfactory contact (smelling together) that you both find comforting & connecting (by 3 months)						
Level 3. When making comforting contact, able to share joy & fall in love (by 5 months)						
Level 4. When sharing joy, able to create a continuous back and forth flow of communication ("circles") (by 9 months)						
Level 5. When in a flow, able to expand and read non-verbal emotional & gestural cues (by 13 to 18 months)						
TOP-DOWN						
Level 6. When reading cues, able to share feelings with others through pretend play and/or by talking (by 24 to 36 months)						
Level 7. When sharing feelings, able to make-sense and solve problems together (by 36 to 48 months)						