
OSHER
LIFELONG
LEARNING
INSTITUTE

OLLI

SPRING 2016 CATALOG

Meet. Learn. Grow.

University-level non-credit courses, lectures
and field trips for those age 50 and better.

LEARNING FOR THE LOVE OF LEARNING

The Osher Lifelong Learning Institute (OLLI) at Fresno State offers learning opportunities to those age 50 or better. No entrance requirements, tests, grades or papers – just learning for enjoyment, personal growth and intellectual stimulation with like-minded people. Come learn for the love of learning!



Membership Information

At Fresno State's OLLI, you choose how involved you wish to be, depending on your availability and interests.

General Sessions and Short Courses are open ONLY to OLLI members. Seating is limited for some events so be sure to return your registration as soon as possible. Non-members may attend Field Trips by paying the non-member registration fees for those individual trips (see details under Field Trip listings in this catalog).

Membership fees are non-refundable and non-transferable. Members who must cancel their Field Trips or Short Courses will be refunded only if their space can be filled. Refunds are issued at the end of the semester.

You will receive a confirmation letter once we receive your registration and payment. We cannot hold space without a paid registration.

Parking

OLLI incurs a parking charge; however, the OLLI leadership has decided not to pass this cost on to you. Members may request a parking permit by checking the option on the registration form. If you request a permit, parking details will be mailed to you. We respectfully ask that you request a permit only if necessary. If there are multiple OLLI members in your household or social group, please consider carpooling to events. Your consideration maintains OLLI's ability to offer quality programs at an affordable price.

OLLI is not responsible for lost or stolen parking permits nor for parking citations received by those not in compliance with campus parking regulations.

Keep in mind that Fresno State's student population is growing and it may take a bit of time to find a parking spot. If you need a disability-related accommodation or wheelchair access information, please contact the OLLI office at 559.278.0008 or send us an email at osher@csufresno.edu. Requests should be made at least one week in advance of the event.

General Membership \$40 Per Person

- Admission to all scheduled General Sessions during the Spring 2016 semester.
- Opportunity to register for Short Courses and Field Trips as outlined on the schedule.
- Optional on-campus parking during all General Session events and Short Courses.
- Privileges to use and check out materials at the Henry Madden Library.
- OLLI activity announcements about Fresno State events via email.

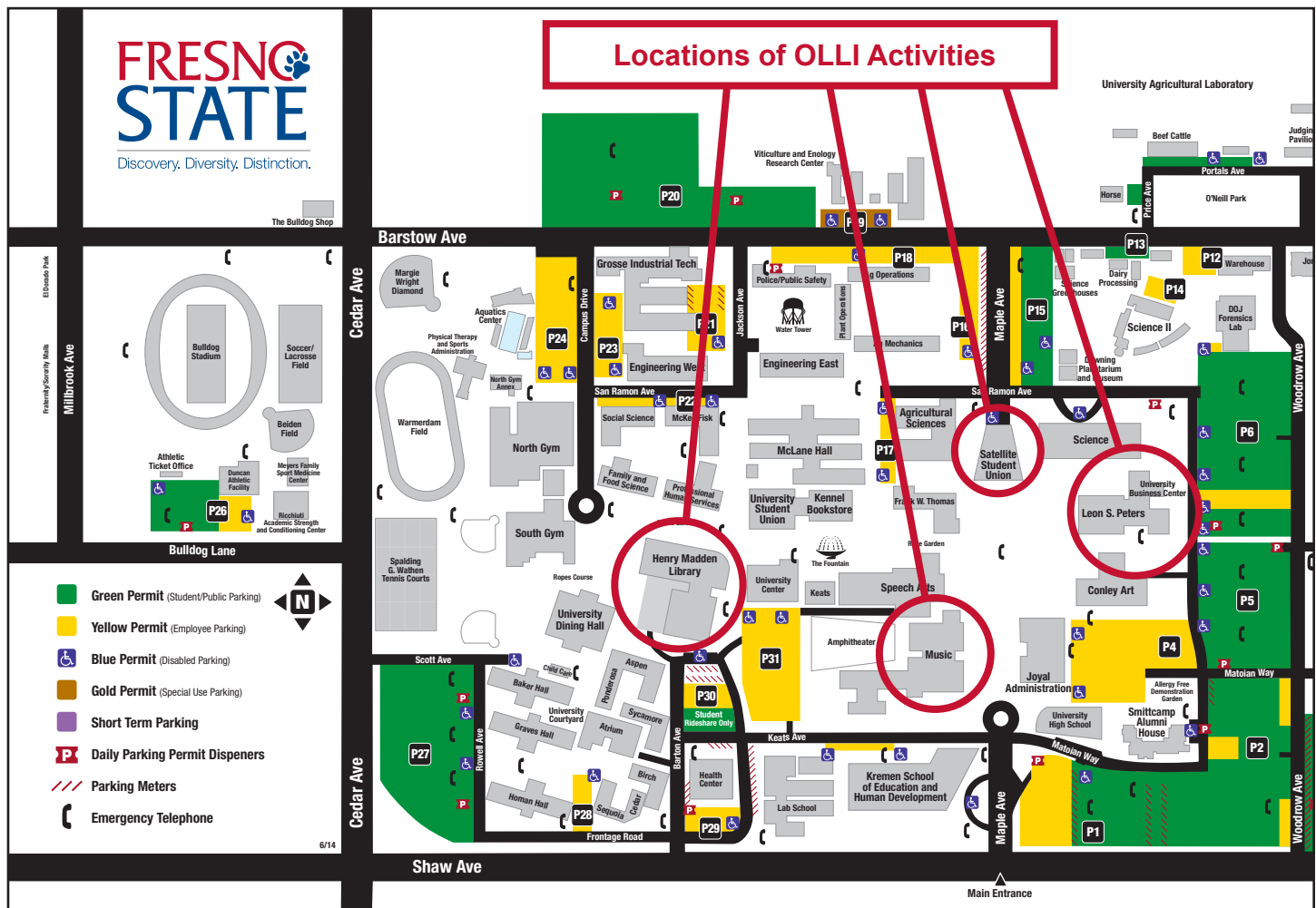
Short Courses Fee Varies

- Open only to OLLI members.
- A wide variety of interesting topics is offered.
- Registration is processed on a first-come, first-served basis.
- Short course are self-supporting. A minimum enrollment is required or courses may be cancelled.

Field Trips Fee Varies

- Open to members and non-members. Members get a lower price.
- Registration is processed on a first-come, first-served basis.
- Field trips are self-supporting. A minimum enrollment is required or trips may be cancelled.
- Consumption of alcoholic beverages is not permitted in vehicles operated or provided by OLLI.

Locations of OLLI Activities at Fresno State



Osher Lifelong Learning Institute

5245 N. Backer Avenue, M/S PB5 Fresno, CA 93740

559.278.0008 Email osher@csufresno.edu

www.FresnoState.edu/olli

Disabled Parking: Fresno State parking lots have clearly designated parking spaces for the disabled. A valid DMV placard or disabled license plate, as well as a **campus parking permit**, is required to be displayed.

The Osher Lifelong Learning Institute is not responsible for parking violations.

OLLI Advisory Board

Leticia Reyna Cano

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Scott Moore, PhD, Dean,
Continuing and Global Education

Jill Wagner, APR
Executive Director

General Session Descriptions

February
8
MONDAY

3 - 4:30 p.m.
Satellite Student Union

Vladimir Putin: The Man, The Myth, The Politician

Dr. Michelle DenBeste



This session will examine the Russian President Vladimir Putin's rise to power, his politics, his ideologies, his wars and his vision for Russia. We will endeavor to place the Putin era in historical perspective by comparing his regime with other Russian regimes and by contextualizing his regime in terms of Russia's historical trajectory.

March
3
THURSDAY

3 - 4:30 p.m.
Satellite Student Union

Bulldogs at Their Best: The Commitment to Community Service at Fresno State

Chris Fiorentino



There are many things to be proud of at Fresno State. One of the areas where the university community best displays the character and traits that are most important in our society may also be the area most know least about - Fresno State's incredible commitment to community service. Chris Fiorentino, Director of the Jan & Bud Richter Center, will be joined by three students who have been involved in and helped to lead service efforts at Fresno State. They will discuss Fresno State's award-winning community engagement and service-learning programs. You will learn about the benefits of service and how you can be involved in serving our community, alongside Fresno State students.

March
17
THURSDAY

3 - 4:30 p.m.
Satellite Student Union

Happiness Fitness - Strategies for More Joy in Your Life

Diane Callahan



Everyone encounters tough times in their life but not everyone lets those challenges keep them down. Join us to learn how to increase your resilience and your happiness fitness using strategies similar to those we use to build our physical fitness (no sit-ups required!) This discussion will share recent scientific research into positive psychology and the phenomenon known as post traumatic growth. Dianne Callahan is a three-time cancer survivor and an award-winning public relations professional, non-profit executive and encouragement speaker.

April
7
THURSDAY

3 - 4:30 p.m.
Satellite Student Union

An Analysis of Mass Murderers and Their Victims

Dr. Eric Hickey



Mass murder has many paths, many whys and many contingencies. Dr. Eric Hickey will provide an analysis of individuals in the United States who use mass murder as a violent means of expression. This graphic presentation examines the realities of homicide in public places including victim-offender relationships, law enforcement response and societal impact. Dr. Hickey engages the audience and reviews best practices in detection, intervention and prevention of public mass murder.

April
20
WEDNESDAY

3 - 4:30 p.m.
Satellite Student Union

Current Events and Ethical Viewpoints

Dr. Andy Fiala



This lecture will discuss current events from a philosophical perspective. Topics will include: elections and political campaign rhetoric, recent news items and contemporary issues. Dr. Andrew Fiala will apply critical insight to local, national, and international headlines.

May
3
TUESDAY

3 - 4:30 p.m.
Satellite Student Union

Executing the Rosenbergs: Death & Diplomacy in a Cold War World

Dr. Lori Clune



Julius Rosenberg and his wife Ethel were accused of giving atomic secrets to the Soviets and executed in 1953 for conspiracy to commit espionage. Using nearly 1,000 newly-discovered State Department documents detailing widespread global protest movements, Dr. Clune tells the history of the Rosenberg case as the controversial and transnational Cold War event that it was.

Short Course Descriptions

JANUARY FEBRUARY **\$35**

27 3, 10 & 17

2:00 – 3:30 pm PB194
PB192 on 2-3-16 only

Memoirs: Writing the Stories of Your Life

Dr. Linnea Alexander

Everyone has a lifetime of stories waiting to be shared. This class provides an opportunity to write the stories that have shaped your life. We will discuss various techniques to make your writing more powerful and make the writing process more enjoyable. You will have the opportunity to revise, with feedback from the instructor as well as your peers.

JANUARY FEBRUARY **\$70**

26, 28 2, 4, 9, 11, 16 & 18

2:00 – 4:00 pm UBC191

The History of Entertainment through Plays, Films and TV – Part A

Dr. Ed EmanuEl

Take a dynamic tour of the world of entertainment where you'll come appreciate it as an art form, communication medium and industry. The expanded length and frequency of this course allows for in-depth discussion and review and viewing of films. Part A of the course focuses on the history of entertainment from its roots in Ancient Greece to Elizabethan Theatre and Drama, as it relates to contemporary entertainment.

Our instructor, Dr. Edward EmanuEl, taught myriad topics during his theatre arts career at Fresno State and earned the highest award that can be conferred upon a professor in the CSU system: the Stanley T. Wang Family Award for Academic Excellence. Dr. EmanuEl is a noted writer and director who has shared his talents and passions around the nation and world. His teaching style is expansive, engaging and entertaining, and you are sure to have a wonderful and memorable time in this course.

FEBRUARY **\$5**

5

3:00 – 4:15pm DiscoverE –
Henry Madden Library

iPhone: Basics & Settings

Explore the basics of your iPhone to learn features that will help you get the most from this powerful little computer. Bring your iPhone to the class for maximum benefit.

FEBRUARY MARCH **\$35**

9, 16, 23 1

2:00 – 4:00 pm UBC191

When the Cold War Was Hot

Paul Kaser

Come and share memories of our lives during the Cold War Era. We'll review film and television clips that reveal America's worried and sometimes humorous (even musical) responses to the series of bizarre events that shaped our worldview. This was the exhilarating and sometimes deadly drama with a cast of millions, including "Uncle Joe," Ike and Mamie, Nikita and Nina, Gorby, Reagan, Dr. Strangelove, James Bond, Gagarin Armstrong, and you. No wonder post-Cold War generations have so much trouble understanding the complexities of the times we lived through.

FEBRUARY **\$35**

4, 11, 18, & 25

10:00 – 11:30 am UBC192
UBC194 on 2-4-16 only

Poetry Writing

Sally Vogl

Discover the poet within you. Whether you've previously written poetry or not, this class will help you develop your skills, and you will be able to share your poems in a safe and supportive atmosphere. We will open each class with a brief sharing of a published poem, as reading great poetry helps us become better poets. Perhaps you have a favorite poem you'd like to share from Robert Frost, Phil Levine, Rita Dove or some other poet. The bulk of the class time will be spent on your poems. Sally Vogl earned an MFA in creative writing from Fresno State in 2013.

FEBRUARY \$5
12

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

iPhone: Advanced

If you are comfortable using your iPhone but want to learn more about its features and power, this is the class for you. This class is also the next in the series following the Feb. 5 iPhone basics class. Bring your iPhone to class for maximum benefit.

FEBRUARY MARCH \$25
17, 24 **2**

9:00 – 10:30 am

UBC191

Frank Gehry: Architecture Outside The Box

Susana Sosa

This course will look at the career of renowned California-based architect Frank Gehry, who has redefined contemporary architecture. Among Gehry's iconic buildings are the Guggenheim Museum in Bilbao, Spain and the Disney Concert Hall in Los Angeles. While focusing on Gehry's designs and practice, we will also discuss the broader context of Post-Modern architecture to understand the goals and concepts of other contemporary architects. Frank Gehry is being honored with a major exhibition at the Los Angeles Museum of Art which runs through March 20, 2016 and is offered as an OLLI field trip this semester.

FEBRUARY \$5
19

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

iPhone: Customization & Tricks

You will have a great time in this class learning how to make your iPhone serve your needs best and will pick up some tricks that are fun and useful. Bring your iPhone to class for maximum benefit.

FEBRUARY MARCH \$70
23, 25 **1, 3, 8, 10, 15 & 17**

2:00 – 4:00 pm (Feb. 23, 25; March 1) UBC191
10 am – Noon (March 3; 8; 10; 15; 17)

The History of Entertainment through Plays, Films and TV – Part B

Dr. Ed Emanuel

Take a dynamic tour of the world of entertainment where you'll come appreciate it as an art form, communication medium and industry. The expanded length and frequency of this course allows for in-depth discussion and review and viewing of films. Part B of the course travels historically from Elizabethan Theatre, through Restoration Theatre and Drama to the present, as it relates to contemporary entertainment.

Dr. Emanuel is a noted writer and director who has shared his talents and passions around the nation and world. His teaching style is expansive, engaging and entertaining, and you are sure to have a wonderful and memorable time in this course.

FEBRUARY \$5
26

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

iPhone: Hidden Tricks

Your iPhone is a powerful device. Come to this class to learn lots of hidden tricks to make your phone work best for you. Bring your iPhone to class for maximum benefit.

MARCH \$35
2, 9, 16 & 23

2:00 – 3:30 pm

PB 192

Creativity for Life

Jill Wagner

Each of us is a creative being. It's true and I can prove it! Come learn how to tap into the depth of creativity you possess to chart a course to new experiences, pursue long-held dreams or simply experience the deep satisfaction that comes when you share your authentic self. Do not believe the lie that you are not creative. We'll do fun hands-on activities and explore the many ways we are all marvelously creative. Jill Wagner is the executive director of the Osher Lifelong Learning Institute.

MARCH \$5

4

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

iCloud: Basics

If you use an Apple device (iPhone, iPad or Apple computer) you've heard lots about the iCloud, which connects you and your Apple devices. Learn how iCloud makes sure you always have the latest versions of your important information—like documents, photos, notes, and contacts—on whatever device you're using. Bring your small Apple device to class for maximum benefit.

MARCH \$5

11

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

iCloud: Advanced

If you take the March 4 iCloud course, or have a basic knowledge of iCloud, this class will build your knowledge and confidence in using iCloud. Bring your small Apple device to class for maximum benefit.

MARCH \$35

7, 14, 21 & 28

10:00 – 11:30 am

PB 191

FDR: The Man and the President

Dr. Allen Carden

Franklin Delano Roosevelt served as President of the United States for 12 years, more than any other president before or since. Elected in the depths of the Great Depression in 1932, FDR was also at the helm when America was attacked at Pearl Harbor, ushering the nation directly into the Second World War. Roosevelt used national crises to greatly strengthen the power of the federal government in ways both cheered by his supporters and deplored by his critics. Join us as we examine the complex and sometimes surprising motives, actions, and image of this "patrician politician," his powerful first lady, Eleanor, and the Roosevelt imprint on America to this day.

MARCH \$5

18

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

Android: Basics

Explore the basics of your Android phone to learn features that will help you get the most from this powerful little computer. Bring your Android device to the class for maximum benefit.

MARCH \$25

7, 14 & 28

3:00 – 5:00 pm

PB 191

The Turning Point of 1960s American Popular Music

Dr. Matt Darling

The 1960s were characterized by folk music, folk rock, psychedelic rock and protest music. Bob Dylan, the Byrds, Jefferson Airplane, Jimi Hendrix, the Grateful Dead, the Doors, John Fogerty and so many others created music that reflected, then changed, a generation. Come learn how the Civil Rights movement, Vietnam, and the pervasive drug culture changed popular music in America in the 60s.

APRIL \$50

4, 11, 18 & 25

1:00 – 2:30 pm

PB 194

Tai Chi for Everybody

David Ortiz

A wellness exercise program for everyone and every "body", Tai Chi can benefit you by bringing awareness, and giving you needed focus. Tai Chi is an ancient Chinese style of martial arts that allows modification so all may enjoy, regardless of age. Tai Chi is the art of embracing the mind, body and spirit, by bridging the gap between the mind and the body. It is a set of exercises that emphasize breathing control, whole body movements with bent knees, and slow flowing movements. Tai Chi exercises can be modified according to physical conditions (i.e., sitting, standing, small steps, etc.), allowing each person to perform within their range of motion. Tai Chi builds strength and stamina and improves balance, as well as physical and mental concentration. Over time, Tai Chi may also improve walking and posture, and reduce pain.

APRIL \$35

5, 12, 19 & 26

2:00 – 3:30 pm M127
 Note: this course is held in the Music Bldg.

Sing From Your Heart

Dr. Anna Hamre

Singing is too important to be left only to the professionals. These four sessions will help singers improve their breathing, tone quality, range and flexibility. No previous experience is required. Come sing for fun and sing from your heart.

APRIL \$5

8

3:00 – 4:15 pm DiscoverE –
 Henry Madden Library

Android: Advanced

If you are comfortable using your Android phone but want to learn more about its features and power, this is the class for you. This class is also the next in the series following the April 1 Android basics class. Bring your Android phone to class for maximum benefit.

APRIL \$25

5, 12 & 19

10:00 – 11:30 am PB191

Art: Past and Present

Dr. Joyce Aiken

In this class we will explore all kinds of art: traditional and contemporary painting and sculpture; public art; feminist; performance; conceptual and more. It may not all be to your liking, but after seeing the images and hearing the discussions, you will better understand the art and the artist. Some of the work may puzzle you - some puzzles me - but we'll look at this together. This is a continuation of the class held a few years ago, "Let's Look at Art," with new images to view. Joyce Aiken is a studio artist and Professor Emerita from the Art Department at Fresno State.

APRIL MAY \$25

13 & 27 **4**

2:30 – 4:00 pm PB191

**What Would Gandhi Do?
 Moral Strategies for a Peaceful Existence**

Dr. Veena Howard

Mahatma Gandhi has become a popular icon of nonviolent activism. While Gandhi's nonviolence has been invoked to confront injustice and oppression, his strategy of nonviolence has not completely been understood. We will explore Gandhi's personal life, intellectual influences, and religious vows in order to understand his nonviolence and how he transformed this moral practice into a means of confronting social, economic, political, and environmental injustices.

APRIL \$5

15

3:00 – 4:15 pm DiscoverE –
 Henry Madden Library

Facebook

There are many social channels through which you can connect with friends and families. Come learn the best features of Facebook and build your confidence. If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.

APRIL MAY \$35

21 & 28 **5 & 12**

2:00 – 3:30 pm PB191

It All Adds Up: Mathematics in Life

Elena Duran-Diestelkamp

This course will highlight where math appears in real life and help you gain a new appreciation for mathematics in your life – in a fun way! The discovery of patterns and relationships, from simplistic to complex, is the basis of mathematics. The Fibonacci sequence appears in nature, art, architecture, and music and appears in nature in daisy petals, pine cones, sunflowers, pineapples and bee ancestry code just to name a few. We will explore stories and myths of mathematicians from the secret society of the Pythagoreans to Galileo. Come have fun seeing another side of math!

APRIL \$5
22

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

Keep Your Brain Healthy Through Lumosity

Can games keep your brain pistons firing? Yes! Lumosity is designed to keep your brain engaged through play. Have fun learning about it and challenge your gray matter through play. If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.

APRIL \$5
29

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

Learn a New Language With Duolingo

In this information age, you can do so much online for free, including learning a new language. If you've always wanted to know another language for travel or fun, attend this class! If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.

MAY \$5
6

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

Video Calling On Skype

You can have face-to-face conversations with people near or far, using Skype technology. Learn to use Skype for real-time video conversations. If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.

MAY \$5
13

3:00 – 4:15 pm

DiscoverE –
Henry Madden Library

Google Earth

Explore the world from the comfort of your online device. Google Earth provides 3D visuals of earth, its landscape and the universe. Come find out the many interesting ways to use Google Earth. If you have a handheld device (smart phone, tablet, iPad) bring it along for maximum benefit.

Book Club	FEBRUARY	MARCH	APRIL	MAY	\$5
Kay Davies	12	18	8	13	

10:30 am – Noon

UBC194

Join us for some or all of the sessions. Reading the book is not a requirement to join the discussion, but it does help.

February 12

Infidel

by Ayaan Ali

A memoir by Ayaan Ali, she tells her life story from her traditional Muslim childhood in Somalia, Saudi Arabia, and Kenya to her intellectual awakening and activism in the Netherlands and her current life under armed guard in the west.

March 18

The Train to Crystal City: FDR's Secret Prisoner Exchange Program and America's Only Family Internment Camp During WW II

by Jan Jarboe Russell

The never before told story of a secret FDR approved-camp in Texas where thousands of families - many Americans - were incarcerated from 1942-1948. Combining big-picture World War II history with a little-known event in American history, this story reveals the secrets of FDR's tactics to rescue high-profile POWs, and how the definition of American citizenship changed under the pressure of war.

April 8

Island of the Lost: Shipwrecked at the Edge of the World

by Joan Druett

In 1864, the crew of the *Grafton* shipwrecked on Auckland Island. With year-round freezing rain and howling winds, it is one of the most forbidding places in the world. Incredibly, on the opposite end of the island, unbeknownst to them, the *Invercauld* shipwrecked during a violent storm. This is a story about how leadership defines the fine line between chaos and order.

May 13

The Wright Brothers

by David McCullough

This book tells the dramatic story-behind-the-story about the courageous brothers who taught the world how to fly: Wilbur and Orville Wright. On a winter day in 1903, in the Outer Banks of North Carolina, two unknown brothers from Ohio changed history. But it would take the world some time to believe what had happened: the age of flight had begun.

Field Trip Descriptions

FEBRUARY

24

WEDNESDAY

4 – 5:30 pm

Discovering Kristin Saleri Exhibition – Henry Madden Library

Members \$10, Non Members \$15

Maximum Capacity: 24

Last Day to Register - February 17

Price includes admission only. Your own transportation.

A child prodigy of Armenian heritage and niece of Rupen Sevag, Kristin Saleri (1915-2006) was an internationally-recognized artist with a long career in Istanbul. She overcame challenges of gender and ethnicity to secure her place as a member of the founding generation that created modern art in Turkey. Join us as we launch this historical retrospective highlighting some of Kristin Saleri's best work.

FEBRUARY

29

MONDAY

6:30 am – 6 pm

Los Angeles County Museum of Art - Frank Gehry Exhibition

Members \$85, Non Members \$95

Maximum Capacity: 24

Last Day to Register - February 12

Price includes admission and round trip transportation.

Frank Gehry has revolutionized architecture's aesthetics, social and cultural role, and relationship to the city. His pioneering work in digital technologies set in motion the practices adopted by the construction industry today. Gehry's innovation and ability to push the boundaries of architecture garnered him the Pritzker Architecture Prize in 1989. This exhibition is a comprehensive examination of his extraordinary body of work from the early 1960s—when he established his firm in Los Angeles in 1962—to the present, featuring over 200 drawings, many of which have never been seen publicly, and 65 models that illuminate the evolution of Gehry's thinking.

MARCH

11

FRIDAY

11 am – 1 pm

Whole Foods Cooking Class - Thai

Members \$25, Non Members \$35

Maximum Capacity: 20

Last Day to Register - February 4

Price includes admission only. Your own transportation.

You will learn how to make Thai spring rolls with almond dipping sauce, coconut curried butternut squash soup, jasmine Thai rice and creamy coconut lime sorbet. Best of all, you get to eat the culinary creations at the end of class.

MARCH

29

TUESDAY

6:30 am – 7 pm

Monterey Bay Whale Watching

Members \$85, Non Members \$90

Maximum Capacity: 48

Last Day to Register - March 15

Price includes admission and round trip transportation. Unfortunately the boat company cannot accommodate individuals with disabilities.

We'll be taking a boat to out on Monterey Bay to get an up-close look at marine life. During the spring and summer, northwest winds push the surface water offshore, replacing it with cold water from greater depths. These waters are rich in nutrients, fueling the growth of plankton—the basis for the sanctuary's rich marine food chain. Whales, dolphins, and seabirds concentrate in the sanctuary to feed on an abundance of krill, fish, and squid supported by these intense plankton blooms. If you experience motion sickness, please bring medications that work for you.

APRIL
14
THURSDAY

6:30 am – 7 pm

AT&T Park Tour

Members \$90, Non Members \$95

Maximum Capacity: 48

Last Day to Register - March 30

Price includes admission and round trip transportation.

It's the ballpark where home runs can be "splash hits"; where one of baseball's most hallowed franchises plays inside an architectural landmark. Breathtaking bay views rival the action on the field. On your behind-the-scenes tour of the home of the San Francisco Giants, you'll go places only the players and coaches go: the Giants' dugout, the Visitors' clubhouse, and even the field. After the tour, the bus will take us to Pier 39 where you can grab lunch or enjoy many amenities that the Pier offers, such as shopping, watching sea lions, street performers and more.

APRIL
15
FRIDAY

11 am – 1 pm

Whole Foods Cooking Class - Hispanic

Members \$25, Non Members \$35

Maximum Capacity: 20

Last Day to Register - April 8

Price includes admission only. Your own transportation.

You will learn how to make Baja fish tacos, zesty lime slaw, fresh mango salsa, cilantro lime rice and horchata. Best of all, you get to eat the culinary creations at the end of class.

APRIL
22
FRIDAY

11 am – 1 pm

Whole Foods Cooking Class - Italian

Members \$25, Non Members \$35

Maximum Capacity: 20

Last Day to Register - April 15

Price includes admission only. Your own transportation.

You will learn how to make parmesan pesto stuffed mushrooms, orange and fennel salad with arugula, savory minestrone soup and tiramisu sundaes. Best of all, you get to eat the culinary creations at the end of class.

APRIL
29
FRIDAY

11 am – 1 pm

Whole Foods Cooking Class - Mediterranean

Members \$25, Non Members \$35

Maximum Capacity: 20

Last Day to Register - April 22

Price includes admission only. Your own transportation.

You will learn how to make chicken souvlaki, quinoa tabbouli, healthy hummus and chocolate caramel pistachio bites. Best of all, you get to eat the culinary creations at the end of class.



OLLI Spring 2016 Calendar

General Sessions **Field Trips** **Courses**

JANUARY/FEBRUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25	2 PM Entertainment Part A 26	2 PM Memoirs 27	2 PM Entertainment Part A 28	29
1	2 PM Entertainment Part A 2	2 PM Memoirs 3	10 AM Poetry Writing 4 2 PM Entertainment Part A	3 PM iPhone Basics 5
3 PM General Session Putin 8	10 AM Cold War 9 2 PM Entertainment Part A	2 PM Memoirs 10	10 AM Poetry Writing 11 2 PM Entertainment Part A	10:30 AM Book Club 12 3 PM iPhone Advanced
15	10 AM Cold War 16 2 PM Entertainment Part A	9 AM Architect Frank Gehry 17 2 PM Memoirs	10 AM Poetry Writing 18 2 PM Entertainment Part A	3 PM iPhone Customization 19
22	10 AM Cold War 23 2 PM Entertainment Part B	9 AM Architect Frank Gehry 24 4 PM Saleri Exhibition	10 AM Poetry Writing 25 2 PM Entertainment Part B	3 PM iPhone Tricks 26

MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:30 AM LA Museum Gehry Exhibition 29	10 AM Cold War 1 2 PM Entertainment Part B	9 AM Architect Frank Gehry 2 2 PM Creativity for Life	10 AM Entertainment Part B 3 3 PM General Session Fresno State Service Learning	3 PM iCloud Basics 4
10 AM FDR 7 3 PM 1960s Music	10 AM Entertainment Part B 8	2 PM Creativity for Life 9	10 AM Entertainment Part B 10	11 AM Thai Cooking Class 11 3 PM iCloud Advanced
10 AM FDR 14 3 PM 1960s Music	10 AM Entertainment Part B 15	2 PM Creativity for Life 16	10 AM Entertainment Part B 17 3 PM General Session Happiness Fitness	10:30 AM Book Club 18 3 PM Android Basics
10 AM FDR 21	22	2 PM Creativity for Life 23	24	25
10 AM FDR 28 3 PM 1960s Music	6:30 AM Whale Watching 29	30	31	1

APRIL

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1 PM Tai Chi	4	10 AM Art Past & Present 2 PM Sing from your Heart	5		6	3 PM General Session Mass Murder	7	10:30 AM Book Club 3 PM Android Advanced	8
1 PM Tai Chi	11	10 AM Art Past & Present 2 PM Sing from your Heart	12	2:30 PM Gandhi	13	6:30 AM AT&T Park Tour	14	11 AM Hispanic Cooking Class 3 PM Facebook	15
1 PM Tai Chi	18	10 AM Art Past & Present 2 PM Sing from your Heart	19	3 PM General Session Ethics	20	2 PM It All Adds Up	21	11 AM Italian Cooking Class 3 PM Lumosity	22
1 PM Tai Chi	25	2 PM Sing from your Heart	26	2:30 PM Gandhi	27	2 PM It All Adds Up	28	11 AM Mediterranean Cooking Class 3 PM Duolingo	29

MAY

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1 PM Tai Chi	2	3 PM General Session Rosenbergs	3	2:30 PM Gandhi	4	2 PM It All Adds Up	5	3 PM Skype	6
1 PM Tai Chi	9		10		11	2 PM It All Adds Up	12	10:30 AM Book Club 3 PM Google Earth	13





WHERE STUDENTS FIND SUCCESS!



Fresno State has set a bold standard to help the Valley's future leaders reach their highest potential. Because 80 percent of Fresno State graduates stay, work and lead this region, the economic strength of the Central Valley depends on their success. Fresno State creates life-changing opportunities for students, advances research for local industry and elevates the quality of life in the Central Valley. **GO 'DOGS!**



www.FresnoState.edu

**RELEASE OF LIABILITY, PROMISE NOT TO SUE, ASSUMPTION OF RISK
AND AGREEMENT TO PAY CLAIMS**

Activity: Osher Lifelong Learning Institute – Spring 2016 Field Trips

Activity Dates(s), Time(s) and Location(s): See reverse side for all initialed activities attending

In consideration of being allowed to participate in these Activities, on behalf of myself and my next of kin, heirs and representatives, I **release from all liability and promise not to sue** the State of California, the Trustees of The California State University, California State University, Fresno and their employees, officers, directors, volunteers and agents (collectively “University”) from any and all claims, **including claims of the University’s, negligence**, resulting in any physical or psychological injury (including paralysis and death), illness, damages, or economic or emotional loss I may suffer because of my participation in these Activities, including travel to, from and during the Activities.

I am voluntarily participating in these Activities. I am aware of the risks associated with traveling to/from and participating in these Activities, which include but are not limited to physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and/or death. I understand that these injuries or outcome may arise from my own or other’s actions, inaction, or negligence; conditions related to travel; or the condition of the Activities locations. **Nonetheless, I assume all related risks, both known or unknown to me, of my participation in these Activities, including travel to, from and during the Activities.**

I agree to **hold** the University **harmless** from any and all claims, including attorney’s fees or damage to my personal property, which may occur as a result of my participation in these Activities, including travel to, from and during the Activities. If the University incurs any of these types of expenses, I agree to reimburse the University. If I need medical treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

I am 18 years or older. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) promising not to sue the University, (c) and assuming all risks of participating in these Activities, including travel to, from and during these Activities.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

I have read this document, and I am signing it freely. No other representations concerning the legal effect of this document have been made to me.

Participant Name (Print): _____

Participant Signature: _____ Date: _____

PLEASE SEE REVERSE FOR LIST OF ACTIVITIES

I have initialed by each of the following field trips listed below and confirm that I have reviewed the detailed information contained in the OLLI Spring 2016 catalog for each of the activities and events. As such, I understand the unique risks associated with each event.

FIELD TRIPS

_____ **Discovering Kristin Saleri Exhibition** 4 – 5:30 pm on Feb 24, 2016, Fresno, CA

_____ **LACMA - Frank Gehry Exhibition (Bus Trip)** 6:30 am – 6 pm on Feb 29, 2016, Los Angeles, CA

_____ **Monterey Bay Whale Watching (Bus Trip)** 6:30 am – 7 pm on Mar 29, 2016, Monterey, CA

_____ **AT&T Park Tour (Bus Trip)** 6:30 am – 7:00 pm on Apr 14, 2016, San Francisco, CA

_____ **Whole Foods - Thai** 11 am – 1 pm on Mar 11, 2016, Fresno, CA

_____ **Whole Foods - Hispanic** 11 am – 1 pm on April 15, 2016, Fresno, CA

_____ **Whole Foods - Italian** 11 am – 1 pm on Apr 22, 2016, Fresno, CA

_____ **Whole Foods - Mediterranean** 11 am – 1 pm on Apr 29, 2016, Fresno, CA

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Osher Lifelong Learning Institute Registration – Spring 2016

Member(s) Name(s) _____

Mailing Address/City/Zip _____

Mode of contact: (in case of changes or cancellations)

Email address _____ Phone _____

How did you hear about the Fresno State OLLI?

Previously a member Heard from a friend Newspaper Catalog Other _____

Your age group 50-60 61-70 71-80 80+

MEMBERSHIP FEE

General Membership* \$40 per person (non-refundable) \$ _____

Please check if you need an OLLI Parking Pass _____

ALL GENERAL SESSIONS ARE AT 3 PM:

Vladimir Putin - Monday, February 8
Happiness Fitness – Thursday, March 17
Current Events and Ethics – Wednesday, April 20

Community Service at Fresno State – Thursday, March 3
An Analysis of Mass Murderers – Thursday, April 7
Executing the Rosenbergs – Tuesday, May 3

SHORT COURSES – Available only with a paid membership

- Memoirs: Writing Stories of Your Life (four Wednesdays) x\$35/person \$ _____
- History of Entertainment Part A (8 2-hour sessions) x\$70/person \$ _____
- When the Cold War Was Hot (four Tuesdays) x\$35/person \$ _____
- Poetry Writing (four Thursdays) x\$35/person \$ _____
- Frank Gehry: Architecture Outside the Box (three Wednesdays) x\$25/person \$ _____
- History of Entertainment Part B (8 2-hour sessions) x\$70/person \$ _____
- Creativity for Life (four Wednesdays) x\$35/person \$ _____
- The Turning Point of 60s American Popular Music (three Mondays) x\$25/person \$ _____
- FDR: The Man and the President (four Mondays) x\$35/person \$ _____
- Tai Chi for Everybody (six Mondays) x\$50/person \$ _____
- Sing From Your Heart (four Tuesdays) x\$35/person \$ _____
- Art: Past and Present (three Tuesdays) x\$25/person \$ _____
- It All Adds Up: Mathematics for Life (four Thursdays) x\$35/person \$ _____
- What Would Gandhi Do? (three Wednesdays) x\$25/person \$ _____
- Book Club with Kay Davies (four Fridays) x \$5/person \$ _____

ALL 13 CLASSES BELOW ARE \$5 AND HELD ON ONE FRIDAY

- | | |
|---|---|
| <input type="checkbox"/> iPhone Basics x\$5*/person \$ _____ | <input type="checkbox"/> Android Advanced x\$5*/person \$ _____ |
| <input type="checkbox"/> iPhone Advanced x\$5*/person \$ _____ | <input type="checkbox"/> Facebook x\$5*/person \$ _____ |
| <input type="checkbox"/> iPhone Customization x\$5*/person \$ _____ | <input type="checkbox"/> Lumosity x\$5*/person \$ _____ |
| <input type="checkbox"/> iPhone Tricks x\$5*/person \$ _____ | <input type="checkbox"/> Duolingo x\$5*/person \$ _____ |
| <input type="checkbox"/> iCloud Basics x\$5*/person \$ _____ | <input type="checkbox"/> Skype x\$5*/person \$ _____ |
| <input type="checkbox"/> iCloud Advanced x\$5*/person \$ _____ | <input type="checkbox"/> Google Earth x\$5*/person \$ _____ |
| <input type="checkbox"/> Android Basics x\$5*/person \$ _____ | |

* = This special pricing is possible through partnership with the campus DiscoverE program

FIELD TRIPS – Available to members and non-members

	Member	Non-Member
Discovering Kristin Saleri Exhibition (Madden Library)	\$10	\$15
LA County Museum of Art Frank Gehry Exhibition (bus trip)	\$85	\$90
Whole Foods Cooking Class Thai	\$25	\$35
Monterey Bay Whale Watching (bus trip)	\$85	\$90
AT&T Park Tour (bus trip)	\$90	\$95
Whole Foods Cooking Class Thai	\$25	\$35
Whole Foods Cooking Class Italian	\$25	\$35
Whole Foods Cooking Class Mediterranean	\$25	\$35

FOR ALL FIELD TRIPS SIGN BOTH SIDES OF LIABILITY FORM IN THIS CATALOG AND SEND WITH REGISTRATION

TOTAL AMOUNT ENCLOSED \$

PAYMENT: We accept checks or money orders made payable to **FRESNO STATE**.

Please return this form with payment to:
 Fresno State OLLI
 5245 N. Backer Avenue, M/S PB5
 Fresno, CA 93740

***If you need a disability-related accommodation of wheelchair access information, please contact the OLLI office at 559.278.0008 or send an email to osher@csufresno.edu. Requests should be made at least one week in advance.**

Photograph and media release (and Guardian if Participant is a minor) grants permission to Fresno State and the Osher Institute to use Participant's image appearing in any photographs, videotapes, motion picture or any other media for any of Fresno State's advertising or promotional purposes whatsoever, in perpetuity, throughout the world. If you do not agree please notify OLLI in writing prior to your participation in any OLLI event.

FRESNO STATE

Continuing and Global Education

California State University, Fresno
5245 N. Backer Avenue, M/S PB5
Fresno, CA 93740

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