Rules and Regulations
F-1 students are eligible for a total of twelve months of OPT per each degree program that they finish (B.A., M.A., PhD). In order to be eligible, a student must have been a full-time student for at least one academic year at the start of employment.

Before authorization of OPT can be granted ISSP must have a statement from the student’s academic advisor indicating the date the student completed all degree requirements and a recommendation that the OPT be granted.

Students are advised to apply for OPT as soon as possible, as applications are taking up to three months to process via USCIS. Students may not start employment until they receive their work authorization. Applications may be filed up to 90 days in advance for OPT and up to 60 days following graduation.

Procedures
Please complete and return this form to ISSP. Please note that your Academic/Graduate Advisor must complete the bottom portion of the form. Failure to submit this form will delay processing your OPT.

Student: please complete the following section
Name: ____________________________ Student ID# ____________________________ E-mail: ____________________________ Desired OPT start Date: ______/_____/_____

Academic/Graduate Advisors: please complete the following section
Student’s Field of Study (Major) ____________________________ Education Level Bachelor’s □ Master’s □

The student will complete all degree requirements including projects/thesis and is expected to graduate by the end of the following semester:

□ Spring/May 20______ □ Summer/August 20______ □ Fall/December 20______

I recommend that this student be considered for optional practical training (OPT).

Name of Academic/Graduate Advisor ____________________________ Signature of Academic/Graduate Advisor ____________________________

Telephone number and/or e-mail address ____________________________ Date ____________________________

For questions or concerns regarding OPT, please contact California State University, Fresno’s at intlstudentservices@csufresno.edu

Fresno State
International Student Services and Programs