Kinesiology - Exercise Science Option, B.S.

DEPARTMENT

BS in Kinesiology - Exercise Science Option, B.S.
BS in Kinesiology - Physical Education Option, B.S.
MA in Kinesiology - Exercise Science Option, M.A.
MA in Kinesiology - Sport Psychology Option, M.A.
MA in Kinesiology, M.A.
MN in Sports Coaching, Minor
MA in Kinesiology - Sport Administration Option, M.A.
BS in Kinesiology - Sport Administration, B.S.
CRED in Single Subject Credential - Physical Education

REQUIREMENTS

Department

Bachelor of Science Degree Requirements

Kinesiology Major

1. Major requirements (47-85 units)
(Combined core and option requirements.)

Core Program (15 units)
(required of all options)
KINES 1, 32*, 33, 116, 118

Exercise Science Option (37-54 units)
KINES 109 or 110, 119, 121, 137, 163, 165, 167; BIOL 67A, 67B

Select any KAC course or ATHL 100

Select 24 elective units (16 units for associate degree for transfer) from:

- Any KINES academic course, other than those required for the option;
- Any KAC activity course (no more than 3 additional KAC courses can be applied to the major; repeated KAC course cannot be counted);
- PH 48, 92, 109, 114, 128S, 141; PSYCH 10, 42, 66, 155, 169; BIOL 1A, 1B, 1BL, 10, 20, 102, 103, 144, 166; CHEM 1A and 1AL, 1B and 1BL, 3A, 3B, 3BL, 8, 128A, 129A, 128B, 129B, 150, 155A; PHYS 2A, 2B; MATH 11; NUTR 53, 54, 147, 153

2. General Education requirements (49 units)

3. Other requirements (6 units)
Upper-division writing and Multicultural and International (MI)

4. Sufficient elective units to meet required total units (varies)

5. Total units (120)*

* G.E. and MI courses can be double-counted with major requirements. The writing requirement may be met by taking the upper-division writing exam. See advisor for details.

Advising Notes

1. With the assistance of the department advisor, students may choose a program that will prepare them for working with specific age groups or special populations, coaching, athletic training, teaching physical education, or professional applications in the exercise sciences and fitness-related industries.
2. Students majoring in kinesiology may count a maximum of 12 units of activity courses (ATHL, KAC, DANCE) toward the 120 units required for a bachelor’s degree. Repeat credit towards the kinesiology major is not allowed in any of these activity courses.

3. CR/NC grading is not permitted in courses for the kinesiology major, except in those courses which are designated CR/NC grading only.

4. General Education and elective units may be used toward a minor (see departmental minors) or supplemental credential. Consult the appropriate department chair, program coordinator, or faculty advisor for further information.

5. Students interested in the athletic training option should consult the department regarding criteria for selection into this program.

6. A grade of C or higher in all required coursework is necessary for successful completion of the major. Any course required as a prerequisite must be completed with a grade of C or better before registration in the subsequent course.

7. Lower-division courses taken at other institutions may be accepted as being equivalent to lower-division requirements in the department. Petitions to have courses accepted should be completed during the first semester in the major.

8. The Kinesiology Exercise Science Option complies with university policy regarding the re-taking of courses. Exercise science students who fail a course (D or F) in the Kinesiology core may retake the class for a second time. If they earn a failing grade (D or F) a second time, they will not be allowed to petition to repeat the course for a third time. These students will not be able to complete the Kinesiology Exercise Science Option requirements and will be required to declare a new major.

**FACULTY**

The Department of Kinesiology is composed of a cohesive, creative, and dynamic group of well-educated faculty with a wealth of practical and professional experience. Students are engaged in educational and clinical research programs and practical experiences which incorporate leading-edge technology and best practices. The curriculum and associated instruction provide a solid foundation for future learning and professional growth. The program incorporates many opportunities for professional certification through prestigious national organizations and governing bodies. Students become experts in exercise, fitness, performance, and wellness.

For faculty phone numbers and e-mail, see the campus directory.

For more on the faculty, see the faculty pages.
The faculty pages are updated by the department or program.