

# Kinesiology - Exercise Science Option, B.S.

## DEPARTMENT

BS in Kinesiology - Exercise Science Option, B.S.  
BS in Kinesiology - Physical Education Option, B.S.  
MA in Kinesiology - Exercise Science Option, M.A.  
MA in Kinesiology - Sport Psychology Option, M.A.  
MA in Kinesiology, M.A.  
MN in Sports Coaching, Minor  
MA in Kinesiology - Sport Administration Option, M.A.  
MS in Athletic Training, M.S.  
BS in Kinesiology - Sport Administration, B.S.  
CRED in Single Subject Credential - Physical Education

## REQUIREMENTS

Department of Kinesiology

### Bachelor of Science Degree Requirements

#### Kinesiology Major

##### 1. Major requirements (66 units)

Core Program (15 units)

KINES 1, KINES 32\*, KINES 33, KINES 116, KINES 118

##### Exercise Science Option (51 units)

KINES 109 or KINES 110, KINES 119, KINES 121, KINES 137, KINES 163, KINES 165, KINES 167, BIOL 67A, BIOL 67B

Select any KAC course or ATHL 100

Select 21 elective units (13 units for associate degree for transfer) from:

- Any KINES academic course, other than those required for the option;
- Any KAC activity course (no more than 3 additional KAC courses can be applied to the major; repeated KAC course cannot be counted);
- PH 48, PH 92, PH 109, PH 114, PH 128S, PH 141, PSYCH 10, PSYCH 42, PSYCH 66, PSYCH 155, PSYCH 169, BIOL 1A, BIOL 1B, BIOL 1BL, BIOL 10, BIOL 20, BIOL 102, BIOL 103, BIOL 144, BIOL 166, CHEM 1A and CHEM 1AL, CHEM 1B and CHEM 1BL, CHEM 3A, CHEM 3B, CHEM 3BL, CHEM 8, CHEM 128A, CHEM 129A, CHEM 128B, CHEM 129B, CHEM 150, CHEM 155A, PHYS 2A, PHYS 2B, MATH 11, NUTR 53, NUTR 147, NUTR 153

##### 2. General Education requirements (48 units)

##### 3. Other requirements (9 units)

American Government and Institutions (PLSI 2), Multicultural and International (MI), and Upper-division writing

##### 4. Sufficient elective units to meet required total units (varies)

##### 5. Total units (120)\*

\* G.E. and MI courses can be double-counted with major requirements. See advisor for details.

#### Advising Notes

1. With the assistance of the department advisor, students may choose a program that will prepare them for working with specific age groups or special populations, coaching, athletic training, teaching physical education, or professional applications in the exercise sciences and fitness-related industries.
2. Students majoring in kinesiology may count a maximum of 12 units of activity courses (ATHL, KAC, DANCE) toward the 120 units required for a bachelor's degree. Repeat credit towards the kinesiology major is not allowed in any of these activity courses.

3. CR/NC grading is not permitted in courses for the kinesiology major, except in those courses which are designated CR/NC grading only.
4. General Education and elective units may be used toward a minor (see departmental minors) or supplemental credential. Consult the appropriate department chair, program coordinator, or faculty advisor for further information.
5. Students interested in the athletic training option should consult the department regarding criteria for selection into this program.
6. A grade of C or higher in all required coursework is necessary for successful completion of the major. Any course required as a prerequisite must be completed with a grade of C or better before registration in the subsequent course.
7. Lower-division courses taken at other institutions may be accepted as being equivalent to lower-division requirements in the department. Petitions to have courses accepted should be completed during the first semester in the major.
8. The Kinesiology Exercise Science Option complies with university policy regarding the re-taking of courses. Exercise science students who fail a course (D or F) in the Kinesiology core may retake the class for a second time. If they earn a failing grade (D or F) a second time, they will not be allowed to petition to repeat the course for a third time. These students will not be able to complete the Kinesiology Exercise Science Option requirements and will be required to declare a new major.

In compliance with Federal Requirements for Posting Licensure and Certification Eligibility, please see the CSU Chancellor's Office [calstate.edu](http://calstate.edu) website.

## FACULTY

The Department of Kinesiology is composed of a cohesive, creative, and dynamic group of well-educated faculty with a wealth of practical and professional experience. Students are engaged in educational and clinical research programs and practical experiences which incorporate leading-edge technology and best practices. The curriculum and associated instruction provide a solid foundation for future learning and professional growth. The program incorporates many opportunities for professional certification through prestigious national organizations and governing bodies. Students become experts in exercise, fitness, performance, and wellness.

For faculty phone numbers and e-mail, see the campus directory.

For more on the faculty, see the faculty pages.

The faculty pages are updated by the department or program.