The College of Health and Human Services Pre-Health Program provides support to students exploring careers in the health and human services professions with academic advising and career exploration. The Pre-Health Program allows students interested in: Nursing, Kinesiology-Exercise Science, Health Science-Community Health and Social Work to explore these majors and career pathways. The Pre-Health Program is a three semester program that will blend in all lower division general education. Students in the Pre-Health Program will enroll in HHS 18: Career Pathways in Health and Human Services in their first semester and HHS 100T: Career Exploration in Health and Human Services in their second semester to help in the exploration process. During the second semester an academic counselor will work with students’ to identify a major appropriate to their career path and then in the beginning of their third semester they will apply to the major of their interest.

**SEMESTER 1 (FALL)**
Select one course from each area of General Education listed below:

- A1 (3 units) COMM 3, 7, or 8
- A2 (3 units) ENGL 5A or 10
- A3 (3 units) any course
- B4 (3 units) any course
- C1 (3 units) any course
- HHS 18 (1 unit)

Total (16 units)

**SEMESTER 2 (SPRING)**
Select one course from each area of General Education listed below:

- A2 (3 units) ENGL 5B
- B1 (4-5 units) CHEM 1A or 3A or any course (SWRK)
- D3 (3 units) PSYCH 10 or any ECON (SWRK) or any course
- ***C2 (3 units) PHIL 20 (School of Nursing), or any course
- D1/D2 (3 units) HIST 11/12 or PLSI 2
- HHS 100T (2 unit)

Total (15-16 units)

**SEMESTER 3 (FALL)**
(Follow GE and major course pattern of applicable major ) Select one course from each area of General Education listed below:

- B2 (3-4 units) BIOL 1A (KINES) or 10 (PH) or 20 (SON)
- E (3 units) PH 90 (SWRK&PH), KINES 32+KAC (KINES), NUTR 53/CFS 38 (SON)
- D1/D2 (3 units) HIST 11/12 or PLSI 2
- ***C2 (3 units) PHIL 20 (School of Nursing), or any course
- C1\C2 (3 units) any course

Total (15-16 units)

*Semester one and two courses would follow Pre-Health while semester three courses would be selected for applicable major.
**Students will apply in Semester three to continue on into selected major starting in semester four.**

***Depending on which English course is taken Area C2 could be taken in Semester 2 or Semester 3.***

**FACULTY**