

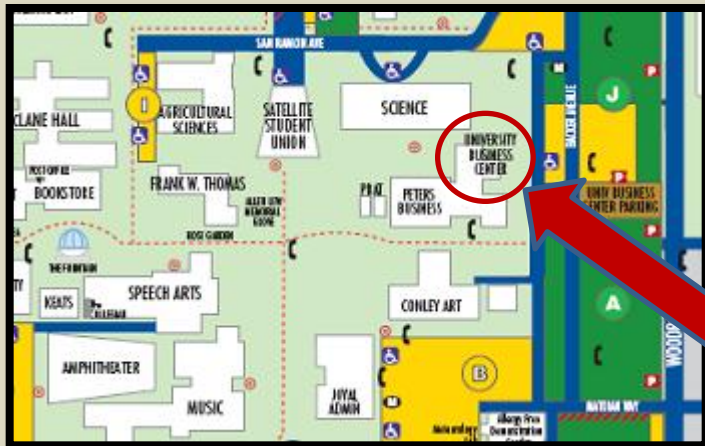
About Senior Experience

Approaching graduation and preparing for life after undergraduate studies can be a daunting challenge. To help seniors navigate through the information and services available to them, a program was created to promote and celebrate the achievements of Fresno State seniors

Senior Experience Mission

The Senior Experience initiative develops, coordinates, and facilitates resources, activities and events to celebrate undergraduate student attainment of senior status and to help undergraduate seniors coping with impending change of transitioning out of the college setting to the workplace or graduate/professional school.

Event Location University Business Center Gallery



Senior Experience presents

Life After College Mini Conference

Monday, November 14, 2011
University Business Center Gallery
10:00am – 3:00pm



www.csufresno.edu/seniors



Speaker Schedule

- 10:00am** **UBC 191, Panel Presentation**
Gap Year: Fulfilling Ways to Gain Experience and Adventure after College Graduation
Luis Castellanos, AmeriCorps
Mona Cummings-Pearce, PeaceCorps
Nick Quintana, Teaching English in Foreign Country
Emily Stednick, Mennonite Central California
- 11:00am** **UBC 191, Buying Your First Home**
Samantha Appleton, Realty Concepts LTD
- UBC 194, Financial Goals for the New Graduate**
Joshua Anderson, Clear Point Credit Counseling
- 12:00pm** **UBC 191, Relocation**
Samantha Appleton, Realty Concepts LTD
- UBC 194, Identity Theft**
Joshua Anderson, Clear Point Credit Counseling
- 1:00pm** **UBC 194, It's Time for Financial Planning**
Gina Estrada, AXA Equitable
- **Lunch Provided During Session** ----
- 2:00pm** **UBC 192, Relaxation: The Pause that Calms and Refreshes**
Lori Granger, The Center for Mindfulness
- UBC 194, Networking: How to Work a Room**
Gina Estrada, AXA Equitable

Session Descriptions

Buying Your First Home

Does the current home buyer market have you interested in seizing the moment and making your first home purchase? Want to get prepared for one of the biggest single purchases in the life of many people? Local Realtor, Samantha Appleton, introduces you to information and resources to prepare you for your first home purchase.

Financial Goals for the New Graduate

What do you need to know about how student loans can affect your credit rating? How can you build your credit rating? Joshua Anderson, financial specialist with Clear Point Credit Counseling will share this important information as well as how to budget successfully after you get your first "real" job.

Relocation

Eager to snag your dream job with a six figure paycheck in the big city? Before you make this major life decision, be prepared by knowing what factors you need to consider when deciding whether to relocate, including relocation costs, costs of living, determining if a new location will match your interests, and planning to move.

Identity Theft

The Federal Trade Commission estimates that as many as 9 million Americans have their identities stolen each year. While some identity theft victims can resolve their problems quickly, others spend hundreds of dollars and many days repairing their good name and credit record. Protect yourself by learning about how to prevent identity theft.

It's Time for Financial Planning

Most people spend more time planning for their weeklong vacation than they do planning for the 30 years they could spend in retirement. Don't be like "most" people. It's never too early to begin planning and investing in your future.

Networking: How to Work a Room

Soon you'll be a working professional. It's time to learn the art of networking to enhance your career. Learn the importance of career networking, and what your career network can do for you.

Relaxation: The Pause that Calms and Refreshes

This workshop is designed to help you learn a mindfulness tool to help you recognize and manage stress as it arises. A handout will include general information on how to handle stress.