



# Learning and Wellness

## April Schedule of Classes



### Expand your Knowledge

EEO Designee Training	April 1	10:30am-12:00pm	Education 140	<a href="#">Register</a>
EEO Designee Training	April 2	1:30pm -3:00pm	Education 140	<a href="#">Register</a>
EEO Designee Training	April 7	10:30am-12:00pm	Business Center 192	<a href="#">Register</a>
Building a Lean University Part II	April 8	10:00am-12:00pm	Alice Peters Auditorium (PB191)	<a href="#">Register</a>
Practical Strategies For Facilitating Interaction In The Cross-Cultural Classroom	April 13	3:30pm - 4:30pm	Library 3212	<a href="#">Register</a>
Building Self Esteem Through Positive Self-Talk	April 16	11:00am-12:00pm	Lib 2206	<a href="#">Register</a>
EEO Designee Training	April 17	1:30pm - 3:00pm	Library 3212	<a href="#">Register</a>
Developing Resiliency Part 2: Finding Resilience in the Arena	April 22	10:00am-11:30pm	Library 3212	<a href="#">Register</a>
Question, Persuade & Refer (QPR) Training	April 28	9:30am - 11:00am	Library 2206	<a href="#">Register</a>
Parliamentary Procedure: What is it? Why you need to know it!	April 28	11:00am-12:00pm	Education 140	<a href="#">Register</a>



### Enhance your technology skills

Time for Tech, Creating and Using TurnItIn Rubrics	April 10	12:00pm-1:00pm	Library Studio 2	<a href="#">Register</a>
Time for Tech Collaborate using Google - Slides & Docs	April 17	12:00pm-1:00pm	Library Studio 2	<a href="#">Register</a>
What's New in Blackboard	April 21	9:30am-10:30am	Library Studio 2	<a href="#">Register</a>
Time for Tech Keep Organized With Your Tablet	April 24	12:00pm-1:00pm	Library Studio 2	<a href="#">Register</a>
What's New in Blackboard	April 29	3:00pm - 4:00pm	Library Studio 2, 2130	<a href="#">Register</a>
Solid Works Intermedia	Every Monday	11:00am-12:00pm	DISCOVERe Hub	<a href="#">Register</a>
Using Multiple Instruments - Garage Band Intermediate	Every Monday	11:00am-12:00pm	DISCOVERe Hub	<a href="#">Register</a>
Logic EQing	Every Monday	1:00pm-2:00pm	DISCOVERe Hub	<a href="#">Register</a>

DubStep it Up! - Logic Pro Intermediate	Every Monday	3:00pm-4:00pm	DISCOVERe Hub	<a href="#">Register</a>
iPhone Tips and Tricks	Every Tuesday	9:00am-10:00am	DISCOVERe Hub	<a href="#">Register</a>
Find Your Inner Director with iMovie	Every Tuesday	1:00pm-2:00pm	DISCOVERe Hub	<a href="#">Register</a>
Adding Special Effects to your Movie with After Effects	Every Tuesday	2:00pm-4:00pm	DISCOVERe Hub	<a href="#">Register</a>
Flyers, Brochures, and Invitations, Oh My! - InDesign Basics	Every Wednesday	11:00am-12:00pm	DISCOVERe Hub	<a href="#">Register</a>
Fix that Photo! - Adobe Photoshop Basics	Every Wednesday	1:00pm-2:00pm	DISCOVERe Hub	<a href="#">Register</a>
Go Platinum with your First Song! - Garage Band Basics	Every Wednesday	2:00pm-3:00pm	DISCOVERe Hub	<a href="#">Register</a>
Lights! Camera! Action! - Make Amazing Movies with Premiere Pro	Every Wednesday	1:30pm-3:00pm	DISCOVERe Hub	<a href="#">Register</a>
Boost your Resume with LinkedIn	Every Thursday	10:00am-11:30pm	DISCOVERe Hub	<a href="#">Register</a>
Collaborate with your Team in Google Apps	Every Thursday	3:00pm-4:00pm	DISCOVERe Hub	<a href="#">Register</a>
That's a Wrap! Premiere Pro (Intermediate)	Every Thursday	1:00pm-3:30pm	DISCOVERe Hub	<a href="#">Register</a>
Starting your First Blog	Every Friday	9:00am-10:00am	DISCOVERe Hub	<a href="#">Register</a>
Starting your First Website	Every Friday	11:00am-12:00pm	DISCOVERe Hub	<a href="#">Register</a>
So, You Bought Your First Mac? OS X Yosemite Essentials	Every Friday	10:00am-12:00pm	DISCOVERe Hub	<a href="#">Register</a>
iPad Tips and Tricks	Every Friday	1:00pm-2:00pm	DISCOVERe Hub	<a href="#">Register</a>
Create Stunning Presentations - PowerPoint, Keynote, & Prezi	Every Friday	2:00pm-4:00pm	DISCOVERe Hub	<a href="#">Register</a>



**Focus on a Healthy U**

Circuit Training	Every Tuesday Thursday	12:00pm-1:00pm	N. Gym 200	<a href="#">Register</a>
Tai Chi	Every Tuesday Thursday	12:00pm-1:00pm	USU 316	<a href="#">Register</a>
Yoga	Every Tuesday Thursday	12:00pm-1:00pm	Education 140	<a href="#">Register</a>
Thin It To Win It	Every Friday	10:00am-10:50am	Library 3212	<a href="#">Register</a>



Additional online learning opportunities available at Lynda.com (Access via myfresnostate portal)

**Save the Date!**

STAR Day 2015  
Every Voice Matters  
A Celebration of Collaboration

May 21, 2015  
All Day  
Save Mart Center

For more information call 278-5330 or visit us at: [www.fresnostate.edu/adminserv/hr/learning](http://www.fresnostate.edu/adminserv/hr/learning)