

## 10 Amazing Apps that will Change your Life!



Learn how to manage your health and fitness in a simplistic way! **My Fitness Pal** offers: a meal tracker, fitness log, and more to help you reach your fitness goals.



**Seven** gives you access to all of the workout, health, and fitness resources you need to make your fitness goals a reality.



Once you have organized your priorities and tasks online you can access them from any device with **Trello** – the ultimate task managing application.



Easily scan your documents to any mobile device with **Scanner Pro!**



Securely store all of your passwords and information in one safe spot with the **1 Password** application.



Quickly find your vehicle when you're having one of those days with the **Car Finder** application.



Save good reads, magazine, recipes, emails, and more with the **Pocket** application which works as a literal digital pocket just for you!



Learn another language for free with **Duolingo**! Duolingo teaches you how to speak the language of your choice through various exercises and routines.



Become an efficient sleeper after utilizing the **Sleep Cycle** Application! The Sleep Cycle application monitors your sleep and wakes you up when it is best for you!



Drop habits that you don't like with the **Quit That** application. Through many methods this application will help you become more efficient and productive.