**DIRECTOR, STRENGTH AND CONDITIONING**

Full-time, at-will, exempt, 12-month position

**Salary:** $4,166.66 to $4,333.33 per month plus benefits

**General Assignment:**
Under administrative direction of the Deputy Director of Athletics, the incumbent will be responsible as on-site manager to plan, organize and oversee the daily operations of the 10,000 sq.ft. strength and conditioning complex for all NCAA Division I men’s and women’s sports; ensure a safe, clean and secure environment; provide proper supervision and instruction on safe equipment usage, ensuring that weight room personnel are present whenever the facility is being used; conduct periodic fitness evaluations; design and implement strength and conditioning programs for a variety of men’s and women’s athletic teams and individual student-athletes which include: supervision and teaching progression, resistance training, cardiovascular training, speed training, explosive/plyometric, nutritional programming in coordination with the university; secondary injury rehabilitation; develop the weight room budget and maintain expenditures within budget parameters; equitably and effectively supervise and evaluate subordinate staff and student workers; be responsible for the unit’s compliance with NCAA, Conference and University rules and regulations; prepare reports and documents in support of NCAA and other agencies and organizations as required; assign strength and conditioning staff to each sport team; be proficient in utilizing strength training to reduce the risk of injury; work closely with the athletic training staff and team physicians on conditioning programs and rehabilitation for student-athletes; support continuing education of strength and conditioning staff to align and enhance the delivery of strength and conditioning services to student-athletes; administer and oversee the proper maintenance and care of equipment and machines; plan and budget for the replacement of equipment as needed and select and order equipment; establish and enforce weight room operating procedures and hours of operation; perform all other aspects of administering a collegiate strength and conditioning facility.

**Required Education, Experience, Knowledge, Skills and Abilities:**
- Bachelor’s degree in Exercise Science, Kinesiology or a directly related field
- Current certification in CPR/First Aid and the use of an AED
- Advanced knowledge and experience in teaching and implementing a progression towards Olympic lifts
- Full time, in-depth experience in the strength and conditioning of male and female collegiate student-athletes for a broad-base of sport programs
- Experience in:
  - The operation and administration of a weight training facility
  - The design and implementation of strength and conditioning programs for a variety of male and female collegiate athletes
  - Evaluating the condition of equipment and machines and ensuring current maintenance is performed
  - Knowledge of NCAA rules and regulations with a history of positive compliance
  - Certified Strength and Conditioning Specialist certification
  - Knowledge of supplements and proper education for use within NCAA rules and guidelines
  - Experience in taking and evaluating biometric measurements related to body composition in the elite athletic population.
• Ability to:
  o Support the equity commitments of the department
  o Work a flexible schedule including evenings and weekends
• Demonstrated ability to work effectively with individuals from diverse ethnic, cultural and socio-economic backgrounds and project a professional attitude

**Preferred Specialized Skills:**
• Master’s degree in related field
• Experience as a Head Strength and Conditioning Coach at the college level.
• USAW level 1 certification
• Effective nutritional programming for male and female student-athletes in a mix of sport programs
• Equitable and effective supervision of subordinates including assignment of duties and performance evaluations
• Evaluating the condition of equipment and machines and ensuring current maintenance

**Filing Deadline:**
Applications received by October 19, 2012 will be reviewed for minimum qualifications and given full consideration by the hiring manager and/or search committee. Qualified applicants received after that date will be forwarded upon request to the hiring manager and/or search committee.

**Application Requirements:**
A University Application for Athletic Corporation Positions, a resume, and a list of three professional references, including telephone numbers, are required. A cover letter that addresses your qualifications for the position is strongly recommended.

**All forms are available on-line at** [http://jobs.fresnostate.edu/](http://jobs.fresnostate.edu/)

Background investigations will be conducted, as required, depending upon the job requirements of a position. These could include, but are not limited to, processing of fingerprints through the Department of Justice and degree and license verifications. An offer of employment may or may not be extended based upon the results of these verifications.

Pursuant to the requirements of the Immigration Reform and Control Act of 1986, any offer of employment is contingent upon verification of individual’s eligibility to be employed in the United States.

Pursuant to Executive Order 883, reasonable accommodation is to be provided upon request from an employee or applicant with disabilities, unless doing so would impose an undue hardship on the campus. What constitutes a reasonable accommodation is to be determined by the campus on a case-by-case basis after it has received the individual’s request for accommodation and engaged in an interactive process. Employees or applicants requiring reasonable accommodation should contact Human Resources directly at (559) 278-2032.

**University Information:** (or website: [http://www.fresnostate.edu/](http://www.fresnostate.edu/)) California State University, Fresno is one of 23 campuses of the California State University System. The university’s mission is to offer high quality educational opportunities to qualified students at the bachelor’s and master’s levels, as well as in joint doctoral programs in selected areas. The university serves the San Joaquin Valley while interacting with the state, nation, and world. Through transformational applied research, technical assistance, training and other related public service activities, the university
builds partnerships and linkages with business, education, industry, and government. The university competes athletically in Division I FBS and is a member of the Mountain West Conference.

The current enrollment is just over 21,300 students from diverse backgrounds, which creates a culturally rich environment. The campus, which has been designated as an arboretum, is spread over 1400 acres. Metropolitan Fresno, with a multi-ethnic population of over 600,000 is located in the heart of the San Joaquin Valley on the western edge of the Sierra Nevada Mountain Range. The campus is within easy driving distance of San Francisco, Los Angeles, Yosemite, Kings Canyon, and Sequoia National Parks, the Monterey Peninsula, Lake Tahoe, beaches, sailing lakes and numerous ski resorts. Fresno boasts one of the most reasonable housing markets in California and offers a wide array of locally grown fruits and produce.