If you have a Medical HMO plan please contact American Specialty Health Plans of California, Inc. to obtain a list of providers that are compatible with your HMO medical plan.

**HMO**
- American Specialty Health Plans of California, Inc. (800) 678-9133
  - Anthem Blue Cross Traditional and Anthem Blue Cross Select
  - Blue Shield Access +
  - Health Net SmartCare
  - Kaiser
- OptumHealth Physical Health of California (800) 428-6337
  - www.myoptumhealthphysicalhealthofca.com
    - UnitedHealth Care

If you have a Medical PPO plan please contact your Anthem Blue Cross Network to obtain a list of providers.

**PPO**
- Anthem Blue Cross Network www.anthem.com/ca/calpers (877) 737-7776
  - PERSelect
  - PERSChoice
  - PERSCare
  - PORAC (Unit 8 Police – SUPA members)