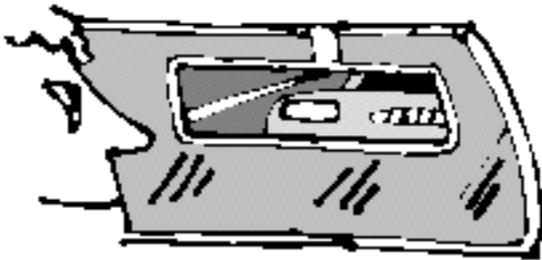


# Drive As If Your Life Depends On It. It Does!

**Be a defensive driver. Protect yourself and others.**

● **Yield to drivers** who are determined to get there first.



● **Keep checking** your rearview and side mirrors for oncoming traffic.

● **Remember, your mirrors have "blind spots."** Always turn your head and look for other vehicles before changing lanes.

● **Always expect** the other driver to do the

unexpected—speed up, slow down, pass, cut across lanes.



● **Watch for sudden movements**—like pedestrians, bicyclists, or animals darting into the road ahead of you.



● **Carry emergency equipment**—a jack, flares, flashlight, first-aid kit.

● **Keep your mind on** your driving, eyes on the road and other drivers, and both hands on the wheel.

● **Constantly look** well ahead for changes in traffic or road conditions. If you see a lot of brake lights, slow down and be prepared to stop.

## Check Your Common 'Safety' Sense

**Don't** speed.

**Follow** traffic rules, signs, and signals.

**Don't drive under** the influence of drugs, alcohol, or fatigue.

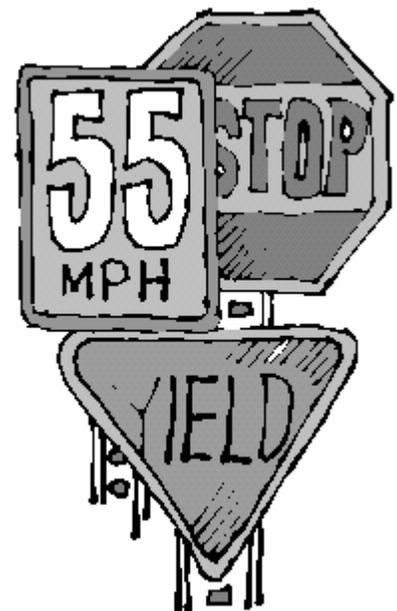
**Stay at least** two seconds behind the other driver, more in bad conditions.

**Keep your eyes** and attention on the road and other drivers.

**Adjust your speed** and driving to changing weather and traffic conditions.

**Expect** the unexpected.

**Buckle up** for safety.

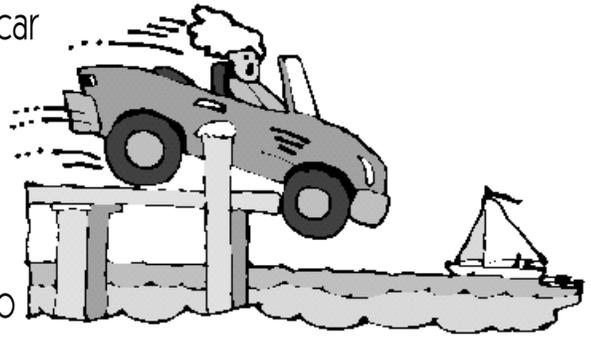


**Be prepared! And have a safe trip!**

# Hold Onto Your Seat— Some Seat Belt ‘Myth-Conceptions’

**MYTH:** My seat belt will trap me in the car if the car catches fire or goes underwater.

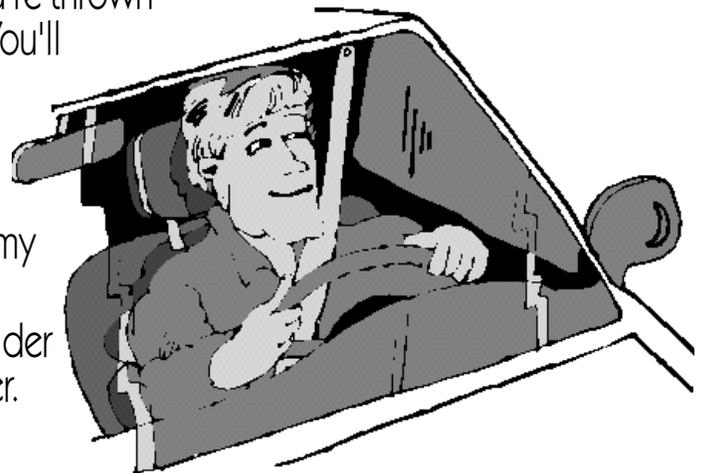
**FACT:** Only about one-half of one percent of accidents involve car fires or water. But even if you did have such an accident, wearing a seat belt makes it more likely that you would remain conscious—and able to get out of the car.



through the windshield or door and into traffic or a tree.

**MYTH:** If I'm not wearing a seat belt, I'll be more likely to be thrown clear in an accident.

**FACT:** You are more likely to be thrown out of the car if you're not wearing a seat belt. But that's not a plus. You're 25 times more likely to be killed if you're thrown out of the vehicle. You'll probably be thrown



**MYTH:** I have automatic shoulder belts in my car, so I don't need to use a lap belt.

**FACT:** The combination of lap and a shoulder belt will keep you safer. Use them together. The lap belt will keep you in place so the shoulder belt can restrain you properly.



**MYTH:** My car has air bags, so I don't need to wear a seat belt.

**FACT:** Air bags provide valuable protection, but they're not meant to be used alone. For one thing, they only inflate in a head-on collision. To be safe in a rear or side crash, you need both a lap and a shoulder belt. You also have to wear a seat belt to stay in position and get the safety benefits of an air bag in a head-on crash.

**MYTH:** I'm just going a short distance. I don't need my belt.

**FACT:** There are more crashes—and more fatal crashes—on local roads than on highways. No trip is too short to be dangerous!