




MEMORANDUM

CALIFORNIA
STATE
UNIVERSITY,
FRESNO

December 12, 2008

To: Dr. Michael Botwin
Chair, Academic Senate

From: Dr. James S. Kus 
Chair, University Budget Committee

Re: **Proposed Certificate of Advanced Study – Psychiatric Mental Health Nurse Practitioner**

At its meeting on December 10, 2008, the University Budget Committee reviewed the proposed new Certificate of Advanced Study – Psychiatric Mental Health Nurse Practitioner, a certificate program that has been developed by the Department of Nursing in conjunction with the Extended Ed program. After much discussion with faculty in this program, the Associate Dean of the College of Health and Human Services, and the Dean of the Extended Ed program, and after waiving a second reading, the following motion was passed:

The University Budget Committee finds that there are no negative budgetary implications related to the implementation of the proposed Certificate of Advanced Study – Psychiatric Mental Health Nurse Practitioner. The committee notes that the entire costs of the program will be borne by the students and by grants received by the department (*i.e.*, there are no general fund costs associated with this program). The Committee requests that this program be subject to Budget Committee review during the second year of the program in order to monitor the status of the program's budget.

Please do not hesitate to contact me if you have any questions regarding our review of this program.

Cc: T. Skeen
M. Russler
B. Gonzalez

Office of the
Academic Senate

5240 N. Jackson Ave. M/S UC43
Fresno, CA 93740-8023

559.278.2743

Fax 559.278.5745



CALIFORNIA
STATE
UNIVERSITY,
FRESNO

Date: December 2, 2008

To: James Kus
Chair, Budget Committee

From: Timothy Skeen *T. Skeen*
Chair, Graduate Committee

Re: Certificate of Advanced Study - Psychiatric Mental Health Nurse Practitioner

At its meeting of November 4, 2008, the Graduate Committee completed its review of the Proposal for Certificate of Advanced Study - Psychiatric Mental Health Nurse Practitioner. After much discussion, the proposal was approved and the following motion was made:

MSC to approve the proposed Certificate of Advanced Study for Psychiatric Mental Health Nurse Practitioner as submitted and forward to the University Budget Committee for review.

Do not hesitate to contact me, 8-4924, if you have any questions.

TS/er

cc: B. Cuellar
M. Russler

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Academic Senate

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Fresno, CA 93740-8023

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THE CALIFORNIA STATE UNIVERSITY



CALIFORNIA
STATE
UNIVERSITY,
FRESNO

Date: November 14, 2008

To: Michael Russler
Chair, Nursing Department

From: Timothy Skeen *T. Skeen*
Chair, Graduate Committee

Re: Certificate of Advanced Study - Psychiatric Mental Health Nurse Practitioner

At its meeting of November 4, 2008, the Graduate Committee completed its review of the Proposal for Certificate of Advanced Study - Psychiatric Mental Health Nurse Practitioner. After much discussion, the proposal was approved as submitted.

MSC to approve the proposed Certificate of Advanced Study for Psychiatric Mental Health Nurse Practitioner as submitted.

Do not hesitate to contact me, 8-4924, if you have any questions.

TS/er

cc: K. Carey J. Echeverria D. Nef
 ✓ B. Cuellar R. Fire
 D. Dickerson B. Gonzalez

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Academic Senate

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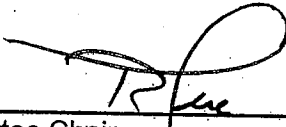
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Proposal for Certificate of Advanced Study
Psychiatric Mental Health Nurse Practitioner
Department of Nursing
College of Health and Human Services
California State University, Fresno


Consultative Approval Page

Signatures:

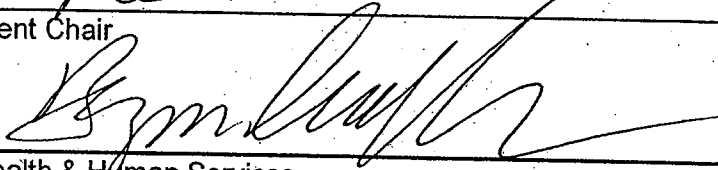
I have read and approve the following proposal for a psychiatric mental health nurse practitioner certificate of advanced study program.



Nursing Graduate Committee Chair 9-15-08
Date



Department Chair 9-15-08
Date



Dean, Health & Human Services Date

Associate Vice President, Continuing & Global Education Date

Contact Person: Cricket Barakzai
451-3428
maryb@csufresno.edu

Proposed Title of Certificate of Advanced Study Program

- Psychiatric Mental Health Nurse Practitioner Program
- Offered by the Department of Nursing in cooperation with the Division of Continuing and Global Education

Overview

The Department of Nursing at California State University, Fresno proposes to offer a Psychiatric Mental Health Nurse Practitioner (PMHNP) Program culminating in a Certificate of Advanced Study. This is a formally constructed program which includes 515 hours of precepted clinical experience and meets the requirements for national certification by the American Nurse Credentialing Center as an Adult Psychiatric and Mental Health or Family Psych and Mental Health Nurse Practitioner. This program will enhance professional competence, provide access to specialized knowledge, and address the shortage of mental health providers in the region.

The Certificate of Advanced Study for Psychiatric Mental Health Nurse Practitioners is a one-year post-master's program designed to prepare primary care nurse practitioners to provide the full range of psychiatric services to patients throughout the life cycle. Students will be prepared to manage both psychiatric disorders and mental health problems. Psychiatric disorders are those conditions meeting the DSM-IV criteria, whereas mental health problems are defined as those not meeting the criteria, but still fundamentally impacting functioning and quality of life.

To enhance access and provide flexibility, the program will be largely distance delivered via videoconferencing, videostreaming, elluminate, and asynchronous computer based applications. All courses are unique to this to this program, and are not used for any other prior, planned, or concurrent degree program. This Certificate of Advanced Study will be offered as a self-support 18 unit course of study through the Division of Continuing and Global Education (DCGE) as a special session program endorsed by the Division of Graduate Studies (DGS).

Program Objectives/Outcomes

The following expected outcomes supplement the core competencies of all nurse practitioners and are entry-level competencies for the psychiatric mental health nurse practitioner. The PMHNP Program Outcomes and curriculum are organized around the Psychiatric-Mental Health Nurse Practitioner Competencies developed by the National Panel for PMHNP Competencies of the National Organization of Nurse Practitioner Faculties (NONPF) and the American Association of Colleges of Nursing (AACN). These competencies have been identified as necessary for safe and comprehensive practice as a PMHNP. The program objectives provide the guideline for the development of each set of course objectives.

Upon completion of the Psychiatric Mental Health Nurse Practitioner Program, the graduate shall:

1. demonstrate a comprehensive knowledge of common psychiatric disorders and mental health problems.
2. accurately obtain and document a relevant health history, including performing a comprehensive psychiatric evaluation.
3. correctly diagnose mental health problems, psychiatric disorders, and related health conditions.
4. appropriately plan and implement therapeutic interventions, including psychopharmacology.

5. develop a therapeutic relationship and collaborate with the patient to maximize the patient's potential and minimize complications.
6. effectively conduct individual, group, and/or family psychotherapy and crisis intervention.
7. impart knowledge and associated skills to patients through advocacy, modeling, and patient education.
8. collaborate effectively as a member of an interdisciplinary mental health team, consult as needed, and make appropriate referrals to other health care professionals and community resources for patients and families.
9. appropriately apply ethical and legal principles to the treatment of patients with mental health problems and psychiatric disorders regarding involuntary treatment and other medicolegal issues
10. participate in community and population focused programs that promote mental health and prevent or reduce risk of psychiatric disorders.
11. provide culturally competent care with respect to cultural and spiritual beliefs.
12. provide quality care through consultation, collaboration, continuing education, certification, evaluation, and evidence based practice.

Assessment Activities:

Direct Measures of Student Learning

1. Midterm and Final Examinations
2. Written Clinical Case Study Assignments
3. Objective Standardized Clinical Encounters
4. National Certifying Examination
5. Final Practicum Evaluation
6. Final Preceptor Evaluation of Student

Indirect Measures of Student Learning

7. Exit Evaluation
8. Alumni Evaluation
9. Employer Survey

**Post-Master's Certificate of Advanced Study
Psychiatric Mental Health Nurse Practitioner
California State University, Fresno**

Curriculum (18 Units) – 12 Months

Summer Semester		Units	Course Description
N243 <i>hybrid</i>	Psychiatric Disorders and Mental Health Problems in Primary Care	2	Major theories and models of psychiatric disorders and mental health problems. Symptoms, underlying causes, and management of common mental disorders seen in primary care settings such as eating disorders, anxiety, substance abuse, and depression discussed. Ethical issues. Focus on patient as individual.
N244	Psychopharmacology	2	Current scientific knowledge of psychotropic regimens and application to psychiatric disorders and mental health problems. Advanced concepts in neuroscience, pharmacokinetics, pharmacodynamics and clinical management.
N245 <i>Interactive hands on</i>	Management of Common Psychiatric Conditions in Primary Care Practicum (103 hours)	2 6	Assessment, diagnosis and management of common mental health disorders in primary care. Critical analysis of clinical strategies and interventions in health promotion and maintenance and prevention of common psychiatric problems in primary care. Role of PMHNP in community mental health

Fall Semester		Units	Course Description
N246 <i>hybrid</i>	Methods of Psychotherapy	2	Types and principles of family, adult and child psychotherapeutic interventions. Group psychotherapeutic processes and methods of facilitation. Models of crisis intervention, cognitive behavioral and motivational interventions. Focus on families and groups.
N247	Management and Care of Patients with Acute and Chronic Psychiatric Conditions Practicum (206 hours)	4 6	Assessment, diagnosis, and psychopharmacologic and psychotherapeutic management of common mental disorders, including psychotic conditions, uncommon presentations, acute exacerbations, and crises.

Spring Semester		Units	Course Description
N248	Psychiatric Disorders and Mental Health Problems in Special Populations	2	Assessment, diagnosis and management of common psychiatric conditions in elderly, children, adolescents, and diverse populations. Effect of culture on expression of illness, help-seeking behaviors, and treatment. Disparities in mental health care, legal and ethical issues. Focus on community.
N249 <i>hybrid</i>	Management and Mental Health Care of Special Populations (Practicum 206 hours)	4 6	Assessment, diagnosis, and psychopharmacologic and psychotherapeutic management of common mental disorders, with an emphasis on care of the elder adult, children, adolescents, and diverse populations.
Total 18 Units			

Revised 08/19/08

See Appendix A for new course proposals and catalog program change forms

Summer Semester		Units	Student Learning Outcomes
NURS243	Psychiatric Disorders and Mental Health Problems in Primary Care	2	<ol style="list-style-type: none"> 1. comprehensive knowledge of common psychiatric disorders & mental health problems. 9. the ability to apply ethical & legal principles to the treatment of patients with mental health problems & psychiatric disorders regarding involuntary treatment & other medicolegal issues
<u>NURS244</u>	Psychopharmacology	2	<ol style="list-style-type: none"> 4. competency in planning and implementing therapeutic interventions, including psychopharmacology
NURS245	Management of Common Psychiatric Conditions in Primary Care	2	<ol style="list-style-type: none"> 2. competency in obtaining & documenting a relevant health history, 5. the ability to develop a therapeutic relationship & collaborate with the patient to maximize the patient's potential & minimize complications. 8. the ability to collaborate as a member of an interdisciplinary mental health team, consult as needed, and make appropriate referrals to other health care professionals and community resources for patients and families 9. the ability to apply ethical & legal principles to the treatment of patients with mental health problems & psychiatric disorders regarding involuntary treatment & other medicolegal issues
		6	
Fall Semester		Units	Student Learning Outcomes
<u>NURS246</u>	Psychotherapeutic Methodologies	2	<ol style="list-style-type: none"> 6. the ability to conduct individual, group, &/or family psychotherapy & crisis interventions 7. the ability to impart knowledge and associated skills to patients through advocacy, modeling, and patient education
NURS247	Management and Care of Patients with Acute and Chronic Psychiatric Conditions	4	<ol style="list-style-type: none"> 2. competency in obtaining and documenting a relevant health history, including the ability to perform a comprehensive psychiatric evaluation. 3. competency in the diagnosis of mental health problems, psychiatric disorders, and related health conditions. 5. the ability to develop a therapeutic relationship and collaborate with the patient

			<p>to maximize the patient's potential and minimize complications.</p> <ol style="list-style-type: none"> 6. the ability to conduct individual and family psychotherapy and crisis intervention 7. the ability to impart knowledge and associated skills to patients through advocacy, modeling, and patient education 8. the ability to collaborate as a member of an interdisciplinary mental health team, consult as needed, and make appropriate referrals to other health care professionals and community resources for patients and families
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Spring Semester		Student Learning Outcomes	
NURS248	Psychiatric Disorders and Mental Health Problems in Special Populations	Units	2
			<ol style="list-style-type: none"> 1. comprehensive knowledge of common psychiatric disorders and mental health problems. 9. the ability to apply ethical and legal principles to the treatment of patients with mental health problems and psychiatric disorders regarding involuntary treatment and other medicolegal issues
			<ol style="list-style-type: none"> 2. competency in obtaining & documenting a relevant health history, including the ability to perform a comprehensive psychiatric evaluation. 3. competency in the diagnosis of mental health problems, psychiatric disorders, & related health conditions. 4. competency in planning & implementing therapeutic interventions, including psychopharmacology. 5. the ability to develop a therapeutic relationship & collaborate with the patient to maximize the patient's potential & minimize complications. 6. the ability to conduct individual, group, &/or family psychotherapy and crisis intervention 7. the ability to impart knowledge and associated skills to patients through advocacy, modeling, and patient education 8. the ability to collaborate as a member of an interdisciplinary mental health team, consult as needed, and make appropriate referrals to other health care professionals and community resources for patients and families 9. the ability to apply ethical and legal principles to the treatment of patients with

	<p>mental health problems and psychiatric disorders regarding involuntary treatment and other medicolegal issues</p> <ol style="list-style-type: none"> 10. participation in community & population focused programs that promote mental health & prevent or reduce risk of psychiatric disorders. 11. the ability to provide culturally competent care with respect to cultural & spiritual beliefs. 12. the ability to provide quality care through consultation, collaboration, continuing education, certification, and evaluation. 		
		6	
		Total 18 Units	